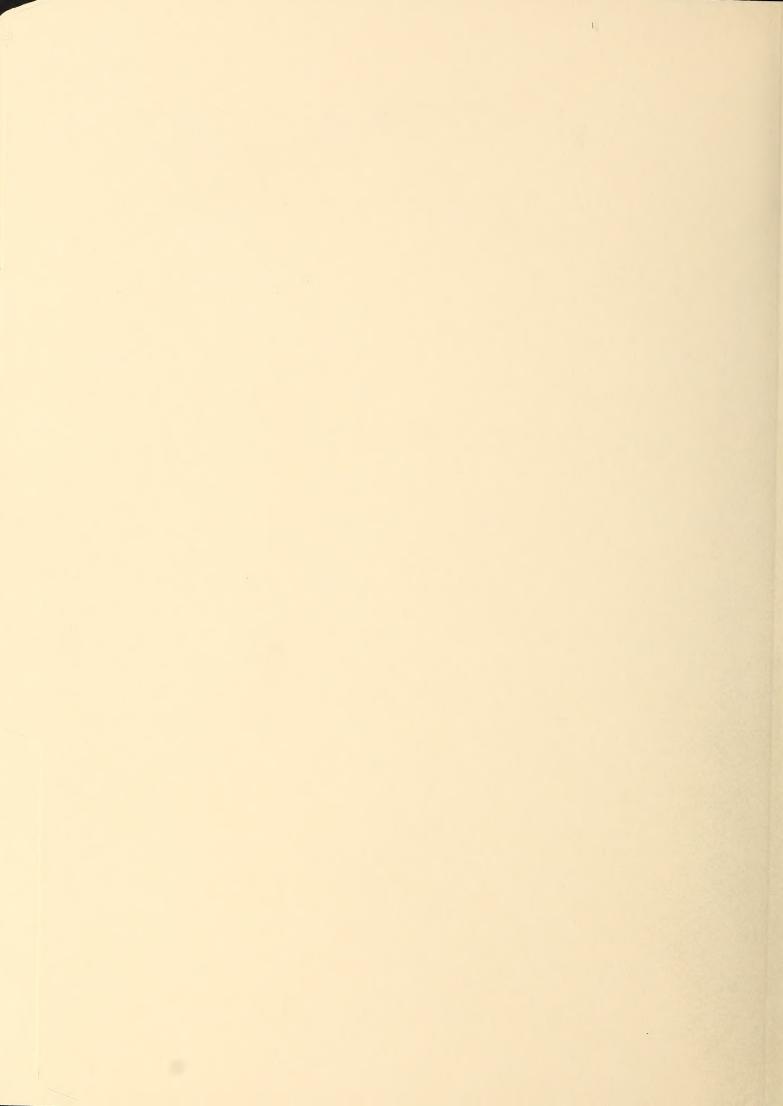
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Foods Commonly Eaten in I United States

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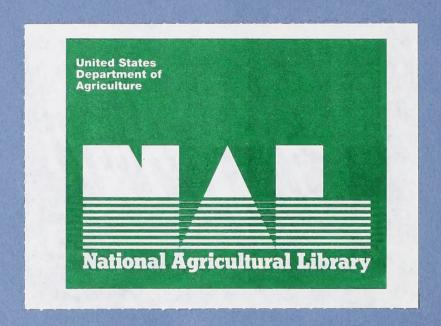
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NFS Report No. 91-3

Quantities Consumed Per Eating Occasion and in a Day, 1989-91

November 1997

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United States
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Agriculture

Agricultural Research Service NFS Report No. 91-3 November 1997

Foods Commonly Eaten in the **United States**

Quantities Consumed Per Eating Occasion and in a Day, 1989-91

Susan M. Krebs-Smith, 1 Patricia M. Guenther, 2 Annetta Cook, 2 Frances E. Thompson, 1 James Cucinelli, 3 and Joshua Udler 1

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ABSTRACT

Krebs-Smith, S.M., P.M. Guenther, A. Cook, F.E. Thompson, J. Cucinelli, and J. Udler. 1997. Foods Commonly Eaten in the United States: Quantities Consumed Per Eating Occasion and in a Day, 1989–91. U.S. Department of Agriculture NFS Report No. 91–3, 260 pp.

This publication contains estimates of food intakes by individuals residing in households in the 48 conterminous states and Washington, D.C. The estimates are based on information provided by 11,488 individuals who provided 3 days of usable dietary intake information in the 1989–91 Continuing Survey of Food Intakes by Individuals, conducted by the U.S. Department of Agriculture. Food intake data for individuals of all ages were collected between April 1989 and March 1992 using a 1-day recall in an in-person interview and a 2-day self-administered record. Food intake estimates are tabulated for individuals by sex and age. For 107 foods and food groups, the percentage of persons using the food in 3 days and the quantities consumed per eating occasion are provided. For 95 foods and food groups, the quantities of foods eaten per individual in a day are presented.

Keywords: Dietary survey, food, food intakes, nutrition sur-

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Tortillas Quickbreads and Muffins Doughnuts and Sweet Rolls Crackers Cookies Cake	Pancakes and Waffles. Cooked Cereal Oatmeal. Ready-to-Eat Cereal Corn Flakes. Toasted Oat Rings Rice Pasta. Macaroni and Cheese Spaghetti with Tomato Sauce	Pizza Vegetables and Vegetable Juices Fresh Cucumbers Total Lettuce Mixed Lettuce-Based Salad Cooked Broccoli Cooked Carrots Raw Carrots Raw Tomatoes. Total Tomato Sauce. Cooked String Beans Cooked Peas Cooked Corn

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Canned Tuna		
Other Finfish		
Total Chicken and Turkey.		
Chicken.		
Turkey		
Boiled, Poached, and Baked Eggs	1.06875	
Fried Eggs.		
Scrambled Eggs		
Peanut Butter		
Coffee Coffee	79	
Coffee, With Caffeine.		
Coffee, Decaffeinated.	1.074 81	
Tea		
Soft Drinks		
Soft Drinks, Not Diet, With Caffeine		
Soft Drinks, Not Diet, Caffeine-Free		
Soft Drinks, Diet, With Caffeine		
Soft Drinks, Diet, Caffeine-Free		
Fruit Drinks.		
Beer		
Wine	1.08390	
sdnos sdnos	1.084	
d Popcorn		
Potato Chips		
Corn Chips.	1.08693	
Popcorn	1.087	
Prepared Mustard.	1.08895	
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Tomato Cateun	
Total Sov-Based Sauces	
Cucumber Pickles.	
Fluid Cream	
Powdered Cream Substitute	1.093100
Margarine, All Types.	
Margarine, Stick.	
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Syrup during	•
Sugar	
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		ereal sal Eat Cere a a	sh Cucun uce ery	natoes nato Saucento Saucen	Total Orange Juice
	Crackers	Cooked Cereal Oatmeal. Ready-to-Eat Cereal Total Rice. Total Pasta. Pizza Veoetables and Veoetable Inices	Total Fresh Cucumbers Total Lettuce Total Celery. Total Broccoli.	Total Carrots Total Tomatoes Total Tomato Sauce Total String Beans. Total Cabbage Total Corn. Total Corn. Total Onions. Total White Potatoes. Total White Potatoes. Total Dried Beans and Peas. Total Oranges.	Total

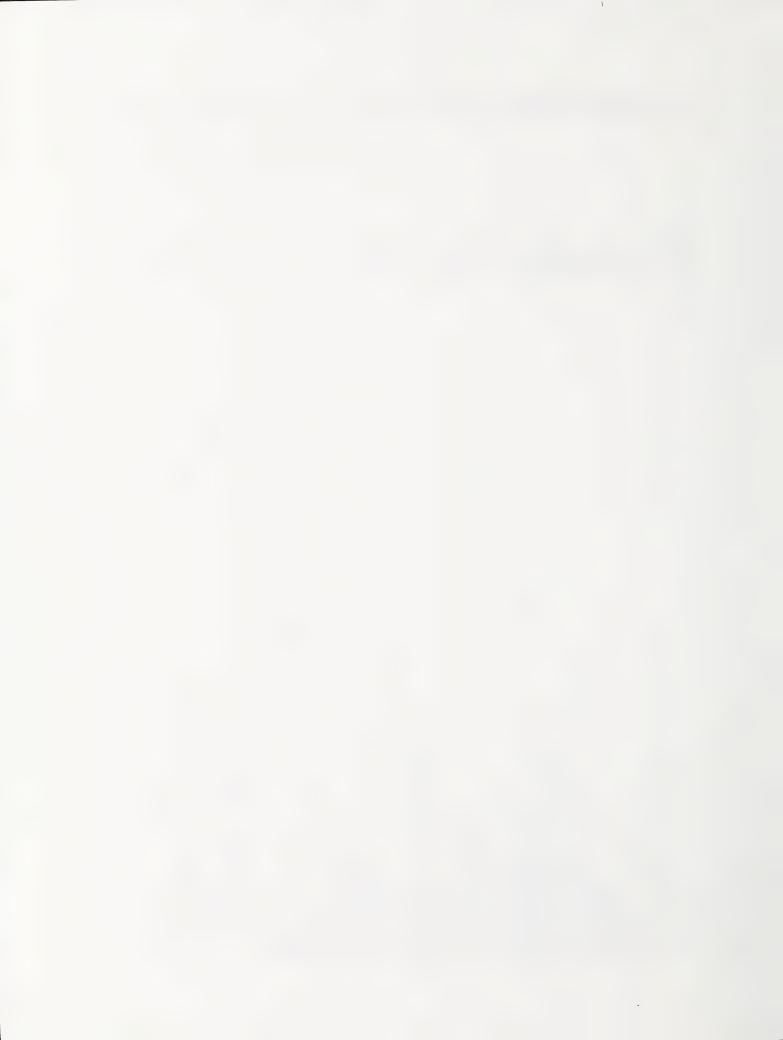
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Tab	Total Grapefruit. Total Lemons. Total Lemon Juice. Total Apples. Total Apple Juice. Total Bananas Total Bananas Total Strawberries. Total Grapes. Total Grapes.	Total Cheese Other Than Cottage or Cream. Total Cottage Cheese. Ice Cream and Ice Milk. Meat, Fish, Poultry, Eggs, and Peanut Butter	Total Beer. Total Pork. Total Bacon. Pork Breakfast Sausage Total Frankfurters and Luncheon Meats Total Finfish. Canned Tuna. Total Chicken and Turkey Total Eggs. Total Peanut Butter	Other Beverages Coffee Coffee, With Caffeine Coffee, Decaffeinated.

Soft Drinks 2.063 177 Soft Drinks 2.064 178 Soft Drinks, Not Diet, With Caffeine 2.065 179 Soft Drinks, Diet, Caffeine-Free 2.067 181 Soft Drinks, Diet, Caffeine-Free 2.067 181 Beer 2.067 184 Soups 2.079 184 Soups 2.077 187 Chips and Popeorn 2.077 189 Popcon 2.077 180 Condingents, Gravies, and Fats 2.077 180 Total Popared Masser 2.077 191 Total Sour Coam 2.078 193 Total Sour Cream 2.078 1	ТаЫ	Table Number F	Page
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INTRODUCTION

consumed by users of specified foods during an eating occasion these are important for many purposes, including development (see appendix C), the data in these tables are based on users of exposure assessments, and development of dietary assessment while quantities consumed at the upper percentiles may facili-The purpose of this report is to provide estimates of quantities percentiles of quantities consumed during a day. Data such as tools. For example, mean and median intakes can be useful in Goods consumed during an eating occasion and (2) means and vided are (1) means and percentiles of quantities of specified and during a day. Unlike traditional published mean intakes ate risk assessment to dietary contaminants from particular survey-both users and nonusers of the food. Estimates proof food guidance programs and education materials, assessthe specified food only rather than on all individuals in the reassessing appropriate serving sizes for dietary guidance, ments related to food marketing and labeling, food safety

The data are provided in two sets of tables. Set 1 (tables 1.001 to 1.107) provides estimated amounts of foods consumed by consumers at a single time, while set 2 (tables 2.001 to 2.095) provides estimated amounts of foods consumed by consumers on a single day. For both sets of tables, food intake estimates are tabulated for individuals by sex and age.

The report is a result of a collaborative effort by the National Cancer Institute and the Agricultural Research Service. It is based on data from the 1989–91 Continuing Survey of Food Intakes by Individuals (CSFII) conducted by the U.S. Department of Agriculture (USDA) (Tippett et al. 1995). That survey

provides estimates of food intakes by individuals residing in households in the 48 conterminous States and Washington, D.C. The estimates are based on information provided by 11,488 individuals who provided 3 consecutive days of usable dietary intake information. Food intake data for individuals of all ages were collected between April 1989 and March 1992 using a 1-day recall in an in-person interview and a 2-day self-administered record.

This report is the latest of three reports on the same subject (Pao and Burk 1975 and Pao et al. 1982). The first of these provided data on the amounts consumed in a day and in a meal, and the frequency of consumption, of 49 foods or groups of foods, based on a survey conducted in 1965–66. The second provided similar data on the frequency and quantities of 200 foods eaten over a 3-day period, based on a survey conducted in 1977–78. Both of these reports were limited in their ability to quantify individual foods consumed as ingredients of mixed foods. Nonetheless, these publications have served as the preeminent data of this type for the last two decades.

This report, in addition to providing more recent data, benefits from two important methodological advances which have been instituted since the others were published. First, the mixed foods reported in the survey have been disaggregated via recipe files so that the components of these foods can be placed with similar foods whenever preferable. Second, there have been advances in the statistical analysis methods and software which account for the complex sample and nonresponse adjustments. These advances have resulted in better estimates of the population parameters and their variances. However, because of these methodological differences with previous reports, the results are not directly comparable.

METHODS

Data Collection and Processing

Data collection. National Analysts, a division of Booz, Allen and Hamilton, Inc., conducted the CSFII 1989–91 under contract with the USDA. USDA defined the information to be collected; developed the survey instruments; provided technical information such as food codes and weights of common measures of food; and monitored the contract. National Analysts designed the sample; collected the information; edited, coded, and keyed the data. The design of the CSFII 1989–91 sample is described in appendix A.

Data collection began in April, 1989 and continued through March of 1992. Interviewers visited every address drawn into the sample to determine by visual inspection whether that location was a residential housing unit. To contact individuals living in housing units that met this criterion, interviewers made up to three personal visits plus up to eight telephone calls to each household having a telephone. Households without telephones received a minimum of six personal visits.

At each household, the interviewer attempted a screening interview to determine if the household was eligible to participate in the survey. Interviewers were instructed to attempt screening interviews, if possible, with the household member who was responsible for planning and preparing the family meals (main meal planner/preparer). If the main meal planner/preparer was not available, any knowledgeable member of the household who was 18 years old or older could serve as the screening respondent.

Most households were eligible to participate in the basic survey. However, households with nine or more persons unrelated to the head of the household were considered group quarters and were not eligible. All individuals regularly living in the selected household, except roomers, boarders, and employees, were eligible to participate in the survey; persons who were living away at school, traveling during the survey period, in military barracks, or in institutions were ineligible.

At eligible households, the interviewer provided the household with a letter of introduction and a survey fact sheet and described the survey. Then the interview was administered in person, beginning with the household questionnaire, which included questions about the composition and characteristics of the household and some food-related behaviors.

The household questionnaire was immediately followed by administration of a day-1 dietary recall to the main meal planner/preparer and then to other members of the household. The reference time period for the day-1 dietary recall was from midnight to 11:59 p.m. on the day preceding the interview. The interviewer began by asking each individual to recall the first time the individual ate or drank something and then collected detailed information about foods eaten at that time. Then the interviewer asked about the next time anything was eaten or drunk and continued asking about each successive eating occasion throughout the day. The interviewer probed as necessary to ensure complete descriptions of foods and beverages and amounts consumed.

If a household member was absent at the time of the interview, the main meal planner/preparer was asked to report what that person had eaten. The recall form was left at the household to be reviewed or completed by the absent person. The main meal planner/preparer was also asked to report intake information for any children under the age of 12.

When day-1 recalls had been completed for as many household members as possible, the interviewer explained how to complete the day-2 and day-3 record and helped each household member begin a record of the current day's intake. The interviewer then scheduled a return appointment for 2 to 4 days later. Any absent household member who was unable to complete records for the same days as other household members was asked to complete at least a 1-day record for any day prior to the interviewer's return appointment.

During the return interview, the interviewer reviewed the day-2 and day-3 records for completeness. Monetary incentives were distributed at this time; \$2 per person was paid for each completed 3-day recall-plus-record set, up to a total of \$20 per household.

The format of the food record form was the same as the day 1 recall form. The data collected included detailed descriptions of all foods and beverages consumed, quantities consumed, and the time each eating occasion began.

The interviewers used standard household measuring cups and spoons and a ruler during the interview to help each individual estimate quantities of foods and beverages consumed. The quantity of each food and beverage ingested was reported in common household measures (cups, tablespoons, and teaspoons, or fractions thereof), dimensions, number of units, or weights, as appropriate to the food item. A food instruction booklet, developed by National Analysts based on information provided by USDA, was used by the interviewers to help each individual describe adequately the foods and the amounts eaten. Each household was provided with a set of measuring cups and spoons and a ruler as well as the food instruction

booklet to use while keeping the day-2 and day-3 records. The household kept the cups, spoons, and ruler at the completion of the survey.

Eligible households were to be scheduled for contact in a manner designed to provide representativeness of intake data by day of the week, but fewer interviews were conducted on Sunday than on other days of the week. The day of interview was included as a control variable in weighting the sample.

Food coding. Completed questionnaires were coded by the contractor using food codes, gram weight equivalents of reported measures, and coding guidelines provided by USDA (Tippett et al. 1995). Each food and beverage (except plain drinking water) reported as ingested during the survey period was assigned a code number, and the amount of each food was converted to weight in grams. When a respondent could not estimate the quantity consumed for an item, then default quantities were used. The weight of inedible parts of foods, such as bones, rinds, and seeds was excluded. Items that could not be coded by the contractor using available information were referred to USDA for resolution. New codes and appropriate measures and weights were created by USDA as needed.

Many types of food mixtures, such as soups and fast-food sandwiches, were coded as a single item (see Disaggregation of mixed foods below). However, six common types of food mixtures were routinely coded as separate items on the food record. They were breakfast sandwiches; sandwiches other than fast food or breakfast-type; tacos and similar Mexican items; salads; self-prepared mixtures of yogurt with nuts, candy or other items; and self-prepared mixtures of ice cream, ice milk, or frozen yogurt with toppings or sauces. These foods are considered "reported separately" for the purposes of this report, even though they were consumed in combination with other foods.

Data editing. Data were subjected to computer-assisted cleaning and editing. As a check for reasonableness, individuals' calculated intakes of food energy, protein, fat, carbohydrate, calcium, iron, and vitamin C were compared with the 2nd and 98th percentiles for individuals of the same age group and sex in the NFCS 1987–88 (USDA–HNIS 1993). Also, the weight of each food reported was checked against reasonable maximums established by USDA on a food-group basis. Data that fell outside the limits set as reasonable were verified by checking the original questionnaire and were corrected by USDA if in error. Additional data reviews for reasonableness were performed by USDA staff.

Disaggregation of mixed foods. Many of the foods in the CSFII dataset are mixed foods—that is, foods composed of more than one ingredient, such as sandwiches and soups. For the purposes of this report, many of these mixed foods were disaggregated so that the individual ingredients could be grouped together with similar foods that were reported separately. This is a major methodological advance over previous reports on this topic, providing a more thorough representation of the consumption of many foods, especially for the tables on quantities consumed in a day. The types of mixed foods from which ingredients were extracted are identified in the Table Notes.

Codes representing foods which required disaggregation were processed through a cascaded recipe file which broke each food down into increasingly narrow levels of ingredients. For example, pasta with tomato-meat sauce was first disaggregated to pasta, tomato sauce, and meat, and then to flour, eggs, tomatoes, oregano, and so on. For each table, decisions were made as to which mixed foods would be disaggregated in order

for a particular ingredient to be included, and the level of disaggregation was identified. Weights of foods consumed as ingredients of mixed foods were then combined with weights of foods reported separately in order to complete the data for each table. For example, the weights of the rolls reported as part of hamburger sandwiches were combined with the weights of other rolls reported separately.

Analysis

Selection and grouping of foods for tables. Foods were selected for inclusion in this report based on the percentage of persons reporting them in the survey. The criterion was that a minimum of 7 percent of the population age 2 years and over be users of a food—the percentage determined to provide estimates for most sex and age groups without reservation as to their statistical reliability. (See below for discussion of reporting guidelines.)

Similar foods were grouped together in the same table if their gram weights for a given household measure were approximately the same. So, for example, many kinds of rice are grouped together in one table because the weight per cup is approximately the same for all, while raw tomatoes and tomato sauce are separated into different tables because their weights per 1/2 cup are different. As a result, the gram weight data in the tables, when considered together with the volume/weight equivalents, can be translated into estimates of common measures.

Statistical procedures. Table set 1 provides data on the means and percentiles of quantities consumed during an eating occasion per user of the food. These values represent all relevant reports by each person consuming the food.

Table set 2 provides data on means and percentiles of total quantities consumed by consumers during a single day. The purpose of these tables

5

is to reveal daily intakes. To maximize the number of individuals included, but not allow frequent consumers more weight than infrequent consumers, only a single day on which the food was reported was included for each individual. If a respondent reported the food on only 1 of 3 days, that day of intake was selected for analysis. If the food was reported on 2 or 3 days, a single day on which the food was consumed was randomly selected.

While some foods may be eaten in discrete common units, it is assumed that the underlying distribution of most food intake data are continuous. Therefore, quantities consumed at various percentiles were estimated using a linear interpolation method.

Appendix B shows the calculations used in deriving the estimates. Estimates of percent of persons using a food at least once in a 3-day period were calculated using SAS, version 6.11 (SAS Institute 1995). Means, standard errors, and quantities consumed at various percentiles were estimated using SUDAAN, version 6.40 (Shah 1995), a statistical software package which incorporates the complex sample design. The weighting factors were used in all analyses. Coefficients of variation (CVs), though not provided in the tables, were generated using SUDAAN and examined, along with relevant sample sizes, to determine whether or not to flag a particular value. See rules used for flagging estimates below.

Reporting guidelines. Data presented in this report follow the guidelines issued in a joint policy statement on variance estimation and statistical reporting standards prepared by a USDA/National Center for Health Statistics Analytic Working Group (Federation of American Societies for Experimental Biology 1995). The average design effect for the CSFII

1989–1991 is approximately 2.3. This relatively high design effect results from the complex sample design of the CSFII and from the procedures used to weight the data, which are described in appendix A. The weighting procedures involved using regression techniques to calibrate the sample to match population characteristics thought to be correlated with eating behavior. The regression techniques also incorporated day of the week and month of the year of intake as control variables. Although this weighting reduces the magnitude of nonresponse bias and adjusts for other vagaries of the sample selection process, it also tends to increase the variance of the estimates.

See appendix B for additional statistical notes.

How to use the data in the tables. The explanations for the symbols used and the sections providing the description of foods in each of the table sets (Table Notes) should be consulted before using any of the tables. They provide details about how to interpret the data and whether all uses of a food, or only a selection, are included.

Table set 1 represents quantities of food eaten during an eating occasion. This information was intended to be useful when considering serving sizes for food guidance, for food labeling purposes, and for development of dietary assessment tools. These tables include foods reported separately and foods eaten as part of mixed foods, but generally only if the ingredient of the mixture would tend to be eaten in an amount equivalent to the portions reported separately. That is, every miscellaneous use of a food was not necessarily included because that would decrease the average portion size.

Table set 2 was designed to address the needs of dietary assessments in the food safety, marketing, nutrition education, and other arenas which consider the amount of food consumed during an entire day. Therefore, these tables include more foods for which every kind of use is

represented because the total consumption of a food is of interest. In summary, table set 1 generally includes foods eaten separately or readily identifiable in mixtures, such as the eggs in potato salad or peanut butter on a sandwich, whereas table set 2 generally includes uses similar to those just mentioned as well as ingredient uses, such as the peanut butter and eggs contained in cookies.

The two sets of main tables present amounts of foods consumed over short periods of time by consumers only during the 3-year period, 1989–1991. Appendix C presents data from the same survey as average amounts consumed per day by the target population, including both consumers and

The number of persons in the sample, provided on each table, represents both users and non-users of the food. Below that, on table sets 1 and 2, are the estimated percentages of persons using the food at least once in 3 days, on 1 of 3 days, on 2 of 3 days, and on 3 of 3 days. For each group of persons, the latter 3 percentages total to the percentage using the food at least once in 3 days (any differences due to rounding). For example, about 97 percent of all persons over age 2 used total yeast bread (Table 2.001) at least once in 3 days, with 11 percent of persons using it on only 1 of 3 days, 29 percent on 2 of 3 days, and 57 percent on 3 of 3 days.

The quantities consumed per eating occasion (table set 1) and in a day (table set 2) are quantities consumed by users only and are reported in terms of gram weights. The weights can be translated into common household measures using the conversions on the tables and in the Table Notes. For example, it is estimated that among all consumers of white bread age 2

and older the mean quantity consumed during an eating occasion (Table 1.001) is 48 g, or about 2 slices. Coincidentally, that is also the median value, suggesting that half of the population consuming white bread has 48 g or less, while the other half has 48 g or more, at an eating occasion. The conversion of household measures to gram weights are reflective of those used in the 1989–91 survey and do not reflect changes in the market or in methodology since that time.

Appendix C contains estimates of mean quantities of foods consumed per person per day for all individuals, that is, consumers and nonconsumers, over all days. These means reflect both the amount and frequency of consumption. Although an individual's usual (that is, longrun average) daily intake cannot be estimated, each of these means is an estimate of the population's (or subpopulation's) mean usual daily intake. For example, the estimated mean usual daily intake of total white bread is 45 g, whereas of total yeast bread it is 59 g. The difference in these values is in part a reflection of the wider variety of breads and range of uses included in total yeast bread and in part a reflection of the greater percentage of persons using total yeast bread than white bread.

Appendix D provides the minimum and maximum values of foods for which percentiles could not be interpolated in table sets 1 and 2 because too many reports were of exactly the same magnitude.

Limitations of the Data

The foods which are represented in the various tables are subject to the following limitations. Respondents frequently were not expected to or could not provide recipes for mixed foods they had eaten, necessitating the use of standard recipes. Therefore, the foods represented in the tables are, in part, based on assumptions about the types and quantities of ingredients consumed as part of mixed foods. In addition, occasionally the ingredients of mixed foods were coded as individual foods to address

unusual ingredient combinations. Therefore, even though a table description may state that the table includes only particular foods if *reported* separately and not as part of mixed foods, this may include some foods which were *consumed* as part of mixed foods. However, it is assumed this would have a minor impact on the results presented here.

Frozen meals were not disaggregated into their component ingredients and so are not represented in the tables. However, other frozen items, such as entree casseroles or frozen vegetables, are included. The components of frozen meals are assumed to represent only a small proportion of the intake of any food.

Many of the tables in set 2 represent the intake of all forms of a particular food, including raw and cooked. Sometimes the gram weight of a particular household measure varies for different forms of the food. For example, one half cup of raw onions weighs 80 grams, while one half cup of cooked onions weighs 108 grams. The gram weights presented in the table will be influenced by the relative contribution of the different forms of the food and do not represent the raw commodity weights.

Finally, the data are subject to the kinds of errors which are common to all food intake data—imprecisions in the quantities reported due to such factors as an inability to estimate portions precisely and imperfect memory. However, the survey procedures were designed to minimize these types of errors.

Table 1.001. White Bread: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	60.4 25.5 20.4 14.5	69.7 25.3 26.9 17.5	67.3 23.5 28.7 15.1	66.0 29.2 22.1 14.8	61.3 27.6 22.7 11.0	63.4 28.8 21.8 12.8	59.8 29.3 19.2 11.2	57.1 25.4 16.9 14.8	50.8 21.9 16.5 12.4	58.0 19.4 15.6 23.0	56.8 21.4 16.7 18.7
Quantity consumed per eating occasion (1 slice = 26 g)	,					 0 					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 90th percentile	48 25 48 68 85	36 1 17 17 25 32 48 52 52	24 1 24 26 37 52 53 66	57 25 37 48 52 64 87	47 1 26 26 39 50 58 78	60 30 39 48 52 64 96	47 1 25 36 48 52 59 77	54 27 27 27 50 50 80 94	43 22 24 31 43 52 63	46 23 26 36 36 48 57 71	39 20 24 40 52 54 54

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.002. Whole Grain and "Wheat" Bread: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	35.9 15.6	28.5 12.2 11.6	26.9	21.7	9.6	34.0	35.0 19.0	17.7	38.8 16.5	49.9 16.5	50.7
on all 3 of 3 days	9.5	9.4	8.0	4.9	* 7.1	7.3	5.7	10.7	10.5	19.8	18.5
Quantity consumed per eating occasion (1 slice = 26 g)	ļ					Ď					< company of the state of the s
mean	46	36	42	52	45	26	45	51	41	46	38
SEM 5th percentile	24	- 49	24 *	24 *	23 *	- 25	23	- 56 *	- 25	24	- 53
10th percentile	26	20	56	* 92	26 *	36	26	35	24	56	24
25th percentile	36	56	35	42	40	48	38	45	31	38	56
50th percentile	48	32	46	51	48	25	48	20	43	48	38
75th percentile	52	47	51	25	51	26	52	52	21	25	48
90th percentile	57	51	52	75 *	52 *	26	52	89	52	56	52
95th percentile	72	52 *	\$ 25	100	52 *	103	69	08	53	(2)	25

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.003. Rolls: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 % 					Î
at least once in 3 days	50.8	47.3	58.6	72.2	58.8	57.5	50.1	54.5	43.3	39.2	31.8
on 1 of 3 days	32.6	35.4	37.3	38.9	36.6	32.9	33.7	34.4	28.0	29.5	23.5
on 2 of 3 days	14.3	9.2	17.4	25.2	17.8	18.6	13.9	14.7	12.2	7.0	6.9
on all 3 of 3 days	3.9	2.4	3.9	8.2	4.4	0.9	2.5	5.4	3.2	2.7	1.4
Quantity consumed per eating occasion											,
(1 medium dinner roll = 28 g)	\ \ V					6 					Î
mean	22	41	51	63	22	7.1	53	64	51	26	46
SEM	-	-	-	-	2	2	-	2	-	-	-
5th percentile	28	14 *	28	36	35	36	28	32	27	27 *	27
10th percentile	35	21	35	42	36	43	32	36	34	31	27
25th percentile	43	32	43	43	43	49	43	43	43	45	32
50th percentile	51	45	44	29	25	64	49	26	44	25	43
75th percentile	89	51	26	77	99	82	63	28	29	65	22
90th percentile	98	26	11	86	81	105	80	102	77	82	29
95th percentile	101	_* 69	84	108	82	135	82	112	84	* 68	80

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.004. Biscuits: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	12.4	10.2	14.8	10.8	12.8	11.5	11.7	13.9	8.6	16.3	9.2
on 2 of 3 days on all 3 of 3 days	2.2 0.7	1.5 *	2.5 0.3 *	1.2 *	2.2 0.3 * *	1.8 0.8 *	0.5 *	3.1 + 3.1 *	2.4	3.0	1.7
Quantity consumed per eating occasion (1 medium = 30 g)	ļ					5					Î
, acom	56	35	47	* 4	48	74	20	65	21	62	48
SEM	8 2	4	က	* o	4	4	က	7	က	4	4
5th percentile	19	8 0	12 *	* 82	* 61	* 62	* 8	* 82	14 *	24 *	i
10th percentile	27	19 *	17 *	* 62	22 *	37	28	* 62	17 *	27 *	16 *
25th percentile	30	* 61	30	37 *	53	22	30	38	30	38	59
50th percentile	48	* 62	38	* 85	38	64	38	22	42	29	37
75th percentile	65	33 *	29	* 69	09	87	09	9/	62	75	61
90th percentile	96	* 59	* 63	125 *	71 *	125	9/	113 *	* 48	109	* 9/
95th percentile	125	8 0	* 83	182 *	113 *	145 *	115 *	127 *	117 *	123 *	109 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.005. Tortillas: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 aı	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males		Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Š					 - -					Î
at least once in 3 days	15.5	17.3	22.7	16.9	21.6	20.5	17.9	13.3	11.3	5.3	4.4
on 1 of 3 days	11.6	12.7	17.8	13.5	15.8	14.6	13.9	9.4	8.9	3.5	3.4
on 2 of 3 days	2.7	3.8	3.7	2.0 *	3.6	4.2	5.9	5.6	6.	* 5.0	. 5.0
on all 3 of 3 days	1.2	* 8.0	1.3 *	1.5 *	2.1 *	1.7	1.0	1.3 *	* 5.0	1.3 *	* 9.0
Quantity consumed per eating occasion											
(1 7-inch round corn tortilla = $25 g$)	V					 6 					٨
mean	54	30	37	26	43	75	48	69	54	63 *	42 *
SEM	က	4	8	∞	4	7	2	∞	വ	*	بى *
5th percentile	12	* 01	12 *	:	12 *	20 *	12	* ∞	12	ì	*
10th percentile	13	12 *	42	* 20	12 *	56	19	22 *	* 61	24 *	12 *
25th percentile	26	72	61	27	24	36	24	38	30	31	13 *
50th percentile	40	24	8	45	35	22	88 88	26	43	* 14	3
75th percentile	65	37	44	61	28	88	28	88	62	* 88	_* 69
90th percentile	104	51 *	20	* 36	* 18	164	88	126 *	115 *	:	* 48
95th percentile	155	108 *	* 58	143 *	103 *	* 802	116	169 *	152 *		101

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.006. Quickbreads and Muffins: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-2	6-11	12	12-19	200	20-39		40-59	60 aı	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ \					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	14.8 11.3 2.8 0.8	13.8 12.3 # * * #	11.0 8.5 2.2 0.3	12.1 10.2 1.9 *	15.8 12.4 2.9 0.4	8.9 6.9 7.8 8.0 8.0	16.1 12.5 3.0 0.6	16.5 13.1 2.8 0.6	17.1 12.3 3.6 1.2 *	18.5 12.7 3.6 2.3	20.7 14.1 4.3 2.3
Quantity consumed per eating occasion (1 medium bran muffin = 50 g)	Î					 6 					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 95th percentile	80 27 27 34 50 63 141 182	68 8 16 * 26 * 45 45 107 *	82 6 28 * 41 * 54 108 116 *	106 12 37 50 52 110 132 189 210	78 6 27 * 41 * 48 60 107 116 *	107 12 40 * 46 * 57 70 126 222 * 222 *	75 6 28 * 37 47 47 58 84 121	82 6 27 * 32 * 47 47 64 113 152 *	74 4 4 19 * 33 47 57 103 139 153 *	80 28 47 47 63 104 172	72 3 21 * 32 47 63 91 116

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.
Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.007. Doughnuts and Sweet Rolls: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

					1	Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39	40-29	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 %					Î
at least once in 3 days	13.4	10.6	14.7	16.1	15.7	13.9	12.1	15.7	13.1	12.3	11.0
on 2 of 3 days	2.2	1.3 *	2.8	3.1	1.1	1.8	1.7	3.9	5.0	2.1 *	2.3
on all 3 of 3 days	0.7	* 0.0	* 6.0	0.1 *	0.2 *	* -	* 4.0	* 8.0	1 .0 *	٠ 0.	* 6.0
Quantity consumed per eating occasion											
(1 medium sweet roll = 55 g)	V					 6 					Î
mean	78	70	70	112	9/	96	72	9/	72	73	29
NEW SERVICE	2	∞	4	18	4	2	2	က	ည	4	ო
5th percentile	36	15 *	21 *	38	39 *	42 *	37 *	31 *	34 *	36	30 *
10th percentile	42	_* 02	35 *	42 *	40 *	46	42	41*	42 *	* 04	35 *
25th percentile	52	37	45	29	46	22	24	54	49	48	42
50th percentile	65	22	28	83	29	83	63	89	28	64	24
75th percentile	88	84	84	130	84	117	83	88	83	84	92
90th percentile	128	120 *	117 *	218 *	132 *	167	108	119 *	122 *	118	* 83 *
95th percentile	161	167 *	124 *	251 *	146 *	211 *	120 *	137 *	147 *	120 *	* 68

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.008. Crackers: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ										Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	21.3 15.2 4.7 1.4	26.4 19.3 5.2 1.9 *	19.0 13.2 5.0 *	13.3 12.6 0.2 *	12.5 2.9 *	13.9 11.5 2.2 0.2 *	20.7 14.3 4.3 2.0	19.4 13.6 4.7 1.1	24.6 16.3 6.9 1.4	30.5 22.6 6.0 1.9 *	32.6 20.8 8.5 3.3
Quantity consumed per eating occasion (4 saltines = 12 g)	Å					6					Î
mean	22	20	24	26	23	27	24	29	6 -	20	17
5th percentile	9	ۍ *	* 9	10 *	* 9	* /	9	* 9	* 9	* 5	9
10th percentile	ω <u>τ</u>	ဖ၀	o ,		11 *	<u> </u>	ω <i>τ</i>	= 4	o 5	ω <i>τ</i>	∞ ‡
Soth percentile	7 6	2 2	- &	23	8	24	1 20	22	16	17	15
75th percentile	27	18	53	31 *	28	30	56	30	23	23	20
90th percentile	39	53	47	44 *	38	46	43	20	36	34	28
95th percentile	26	52 *	* 09	49 *	* 45	\$ 65	28	* 02	* 45	* 74	33

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.009, Cookies: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 aı	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ V					%			:		Î
grant program 3 days	34.0	27	46.8	35.1	33.2	23.6	26.3	23.4	24.7	33.6	34.1
on 1 of 3 days	18.5	25.9	24.0	22.9	25.4	15.5	16.5	14.1	15.5	17.8	18.8
on 2 of 3 days	8.7	16.8	16.2	9.6	6.4	5.1	7.7	5.6	7.3	9.4	9.6
on all 3 of 3 days	3.9	9.1	9.9	2.6	* 4.1	3.1	2.1	3.7	6.1	6.5	5.7
Quantity consumed per eating occasion											
(1 medium = 10 g)	V					6					Î
mean	36	26	33	44	40	20	38	38	31	35	27
SEM	-	-	-	2	4	က	2	2	2	2	2
5th percentile	10	10	=	* 6	* ©	12 *	10	10 *	* ∞	* 6	ω
10th percentile	13	12	14	13	13	16	-	13	9	4	우
25th percentile	19	15	50	23	20	22	50	50	16	17	45
50th percentile	30	22	30	33	33	35	30	32	56	28	24
75th percentile	44	31	41	22	46	65	20	20	36	45	32
90th percentile	99	44	28	75	75	109	75	63	09	65	49
95th percentile	84	21	70	116 *	106 *	132 *	84	* 62	* 17	* 77	26

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.010. Cake: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	\ 			
	:	2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males F	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	18.6 14.2 3.4 1.0	16.5 13.4 10.8 10.8 10.8	22.5 17.8 4.0 0.7 *	26.1 18.2 5.9 2.0 *	16.4 12.4 2.4 *	15.6 12.5 2.6 0.5 *	17.1 13.3 3.4 0.4 *	20.2 16.3 2.6 1.2 *	16.6 12.0 3.0 1.5	20.9 14.8 4.6 1.4 *	20.5 14.6 4.2 1.6
Quantity consumed per eating occasion (1/12 of a frosted cake = 109 g)	ļ					D					ĵ
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 95th percentile	84 22 30 109 145 184	62 7 16 * 20 * 26 54 89 109 *	83 5 14 * 27 40 67 109 145	87 6 40 * 40 * 52 72 107 131 * 178 *	82 7 19 * 34 * 54 70 90 121 *	101 6 36 * 40 54 82 134 183	85 5 17 * 25 41 76 109 136	91 6 20 32 43 43 81 113 161	82 5 21 * 31 40 77 109 151	83 5 27 * 34 * 41 67 109 142 *	65 3 15 * 25 39 54 79 109

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.011. Pie: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%-					
at least once in 3 days	10.3	3.7	9.8	7.5	6.9 4.9	9.8 1.8	7.9	14.9	11.1	14.8	14.6
on 2 of 3 days	6.0	0.2	* * *	2.6 *	0.5	1.6	6.1 8.4 *	3.6	* * *	3.7	3.2
on all 3 of 3 days	0.0	0	5	5.	2.	5	t S	5			
Quantity consumed per eating occasion						ŧ					,
(1/8 of a 9-inch cream pie = 144 g)	, ,										A
mean	148	124 *	124	171 *	137 *	157	152	153	135	169	144
SEM	4	* O	Ξ	* တ	* /	∞	9	10	∞	7	9
5th percentile	49	33 *	;	* 85	72 *	51 *	* 49	47 *	* 02	* \$5	* 65
10th percentile	74	* 45	53 *	91	* 48	, 99	* 98	* 77	46 *	* 96	75
25th percentile	112	* 86	98	117 *	119 *	112	117	114	06	126	116
50th percentile	144	140 *	114	142 *	132 *	149	148	144	135	150	144
75th percentile	172	150 *	150	* 602	146 *	183	171	175	162	195	157
90th percentile	227	151 *	192 *	250 *	179 *	238 *	220 *	268 *	213 *	281 *	199
95th percentile	284	E E	205 *	311 *	202 *	273 *	236 *	[*] 296	247 *	302 *	247 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.012. Pancakes and Waffles: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vear	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 					Î
at least once in 3 days	12.8	23.1	21.1	18.9	13.7	11.1	10.3	6.6	8.6	12.2	න r
on 1 of 3 days on 2 of 3 days	1.0	0.80 0.80 0.80	17.4 3.3	16.2	12.6	9.4 1.5	9.0 1.2	80. L	8 0 2 4. 4	8. L 8. 0.	ა. 1 ა. 1
on all 3 of 3 days	0.2	* 4.0	0.4 *	* 9.0	0.4 *	0.5 *	0.1 *	* 1.0	* 0.0	* 5.0	0.1 *
Quantity consumed per eating occasion						1					,
(1 medium pancake or waffle = 40 g)	,					6					Î
mean	66	09	77	136	84	154	82	135	79	111	85
SEM	S	9	9	18	œ	50	9	∞	S	9	2
5th percentile	21	† *	18	39	24 *	38	22 *	52 *	24 *	32 *	21 *
10th percentile	34	19 *	25	53 *	37 *	51 *	31	* 69	_*	41 *	36 *
25th percentile	42	25	38	69	40	78	40	9/	41	73	53
50th percentile	78	42	28	80	72	11	74	117	9/	102	77
75th percentile	119	79	84	165	110	163	103	164	107	125	117
90th percentile	164	* 11	151	312 *	153 *	342 *	139	219 *	121 *	163 *	123 *
95th percentile	237	123 *	164 *	8 6	158 *	468 *	163 *	238 *	148 *	192 *	141 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.013. Cooked Cereal: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

					1	Ane (veal	Ane (vears) and sex				
		2-5	6-11	12-19		20	20-39	40-59	-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males	Males	Males	Females	Males	Females	Males	Females	Males	Females
		females	females								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 %					Î
at least once in 3 days on 1 of 3 days	15.2 9.1	25.5 16.9	19.2	9.5 6.1 *	9.7	0.8.0	9.9 6.9 0	5.7	14.1 8.9 3.5	13.3	28.1
on all 3 of 3 days	. <u> </u>	2.0	r 6.	* 9.	\$ 9.0 *	1.2.	* 9.0	2.7	1.7	7.5	0.9
Quantity consumed per eating occasion											
(1/2 cup oatmeal = 117 g)	V					 					Î
mean	247	203	235	257 *	251 *	342	228	299	222	257	231
SEM	9 17	÷	10	17 *	17 *	* 53 432	12 4	134 *	10	, 1 , 1 , 1	د د م
oth percentile	117	85	120	124	121	155 *	116	156 *	118	120	116
25th percentile	156	120	159	155	190	202	135	221	155	176	142
50th percentile	233	202	232	234	233	334	229	241	227	234	231
75th percentile	291	241	249	305	293	433	245	363	246	345	246
90th percentile	417	344	404	372 *	365 *	493 *	358	457 *	352	401	320
95th percentile	481	368 *	461 *	478 *	418 *	752 *	473 *	480 *	429 *	478 *	465

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.014. Oatmeal: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	_			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 % 					<
at least once in 3 days	9.5	15.8	11.5	5.4	4.4	5.0	5.1	7.4	8.3	20.4	19.2
on 1 of 3 days	5.9	10.1	7.5	3.6	3.5	3.5	3.7	3.3	5.7	11.0	10.9
on 2 of 3 days	2.2	4.2	3.3	0.3	0.7 *	* 6.0	1.0	1.6 *	1.7	4.8	5.2
on all 3 of 3 days	1.4	1.4 *	* 8.0	1.6	0.1 *	0.7 *	0.3 *	2.4	* 6.0	4.7	3.1
Quantity consumed per eating occasion											
(1/2 cup = 117 g)	V			:		 6 					Î
mean	246	213	236	236 *	255 *	319	211	296	226	252	239
SEM	7	19	56	21 *	23 *	3	13	16	12	10	48
5th percentile	116	91 *	111 *	103 *	114 *	113 *	116 *	159 *	112 *	* 06	116 *
10th percentile	117	116 *	115 *	139 *	127 *	134 *	116 *	176 *	118 *	119 *	116
25th percentile	166	118	165	160 *	176 *	171	147	219	156	176	156
50th percentile	229	179	216	\$ 602	221 *	243	220	231	218	224	220
75th percentile	566	231	241	231 *	234 *	412	233	374	231	316	234
90th percentile	417	333 *	421 *	320 *	350 *	486 *	330 *	458 *	352 *	349 *	355
95th percentile	457	440 *	450 *	352 *	463 *	* 959	351 *	470 *	;	435 *	451 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.015. Ready-to-Eat Cereal: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						vde (vea	Age (years) and sex	Ų			
		2-5	6-11	12.	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ										Î
at least once in 3 days on 1 of 3 days	46.8 19.2	76.8 25.9	76.8	58.6 22.2	52.7 24.9	34.0	35.7 18.2	34.1	39.2 21.2	13.8	49.8 18.6
on 2 of 3 days on all 3 of 3 days	15.3 12.3	24.1 26.9	30.8 22.1	20.1 16.2	17.9 9.9	10.5	12.0 5.5	11.3	9.9 8.1	14.2	14.8
Quantity consumed per eating occasion	,					C					,
(1 cup corn nakes = 25 g)	\ V					n			;	i	\
mean SEM	49	32	4 -	20	3	۳ 8	% ୧୬	2 28	4 2	51	95 T
5th percentile	17	Ξ	17	24 *	25 *	25	17	22 *	16	23	15
10th percentile	22	14	21	27	28	30	25	5e	20	52	ტ - ე
25th percentile	28	23 23	3 8 35	35	8 4 2 C	5 6	8 9 8 8	20 83	37	35 74	8 8 8
75th percentile	28	37	20	73	29	86	09	20	26	69	49
90th percentile	86	52	69	66	74	113	83	100	80	94	61
95th percentile	111	99	85	* -	[*] 601	155	112	113 *	86	-	92

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.016. Corn Flakes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
	\					%					Î
Percent of persons using						 					
at least once in 3 days	11.5	17.0	21.4	12.6	15.6	8.0	6.3	8.0	10.1	12.9	14.8
on 1 of 3 days	7.1	8.9	10.7	7.8	11.2	4.6	4.2	5.2	8.3	6.2	9.5
on 2 of 3 days	2.9	4.3	7.0	3.3	2.6 *	5.6	1.8	1.3 *	1.4 *	3.5	3.2
on all 3 of 3 days	1.6	3.8	3.7	1.6 *	1.8 *	0.8	0.3 *	1.4 *	0.5 *	3.2	2.1
Quantity consumed per eating occasion											
(1 cup = 25 g)	\ \ V	0				 6 					Î
mean	39	30	40	44	44	99	42	43	34	34	31
SEM	-	2	2	က	က	9	က	က	က	-	2
5th percentile	17	* 01	17 *	14 *	23 *	25 *	22 *	18	12 *	17 *	12 *
10th percentile	20	12 *	21	18	23 *	\$ 25	23 *	23 *	17 *	22 *	17
25th percentile	25	51	24	24	31	32	24	27	23	24	23
50th percentile	35	31	32	35	37	20	8	40	24	28	25
75th percentile	20	35	48	51	51	70	20	49	37	45	36
90th percentile	69	39 *	89	71 *	* 65	* 06	* 02	* 45	_* 99	* 64	49
95th percentile	74	* 09	75 *	* 98	* 69	103 *	73 *	* 89	72 *	* 09	53 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.017. Toasted Oat Rings: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vear	Age (vears) and sex	×			
		2-5	6-11	12	2-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females Males	Males	Females	Males (Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					^
at least once in 3 days on 1 of 3 days	7.7	24.1	43.4	4.6	10.1	4.1.9	3.5 5.4	0.4.0 0.6.0	6.1	3.6	3.1
on 2 of 3 days on all 3 of 3 days	1.0	6.0	6. 6. 6.	2.7 *	1.0.	0.2	1.8 0.3	* 8. 8. 0. 0	. * 7.0	 9.0 1.3 *	. * 8.00
Quantity consumed per eating occasion											
(1 cup = 28 g)	\ V					 					^
mean	37	27	33	* 75	44 *	* 64	37	* 48	32	30 *	27 *
SEM	-	2	2	υ *	, ზ	4	2	* 9	2	* თ	,
5th percentile	13	1 *	* 6	25 *	25 *	* 61	23 *	19 *	12 *	+	÷
10th percentile	14	12	18 *	26 *	25 *	25 *	25 *	25 *	19 *	17 *	12 *
25th percentile	28	13	25	* 14	27 *	28	56	_* 92	23 *	18 *	16
50th percentile	28	28	28	52 *	46 *	45	35	* 38	_* 50	27 *	24
75th percentile	48	33	35	* 65	\$ 22	22	42	_* 69	35 *	33 *	33
90th percentile	22	42	* 45	* 26	24 *	75 *	54 *	* 48	41 *	46 *	41
95th percentile	74	54 *	_* 69	* 96	ž8 *	* 83	22 *	:	25	23 *	49 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.018. Rice: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	\ \ \			
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488		1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ V					 % 					Î
at least once in 3 days	31.1	36.0	33.0	31.0	31.0	32.1	33.0	30.6	30.8	27.1	24.5
on 1 of 3 days	22.6	24.8	24.4	25.9	23.0	21.2	25.0	22.0	23.2	20.2	17.2
on 2 of 3 days	6.4	8.2	6.3	3.4	4.9	8.9	5.8	6.2	5.3	5.8	6.3
on all 3 of 3 days	2.1	3.0	2.3	1.7 *	3.2	2.0	2.3	2.4	2.3	1.2 *	1.0 *
Quantity consumed per eating occasion											
(1/2 cup = 103 g)	\ \ '					D					^
mean	165	104	130	174	159	218	165	187	150	180	139
SEM	4	∞	Ξ	16	12	7	9	=	7	12	9
5th percentile	36	16 *	56	* 38 *	35 *	51	38	43 *	33	44 *	38 *
10th percentile	51	23	38	* 29	28	29	29	68	44	29	63
25th percentile	88	46	72	82	102	116	26	102	83	101	94
50th percentile	149	92	102	154	165	175	151	168	137	145	122
75th percentile	205	155	173	202	203	290	204	232	204	204	192
90th percentile	307	204	204	315 *	256	407	307	329	244	339	204
95th percentile	390	208 *	355	* 104	292 *	496	373	392 *	333	405 *	292 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.019. Pasta: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 al	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	42.0 30.1 10.3	61.3 37.5 19.0	48.3 33.4 13.6	43.7 33.6 9.1	42.3 29.0 11.2	43.6 30.1 11.5	47.7 34.4 11.1	38.0 27.6 9.3	36.4 27.3 8.2	23.2 23.2 5.4 *	29.3 24.0 4.7
Quantity consumed per eating occasion (1 cup spaghetti = 140 g)	2	}	2	2	i		i			3	Î
mean	140	79	111	161	135	190	133	175	125	146	126
5th percentile 10th percentile	30	16 24	25 45	46 * 59	46 * 55	47	36	37 *	18 38	35 *	31 37
25th percentile 50th percentile	70	46 63	60 95	81 142	83	95 152	69 105	94	63 106	120	71 105
75th percentile 90th percentile	186	105	140	201	163 216	278 322	172 276	240 337	158 269	181 280	144 237
95th percentile	319	188	210	367 *	279 *	418	313	418 *	280	351 *	280

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.020. Macaroni and Cheese: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (Vear	Age (vears) and sex			ŀ	
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 an	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males F	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days	11.8	23.1	13.9	13.3	15.7	12.0	12.8	8.6	8.2	7.6	7.7
on 1 of 3 days on 2 of 3 davs	10.6 1.2	20.3 2.6	13.0	12.6 0.8 *	14.1	10.7	11.6 1.5 1.5	7.9	7.0	6.7	6.6 1.0 *
on all 3 of 3 days	0.0	0.2 *	0.2 *	* 0.0	* 0.0	*	* 0.0	* 0.0	* 0.0	* 0.0	0.1 *
Quantity consumed per eating occasion											
(1 cup = 243 g)	V					 0 					^
mean	295	201	249	391	280	418	277	310	275	276 *	250
SEM	1	16	15	40	16	32	17	19	22	20 *	17
5th percentile	81	_* 09	83 *	72 *	114 *	* 96	91 *	* 16	55 *	e3 *	* 79
10th percentile	120	29	91	91 *	117 *	121	86	102 *	* 16	* 87	* 6/
25th percentile	121	101	114	182	160	224	117	182	115	126 *	121
50th percentile	242	136	205	358	240	364	242	241	210	242 *	207
75th percentile	364	236	345	470	334	486	364	421	364	355 *	293
90th percentile	486	361	435	* 899	453 *	684	473	476 *	478 *	472 *	375 *
95th percentile	647	424 *	463 *	723 *	473 *	723 *	* 805	\$ 989	* 629	482 *	451 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.021. Spaghet, with Temato Saude: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vear	Age (years) and sex	×			
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 al	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over		and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					%					Î
at least once in 3 days	9.1	19.0	14.7	14.2	13.6	7.8	6.7	7.1	6.9	0.9	5.2
on 1 of 3 days	8.1	15.8	12.0	13.9	12.0	7.3	5.8	5.8	6.7	2.7	5.1
on 2 of 3 days	0.0	2.9	5.6	* 0.3	+ 5.5 *	0.4	* 6.0	± 2.	* °.0	* 4.0	* 1.0
on all 3 of 3 days	0.1	*	.10	.10	.00	0.1 *	* *	.00.1	* 0.0	* 0.0	*
Quantity consumed per eating occasion											
(1 cup with 1/2 cup sauce = 262 g)	,					 6 					Î
mean	376	221	335	406	395	487	388	513	348	341 *	364
SEM	10	16	19	28	22	33	23	31	54	_* 92	38
5th percentile	123	, 29	136 *	192 *	243 *	179 *	115 *	177 *	123 *	ł	* 36
10th percentile	170	* 89	210	229 *	244 *	243 *	169 *	244 *	124 *	164 *	120 *
25th percentile	244	122	244	241	247	247	245	373 *	230	215 *	232
50th percentile	365	243	248	383	355	471	365	480	315	272 *	264
75th percentile	489	247	484	480	459	496	491	728 *	486	457 *	470
90th percentile	615	358 *	494	510 *	4 88 *	757 *	641 *	748 *	496 *	488 *	494 *
95th percentile	741	430 *	505 *	* 707	_* 602	* 866	725 *	763 *	* 809	:	:

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.022. Pizza: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 an	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males Females	emales
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days on 1 of 3 days	23.0	27.4	39.7	40.4	31.4	27.2	24.5	17.7	15.3	7.1	5.4
on 2 of 3 days	3.2	5.6	4.6	8.6	3.7	4.8	3.0	2.2	2.2	0.7 *	0.3 *
on all 3 of 3 days	0.5	* 2.0	1.7	1.0	* 8.0	1.2 *	*	* 0.0	. 1 .	*	*
Quantity consumed per eating occasion											
(1 slice, thin crust = 71 g)	V					0 					Î
mean	197	66	139	220	173	293	174	271	158	229 *	165
SEM	7	9	80	19	12	15	9	18	7	17 *	15
5th percentile	63	30 *	29	* 09	_* 99	71	62	72 *	54 *	72 *	* 49
10th percentile	29	38	63	71	71	81	71	* 86	* 63	* 58	71 *
25th percentile	94	63	71	113	79	166	108	141	93	156 *	111 *
50th percentile	158	79	126	170	158	257	153	252	142	232 *	144 *
75th percentile	252	135	189	284	213	418	213	355	189	305 *	212 *
90th percentile	378	158	252	441	316	553	294	460 *	252 *	336 *	291 *
95th percentile	497	195 *	284	ž 295	377 *	220	347	517 *	321 *	387 *	* 608

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.023. Fresh Cucumbers: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20-39	39	40-29	59	60 an	60 and older
Statistic	All individuals age 2 and over	lo s	Males and females	Males	Females	Males	Females Males		Females	Males Females	emales
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	9.5	2.5	5.5	5.5	7.2	7.6	10.7	11.9	15.3	13.2	10.6
on 2 of 3 days	. .	0.7 *	* * 0 80 0	* * *	0.0	ε. .	2.5	2.0	2.7	2.5	2.9
on all 3 of 3 days	e0	r.0	, B.	L.O	O.	E.O.	9.0	- - -	4.	Ø. O	4.
Quantity consumed per eating occasion						i					4
(1/2 cup = 60 g)	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\					 					Î
mean	53	38	39 *	37 *	102 *	09	48	47	20	28	28
SEM	3	13 *	* 9	*	_* 92	6	4	2	ഹ	4	വ
5th percentile	13	:	* /	10 *	10 *	12 *	13 *	4 *	10	*	12 *
10th percentile	14	* _	٧ /	+	13 *	14 *	14	14	<u>4</u>	1 5	4
25th percentile	21	15 *	14 *	15 *	25 *	21	22	22	50	27	52
50th percentile	30	21 *	28	21 *	* 99	38	35	53	30	45	32
75th percentile	61	33 *	53 *	41	159 *	28	28	51	62	74	26
90th percentile	107	* £6	* 63	75 *	201 *	139 *	98	* 46	100	100	110 *
95th percentile	179	ì	* 06	* 46	;	192 *	134 *	116 *	139 *	155 *	157 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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Table 1.024. Total Lettuce: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					 % 					Î
at least once in 3 days	62.3	38.1	56.3	59.6	63.1	67.2	65.4	70.0	67.6	61.3	57.8
on 1 of 3 days on 2 of 3 days	32.4 20.8	28.7	30.4 18.8	30.1 18.6	37.7	32.9 23.3	32.5 24.7	33.8 23.6	34.3 23.4	33.9 19.0	28.9 18.9
on all 3 of 3 days	9.2	2.3	7.1	11.0	8.3	11.0	8.3	12.6	6.6	8.4	10.0
Quantity consumed per eating occasion	,					τ					/
(1 cup = 55 g)	\ \ V					 					^
mean	36	16	23	32	30	39	38	42	40	40	37
SEM	-	7	2	2	2	2	-	-	2	2	-
5th percentile	8	* က	7	* &	7	∞	80	∞	∞	∞	ω
10th percentile	8	4	80	6	80	10	∞	10	∞	0	တ
25th percentile	15	8	10	16	14	17	14	19	17	19	16
50th percentile	27	6	18	27	21	59	28	36	32	37	32
75th percentile	51	19	28	44	37	23	22	26	22	22	21
90th percentile	74	34	48	09	63	77	77	81	74	74	74
95th percentile	93	47 *	55	74 *	85	107	106	96	108	66	83

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.025. Mixed Lettuce-Based Salad: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (Veal	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males I	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					- %-					Î
at least once in 3 days	13.4	4 4 8 7	11.7	14.7	9.6	11.2	12.3	18.5	17.1	15.4	16.6
on 2 of 3 days	2.4	0.3 *	1.9	2.7 *	3.3	4.8	2.3	3.6	3.0	2.8	3.0
on all 3 of 3 days	0.7	* 0.0	* 6.0	* 8.0	0.1 *	* 4.0	0.7 *	1.3 *	* 5.0	* 0.1	<u>t.</u>
Quantity consumed per eating occasion											
(1 cup = 73 g)	\ \ V					6					Î
mean	66	38	62	06	* 86	122	103	119	96	101	06
SEM	2	* 9	9	9	* _	7	4	9	က	4	က
5th percentile	36	14 *	17 *	37 *	39 *	36 *	* 62	53 *	37 *	* 55	33 *
10th percentile	36	15 *	34	* 64	\$ 25	* 75	37	* 69	89	* 26	36
25th percentile	70	17 *	36	\$ 55	* 09	71	29	71	20	63	99
50th percentile	73	* 62	65	* 65	89	124	91	105	72	83	72
75th percentile	142	* 75	71	115 *	104	140	138	139	109	140	106
90th percentile	145	;	* 76	135 *	141 *	150 *	144	175 *	143	145 *	135
95th percentile	172	:	115 *	140 *	171 *	199 *	175 *	* 200	155 *	146 *	* 141

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.026. Cooked Broccoli: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	10.9	12.5	8.3	7.3	6.7	10.1	11.3	9.6	13.7	12.8	14.8
on 1 of 3 days	9.5	6.6	7.4	7.1	5.4	8.4	6.6	8.1	11.8	9.7	11.8
on 2 of 3 days	1.5	1.7 *	* 6.0	0.2	1.3 *	1.7	1.2	1.4 *	1.5	2.4	5.6
on all 3 of 3 days	0.3	* 6.0	* 0.0	* 0.0	* 0.0	*	0.2 *	* 1.0	* 4.0	* 8.0	0.5 *
Quantity consumed per eating occasion						7					,
(1/2 cup = 92 g)	\ \ \					 					
mean	121	06	132	112 *	128 *	123	114	160	123	106	118
SEM	5	20	59	* 8	12 *	9	9	14	∞	9	ω
5th percentile	30	20 *	* 02	* 82	38 *	39	30	45 *	25 *	37 *	29 *
10th percentile	39	30 *	24 *	33 *	* 64	53 *	36	73 *	42 *	46 *	36°
25th percentile	75	38	43	* 09	¥ 8/	74	20	92	77	74	78
50th percentile	95	74 *	98	* 36	110 *	118	95	143	117	78	26
75th percentile	156	* 86	183	137 *	155 *	156	156	183	156	155	156
90th percentile	194	153 *	* 608	170 *	183 *	183 *	184	260 *	184 *	185 *	186 *
95th percentile	288	;	1	233 *	1	227 *	255 *	312 *	234 *	* 200	243 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.027. Cooked Carrots: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 					Î
at least once in 3 days	10.1	9.4	5.3	7.6	6.8	7.8	8.8	10.8	11.4	18.0	16.8
on 1 of 3 days	8.5	8.5	4.8	7.4	9.9	6.4	7.5	8.5	9.6	14.6	13.2
on 2 of 3 days	1.3	* 6.0	* 5.0	0.2	0.1	1.2	1.1	2.2	1.7	1.6	2.8
on all 3 of 3 days	0.3	* 0.0	* 0.0	* 0.0	0.1 *	0.2 *	0.5	0.1	0.5	1.7 *	* 8.0
Quantity consumed per eating occasion						;					,
(1/2 cup = 73 g)	\ \ V					6 					Ì
mean	84	44	* 06	114 *	* 9/	88	9/	104	81	98	80
SEM	9	6	23 *	36	18 *	6	∞	15	2	ω	7
5th percentile	1	;	:	12 *	*	12 *	* ∞	23	* 8	17 *	* *
10th percentile	18	* က	16 *	* 62	*	_* 50	12 *	36	* 82	27 *	23
25th percentile	37	12 *	38	48 *	18 *	49	28	53	40	48	33
50th percentile	73	37	73	73 *	42 *	73	26	74	74	73	73
75th percentile	111	48 *	112 *	11 *	147 *	123	110	116	110	112	78
90th percentile	152	* 96	:	:	152 *	157 *	146 *	160 *	147 *	148 *	120
95th percentile	197	;	:	:	154 *	207 *	155 *	257 *	154 *	210 *	168 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.028. Raw Carrots: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex				
		2-5	6-11	12-19		20.	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					 					Î
at least once in 3 days	10.4	0.6	11.3	5.9	7.2	8.3	12.4	10.6	14.0	8.8	11.2
on 1 of 3 days	7.9	7.7	8.3	4.2	5.9	5.8	10.0	8.2	10.3	6.9	8.2
on 2 of 3 days	1.9	1.0 *	2.1	1.3 *	1.2 *	7	2.0	1.9	5.6	1.3 *	5.6
on all 3 of 3 days	9.0	* 4.0	* 6.0	. 4.0	*	0.7 *	0.5 *	0.6 *	1.1	. 9.0	0.5 *
Quantity consumed per eating occasion											
(1/2 cup = 64 g)	V					0 					Î
mean	41	34	38	45 *	47 *	52	37	43	44	34	40
SEM	2	9	2	*	* 6	7	လ်	9	∞	2	4
5th percentile	7	* /	*	4 /	* /	* /	* 7	* 9	4	4 /	1 *
10th percentile	ω	* /	* /	14 *	* &	10 *	7	*	*	* 6	, 2
25th percentile	14	* 6	6	* 12	14 ×	21	14	16	15	14 *	13
50th percentile	27	27 *	28	33 *	27 *	32	27	27	28	\$22	56
75th percentile	55	53	20	54 *	* 19	22	52	21	20	41 *	22
90th percentile	62	_* 69	* 36	* 86	100	133 *	20	* 66	73 *	* 75	* 08
95th percentile	120	* 19	110 *	117 *	117 *	183 *	* 86	139 *	120 *	* 19	116 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.029. Raw Tomatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

					4	Nde (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					 					Î
at least once in 3 days	34.0	14.9	22.1	27.1	28.4	34.4	34.5	43.0	41.8	42.0	39.7
on 2 of 3 days on all 3 of 3 days	9.2	3.6	6.1	6.9	6.3	7.1	9.6 3.4	12.0	12.9	12.1 5.6	12.1
Quantity consumed per eating occasion											
(1/2 cup = 90 g)	,					6 					Î
mean	54	31	43	46	54	22	52	55	56	61	59
SEM	-	9	ស	4	9	0	2	2	2	က	0
5th percentile	17	:	*	12 *	* 20	18	6	8	50	* 50 *	50
10th percentile	20	1 3	44	* 50 50 70	\$ \$0 \$	22	50	5 50	2 2	55	55
25th percentile	ဝင္က	0 0	200	۲2 ۶	53	05	9 5	ري د د	9 9 1	37	ري م
50th percentile	4 ზ	2 50	88 47 47	04 g	£ 5	44 7 0	5 .	44 44 48	t t &	7 1	45 74
90th percentile	101	* 89	06	* 68	120 *	116	6	91	119	120	122
95th percentile	123	125 *	120 *	111 *	126 *	123	117	123	135	134 *	123

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.030. Total Tomato Sauce: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	, ,					 					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	65.0 36.0 21.8 7.2	66.2 36.3 24.6 5.3	73.0 36.8 24.1 12.1	77.8 35.8 30.2 11.7	70.7 38.1 25.7 6.9	71.6 36.5 23.7 11.5	68.5 38.4 24.4 5.7	65.0 37.1 21.6 6.4	61.4 35.9 20.9 4.5	48.5 32.0 12.1 4.4	44.6 30.2 11.3 3.0
Quantity consumed per eating occasion (1/2 cup = 122 g)	V					D					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 90th percentile	34 1 2 7 7 40 81 122	23 1 4 8 8 7 7 5 7 5 7 5 7 5 7 5 7 5 7 5 7 5 7	24 1 0 1 0 2 3 0 2 0 2 0 2 0 0 0 0 0 0 0 0 0 0 0	36 2 2 10 10 47 47 83	31 2 32 32 71 71	46 30 104 156	33 2 1 7 7 7 40 83 120	46 3 1 2 7 7 23 57 120 171	28 4 + + + + + + + + + + + + + + + + + + +	29 4 + 1 + 2 + 1 + 4 + 2 + 36 + 7 + 1 + 6 + 1 + 6 + 1 + 6 + 6 + 6 + 6 + 6	25 2 + + 2 33 63 99

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.031. Cooked String Beans: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days on 1 of 3 days	21.6	28.0 23.8 4.2	23.5	18.7	19.8	15.9	18.3 16.8	22.1	22.0 18.8 2.8	24.3 18.8 5.0	27.1 21.8 4.7
on all 3 of 3 days	0.5	* 0.0	0.1	* 0.0	* 9.0	* 0.0	* 6.0	0.2 *	* 6.0	* 4.0	* 9.0
Quantity consumed per eating occasion (1/2 cup = 68 g)	V			:		 6 					Î
mean	87	49	72	81	81	108	88	86	83	101	98
SEM	N 7	ო (4 2	9 0	က က	9 7	ကင္ဂ	, , ,	დ წ	ئ پ	4 %
stn percentile 10th percentile	34	1 1	33	34 *	3 8 *	47	8 8 8	28	8 8	45	8 9
25th percentile	62	33	45	63	92	29	99	65	62	92	62
50th percentile	29	36	99	99	29	66	29	89	. 29	93	29
75th percentile	125	99	29	101	26	132	125	133	126	132	115
90th percentile	135	69	134	134 *	133 *	170	135	135	135	172	135
95th percentile	161	124 *	135 *	135 *	135 *	257 *	171	187 *	135 *	202	135

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.032. Coleslaw: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Arie (Veal	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 al	60 and older
Statistic	All individuals age 2 and over	Males	Males	Males	Females	Males	Females Males	Males	Females	Males	Males Females
N classical in a clas	11 488	lemanes 845	1 170	848	679	1 503	0 040	991	1 305	887	1 453
Number in sample	000	0	7/1,	0	2/0	5,5	2,042	-	200,	8) } -
Percent of persons using	ì					%					Î
at least once in 3 days	6.5	2.2	3.8	2.5 *	4.0	4.2	5.8	8.7	9.5	10.0	12.1
on 1 of 3 days	5.5	2.1 *	3.5	2.5 *	3.9	3.5	5.3	6.9	7.8	8.1	10.1
on 2 of 3 days	0.8	. 7.0	* 6.0	* 0.0	0.5	0.7 *	* 5.0	1.6	5.	د نی	1.7
on all 3 of 3 days	0.1	* 0.0	* 0.0	* 0.0	* 0.0	* 0.0	*	0.2 *	* 6.0	* 9.0	0.3 *
Quantity consumed per eating occasion											
(1/2 cup = 92 g)	V					 6 					Î
mean	108	* 69	101	* 96	* 88	116 *	108	125	120	106	92
SEM	4	20 *	34 *	*	4	* 6	9	9	6	9	2
5th percentile	20	;	:	27 *	37 *	27 *	22 *	* 02	34 *	31 *	*
10th percentile	41	:	ۍ *	* 85	42 *	37 *	43 *	39	39 *	* 09	22 *
25th percentile	71	;	12 *	* 99	* 89	* 08	81	65	71	78	61
50th percentile	92	38 *	* 69	* 77	_* 9/	* 88	98	88	83	95	91
75th percentile	133	* 9/	* 78	* 78	* 85	156 *	126	159	148	128	95
90th percentile	176	* 26	158 *	115 *	* 06	177 *	168 *	218 *	174 *	174 *	161 *
95th percentile	183	141 *	ŀ	153 *	100	183 *	180 *	:	183 *	180 *	177 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.033. Cooked Peas: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (years) and sex	and se	×			
		2-5	6-11	12	12-19	20-39	39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over		Males	Males	Females	Males	Females	Males	Females	Males F	Females
		females	females								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Doroont of noreone meind						 					Î
reiceill of persons asing	/					2					
at least once in 3 days	11.6	12.0	11.8	9.8	8.7	10.1	9.6	13.4	13.1	15.9	13.8
on 1 of 3 days	10.3	10.8	10.9	ထ က (7.8	∞ τ ∞ τ	9.0	12.1	<u>+</u> 0. c	13.55	4. c c c
on 2 of 3 days	2. 5.		 8. .	* 50.00	 D. C	_ ລໍ≇	* O:#	0. C	ა. ი. ი	0.0	, v , v , v
on all 3 of 3 days	-	7.0	5	9	9	ŧ	ŧ	i S) ;	5	į
Quantity consumed per eating occasion											
(1/2 cup = 80 g)	V	ļ				6					Î
mean	96	69	79	109 *	78 *	119	06	111	88	105	95
SEM	က	-	9	14 *	12 *	∞	2	വ	9	2	9
5th percentile	20	* o	10 *	+	12 *	25 *	21 *	* 12	21 *	* 82	25 *
10th percentile	30	*	+	*	14	* 04	22	33 *	34 *	* 42	40
25th percentile	26	59	42	_* 8/	* 04	78	49	79	26	80	26
50th percentile	83	42	80	* 48	* 80	113	80	82	8	82	84
75th percentile	127	77	82	161 *	* 48	169	112	160	82	159	114
90th percentile	170	126 *	166 *	169	162 *	170 *	169	170 *	141	170 *	160
95th percentile	170	203 *	170 *	170 *	166 *	239 *	170 *	202 *	* 691	170 *	169 *

^{*} Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.034. Cooked Corn: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (Vear	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	24.2 20.8 3.2 0.3	31.9 26.3 5.4 0.1 *	34.2 30.2 3.7 0.2 *	30.1 25.9 4.0 0.2 *	20.7 19.0 1.6 * 0.1 *	22.9 20.2 2.6 0.1	23.3 20.2 2.9 0.1	22.5 18.7 2.9 0.9 *	21.4 18.7 2.3 0.4 *	22.8 17.0 5.5 0.3 *	18.5 15.2 2.8 0.4
Quantity consumed per eating occasion (1/2 cup = 82 g)	V					 6 					Î
mean	109	73	87	109	106	135	109	120	105	131	103
5th percentile	38 7	. L &	39	39 *	54 *	4 63	35	41 *	38 *	* 14	33 3
25th percentile	77	4 4	76	8 2	80	82	77	81	77	8 2	63
50th percentile	82	77	81	82	85	123	85	122	82	101	82
75th percentile	127	8 8	85	127	123	163	126	160	123	154 215	123
90th percentile 95th percentile	164 246	146 *	164	204	248 *	254	231	249 *	179 *	254 *	252 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.035. Raw Onions: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (veg	Age (vears) and sex	×			
;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;		2-5	6-11	12	12-19	2	20-39		40-59	609	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ \					%					
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	12.2 10.2 1.8 0.2	1.9 4. 1.8 5. 0.0 7. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4.	4.1 0.0 * * *	6.3 4.8 0.0 * *	6.1 4.9 4.0 0.0	14.0 12.7 1.1 *	12.0 10.0 2.0 * #	17.8 14.1 3.3 0.5	18.4 15.4 2.7 0.3 *	18.0 14.5 2.6 0.9 *	13.9 11.0 2.4 0.5 *
Quantity consumed per eating occasion (1/2 cup = 80 g)	V					- 6 - 1					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 90th percentile	24 1 7 7 10 18 29 42 65	, t + 8 + 5 + 8 , t + 8 + 5 + 8		22 4 2 2 4 5 7 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8	22 3 6 6 7 7 7 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	24 2 20 4 14 20 20 39 * 17	25 2 2 8 10 18 30 46 71	27 28 8 * * 20 20 35 58 * 69	24 2 2 4 7 7 4 5 19 32 44 4 44 44	23 3 * * 7 10 18 30 42 * *	21 4 4 7 10 10 839 839 839 839 839 839 839 839

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.
Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.036. French-Fried Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals age 2 and over	lo s	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ '					<u> </u>					Ì
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	27.8 22.2 4.9 0.7	34.5 28.2 5.2 1.0	39.1 30.6 7.2 1.3 *	39.5 27.9 8.6 3.0	37.7 25.3 11.1	34.7 27.5 6.4 0.8 *	27.3 22.4 4.5 0.4 *	26.5 21.5 4.4 0.7 *	18.8 16.3 2.4 0.1	15.9 14.2 1.5 * 0.2 *	10.2 9.0 * #
Quantity consumed per eating occasion (10 medium = 50 g)	>					6					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 95th percentile	77 1 28 35 57 78 93 114	61 20 20 43 28 43 57 100 *	67 21 27 27 51 57 85 110	89 4 4 52 55 55 112 114 116	81 4 27 41 411 100 114 150 *	92 36 56 57 113 114	75 28 34 37 71 71 85 113	82 3 26 * 41 57 80 106 114	69 3 26 57 57 57 100 114 *	70 26 * 27 * 53 57 85 113 *	62 27 * 27 * 43 57 71 113 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.037. Home-Fried and Hash-Browned Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						ου/ ου γ	re) and car				
		2-5	6-11	12	12-19	195 (Vea 20	20-39	40-59	59	60 ar	60 and older
:	A 11 11 11 11 11 11	0 7	Moloc								
Statistic	All individuals age 2 and over	and females	males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days	11.9	10.4	17.2	15.5	13.7	12.5	11.2	14.5	10.2	10.1	5.5
on 1 of 3 days	10.4	4.00 4.00 *	14.8	13.4	12.3	10.5	10.2	12.5	* & & +	4. 6. 4. 6. *	4.7 *
on all 3 of 3 days	0.1	0.1	0.1 *	 	0.1	0.2	* 0.0	0.1	0.1	0.1	0.1
Quantity consumed per eating occasion						7					/
(1/2 cup hash-browned = 73 g)	\ \ V					6 					ĺ
mean	147	92	123	202	126	181	121	169	149	156	117
SEM	9	12	=	30	50	13	8	9	1 3	13	7
5th percentile	35	30 *	32 *	45 *	25 *	53	* 62	* 13	* 38 *	35 *	، *
10th percentile	48	35 *	36	48 *	35 *	92	48	* 73	* 20	51 *	*
25th percentile	20	49	63	29	63	93	99	96	9/	69	29
50th percentile	113	71	86	134	95	143	96	145	128	145	6
75th percentile	193	96	145	291	156	232	185	194	177	186	170
90th percentile	291	153 *	239	388	194 *	351	194	* 290	272 *	× 580	192 *
95th percentile	385	268 *	;	533 *	*	384 *	* 062	311 *	311 *	364 *	226 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.038. Baked Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (Veal	Age (vears) and sex				
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 at	and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					 					Î
at least once in 3 days	22.8	11.7	13.1	20.9	16.5	21.4	19.9	30.6	28.7	31.3	30.8
on 1 of 3 days	19.8	11.0	12.1	20.3	14.0	19.3	18.3	3.4	24.1 4.3	23.3	24.3 5.9
on all 3 of 3 days	0.5	* 0.0	0.3 *	*	*	* 8.0	*	0.1	0.3 *	* 9.0	* 9.0
•											
Quantity consumed per eating occasion (1 medium with peel = 122 a)	V										Î
(1 median), with peed – 125 g)	,					n					
mean	117	74	100	124	129	136	119	126	=======================================	113	102
SEM	2	4	വ	9	19	9	က	4	က	4	2
5th percentile	61	32 *	35 *	71 *	_* 02	72 *	64 *	* 83	* 64	45 *	29
10th percentile	70	38 *	* 65	* 26	_* 02	95	74	95	73	70	70
25th percentile	93	47	75	93	92	93	93	93	92	93	92
50th percentile	26	20	93	86	92	123	86	120	6	97	93
75th percentile	127	94	105	140	122	155	123	140	123	123	122
90th percentile	183	* 76	143 *	184 *	164 *	184	183	184	145	174	140
95th percentile	185	122 *	184 *	206 *	200 *	244 *	197 *	199	184 *	184 *	161

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.039. Boiled Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						ige (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ai	60 and older
Statistic	All individuals age 2 and over	၂၀ တ	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ V					 					Î
at least once in 3 days	8.9	7.7	5.5	8.7	8.0	8.9	6.5	10.4	11.1	14.3	13.2
on 1 of 3 days	9.7	7.4	5.1	8.5	7.6	0.9	5.7	8.9	9.5	10.0	10.2
on 2 of 3 days	- -	* 8.0	* 0.3	. 2.0	* 4.0	0.7	6.0	1.4	ر د د د	χ, . Σ, .	2. c
on all 3 of 3 days	0.2	*	* 0.0	*	*	. 0.2	* 0.0	0.1	0.1	1.0	0.0
Quantity consumed per eating occasion						1					,
(1/2 cup = 78 g)	\ \ \					6 					ĺ
mean	165	* 98	135 *	203 *	163 *	198	148	210	160	179	139
SEM	Ŋ	* 6	14 *	33 *	* 71	13	=	17	6	9	10
5th percentile	40	24 *	48 *	42 *	* 77	37 *	51 *	37 *	54 *	* 63	42 *
10th percentile	62	31 *	* 09	* 99	* 77	* 77	, •	74 *	* 77	* 77	22
25th percentile	92	39 *	77	117 *	* 88	122	78	122	95	114	78
50th percentile	141	* 77	122	153 *	146 *	184	122	180	138	154	117
75th percentile	226	117 *	155	237 *	243 *	244	184	244	214	227	156
90th percentile	307	122 *	213 *	409	283 *	344 *	244 *	319 *	313 *	306 *	242
95th percentile	366	157 *	267 *	419 *	* 608	366 *	314 *	488 *	319 *	367	278 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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Table 1.040. Mashed Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males	Males	Females	Males	Females	Males	Females	Males	Females
		S	females								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \					 %			,		Î
at least once in 3 days	20.7	23.7	20.3	26.5	20.8	19.7	17.8	22.4	19.1	22.2	22.1
on 1 of 3 days	3.0	21.2	17.7	3.8	18.0 2.3	3.5	15.4	3.6	76.7 2.3	17.1	3.5
on all 3 of 3 days	0.2	* 0.0	* 0.0	* 0.0	0.5 *	0.2 *	0.3 *	* 1.0	*	0.7 *	0.3 *
Quantity consumed per eating occasion						ŧ					,
(1/2 cup = 105 g)	\ \ \					 					Î
mean	194	100	182	268	166	262	174	219	177	192	158
SEM	2	6	19	26	10	12	7	∞	6	-	∞
5th percentile	52	13 *	43 *	, 8/	* 86	* 08	52	* 36	72 *	53 *	45 *
10th percentile	82	26	20	* 88	* 36	100	74	66	94	83	70
25th percentile	104	48	63	147	101	158	92	151	101	102	103
50th percentile	208	90	105	209	172	209	153	202	156	192	127
75th percentile	210	102	202	299	198	311	204	210	202	208	204
90th percentile	333	179	317	514 *	* 602	404	302	377	225	314	223
95th percentile	403	* 200	;	624 *	224 *	420 *	337	405 *	372 *	378 *	305 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.041. Cooked Dried Beans and Peas: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.042. Baked Beans: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	_			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days	7.4	6.9	9.9	8.0	9.2	6.3	7.0	11.2	7.6	7.3	5.5
on 2 of 3 days	0.7	0.0 *	v. 7.0	0.0	0.2	6.0 *	0.5	1.0	1.1 *	υ L υ ω *	0.9 * 0.0
on all 3 of 3 days	0.1	*	* 0.0	. 1.0	0.1 *	* 0.0	* 0.0	. 0.5	* 0.0	* 0.0	0.0
Quantity consumed per eating occasion	`					5					/
(1/2 cub = 12/19)	,					ה ה					
mean	201	123 *	144	265 *	158 *	265	176	250	163	243 *	170
SEM	8	12 *	12	24 *	20 *	18	13	22	=	* 11	13
5th percentile	32	* 61	26 *	120 *	;	42 *	51 *	31 *	30 *	31 *	32 *
10th percentile	62	27 *	* 69	121	;	* 26	* 69	75 *	e3 *	* 19	52 *
25th percentile	126	* 19	6	126 *	* 36	124	120	122	125	108	88
50th percentile	131	* 76	113	236 *	122 *	236	125	234	126	231	144
75th percentile	244	120 *	132	305	221 *	351	509	255	199	275	231
90th percentile	372	194 *	225 *	471 *	248 *	465 *	359 *	442 *	242 *	427 *	248 *
95th percentile	480	233 *	240 *	498 *	255 *	488 *	378 *	489 *	260 *	\$ 009	278 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.043. Fresh Oranges: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	1	1,172	618	672	1,503	2,042	991	1,305	887	1,453
	\					%					Î
Percent of persons using						 					
at least once in 3 days	8.1	12.5	10.8	7.4	9.5	4.3	7.9	6.2	6.7	8.8	10.5
on 1 of 3 days	5.8	10.3	7.5	0.9	7.5	3.4	6.2	4.2	2.7	5.4	5.6
on 2 of 3 days	1.7	2.1 *	2.4	*	1.7 *	, 9.0	د .	* 6.0	1.8	2.5	3.8
on all 3 of 3 days	9.0	0.1 *	* 6.0	0.2 *	0.2 *	* 6.0	* 5.0	+ 1.1	* 4.0	1.2 *	1.2 *
Quantity consumed per eating occasion											
(1 medium = 131 g)	\ V					 6 					Î
mean	128	92	117	142 *	138 *	150 *	126	146 *	127	136	127
SEM	2	7	വ	13 *	* 01	*	7	7 *	S	6	က
5th percentile	20	;	47 *	. 57 *	35 *	_* 9/	34 *	71 *	* 55	_* 99	43 *
10th percentile	64	46 *	* 69	* 49	, 62	* 96	_* 69	16	72 *	* 59	74 *
25th percentile	122	* 95	109	100	100	118 *	98	124 *	102	107 *	120
50th percentile	126	93	118	116 *	113 *	126	112	128 *	114	120 *	125
75th percentile	130	121 *	125	139 *	125 *	165 *	126	141 *	127	147 *	130
90th percentile	170	128 *	129 *	203 *	200 *	182 *	167 *	182 *	153 *	182 *	157 *
95th percentile	184	130 *	130 *	;	:	228 *	179 *	203 *	170 *	1	174 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.044. Orange Juice: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days	31.1	37.0	33.4	35.0	36.5	29.8	30.1	23.3	26.1	34.5	35.7
on 2 of 3 days	9.5	10.5	12.0	9.6	8.0	10.3	8.7	5.8	8.4	9.0	9.0
on all 3 of 3 days	E. 80	χ χ	0.8	٥. ٥.	2.7	4.	4.	0.	P.	5.0	7.61
Quantity consumed per eating occasion											
(6 fluid ounces = $187 g$)	\ \ \					 6 					Î
mean	241	194	219	294	264	308	247	237	211	210	198
SEM	4	ß	∞	20	13	14	7	9	7	∞	വ
5th percentile	124	115 *	124	124 *	124 *	150	124	110 *	115 *	121 *	117
10th percentile	124	124	124	177	166	186	124	124	124	124	124
25th percentile	186	140	172	219	187	218	186	186	154	144	124
50th percentile	246	187	202	249	249	249	249	247	206	201	187
75th percentile	249	249	249	311	280	372	249	249	249	249	249
90th percentile	373	249	305	426	375	495	373	332	270	249	249
95th percentile	490	* 692	373	498 *	487 *	200	497	367	348 *	344 *	311

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.045. Raw Apples: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vear	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 aı	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ŷ					 					Î
at least once in 3 days	19.2	25.2	27.9	15.5	14.2	12.9	18.9	20.8	21.4	18.1	19.3
on 2 of 3 days	5.0	5.6	10.3	2.7 *	2.6 *	3.7	3.9	4.8	6.9	4.9	4.6
on all 3 of 3 days	2.2	1.0 *	8.	. 4.0	\$ 2.5	9.	2.0	4.4	4. 2. *	2.5	3.3 S.
Quantity consumed per eating occasion											
(1 medium = 138 g)	\ \ \			!		_ 6 					Î
mean	137	112	131	152	141	156	138	147	139	132	122
SEM	4	2	က	∞	4	Ŋ	က	4	က	7	വ
5th percentile	53	27 *	* 49	104 *	100	* 98	* 69	* 36	24	23 *	12 *
10th percentile	69	43	89	122 *	117 *	105	82	105 *	104	* 49	34
25th percentile	123	86	122	125	127	126	125	128	121	107	103
50th percentile	138	128	131	131	131	133	138	133	136	130	130
75th percentile	138	133	135	138	136	202	138	137	138	137	136
90th percentile	210	137	138	\$ 602	187 *	211	210	* 602	508	188 *	509
95th percentile	211	138 *	193 *	:	201 *	212 *	211 *	212 *	210 *	* 200	211 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.046. Applesauce and Cooked Apples: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Arie (vear	Ane (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 aı	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%		i			Î
at least once in 3 days	7.3	15.7	14.3	7.3	3.2	3.1	9. 8. 0. 8.	5.7	6.0	9.7	9.8
on 2 of 3 days	1.2	2.5	3.4	* 9.0	0.1 *	0.2 *	* 6.0	1.5 *	0.7 *	1.4 *	1.2 *
on all 3 of 3 days	0.3	* 8.0	0.3 *	0.5 *	0.1 *	* 1.0	0.5 *	0.2 *	0.1	* 9.0	1.2 *
Quantity consumed per eating occasion											
(1/2 cup = 128 g)	V					 6 					Î
mean	150	123	143	174 *	115 *	* 229	150	179 *	141	141	143
SEM	5	13	10	17 *	17 *	53 *	13	* ==	12	-	6
5th percentile	32	*	62 *	117 *	48 *	* 62	:	\$8	62 *	33 *	24 *
10th percentile	61	30 *	, 63	119 *	_* 09	115 *	* 13	* 06	* 89	39 *	31 *
25th percentile	102	64	105	123 *	\$ 25	124 *	84	125 *	111	94 *	84
50th percentile	127	118	126	127 *	119 *	179 *	126	170 *	124 *	124	126
75th percentile	190	127	128	232 *	126 *	249 *	236	239 *	162 *	180 *	189
90th percentile	252	248 *	248 *	254 *	172 *	367 *	251 *	248 *	244 *	248 *	244 *
95th percentile	255	252 *	254 *	302 *	226 *	;	260 *	254 *	250 *	253 *	253 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.047. Apple Juice: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	lo s	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Š					%-					Î
at least once in 3 days	7.6	26.5	15.1	8.1	6.8	3.8	7.1	3.4	3.8	5.7	3. G
on 1 of 3 days on 2 of 3 days	4.7 9.1	7.8	ဂ တ		4 L 7 4 .	- 1.2 + 2.1 *	. . .	1.0 *	1.1	2.0	. . .
on all 3 of 3 days	1.0	4.5	5.6	0.2 *	1.1	0.3 *	* 5.0	0.3 *	0.5 *	0.7 *	* 6.0
Quantity consumed per eating occasion	,					7					
(6 fluid ounces = 186 g)	V					n I					
mean	248	192	245	244 *	273 *	320 *	275	257 *	241 *	* 062	238
SEM	6	7	14	21 *	16 *	22 *	56	* 61	10 *	34 *	23
5th percentile	118	* 68	110 *	43 *	120 *	155 *	* 96	\$ 55	_* 8/	* 58	106 *
10th percentile	122	118	142 *	, T	165 *	177 *	123 *	105 *	171 *	118 *	119 *
25th percentile	180	125	182	179 *	202 *	235 *	208	185 *	224 *	180	123
50th percentile	240	179	240	222 *	234 *	243 *	240	216 *	236 *	231 *	210
75th percentile	247	238	261	275 *	586	399	247	246 *	245 *	304 *	247
90th percentile	368	246	355 *	305 *	355 *	472 *	442 *	341	305 *	483 *	446 *
95th percentile	473	265 *	385 *	353 *	366 *	486 *	492 *	369	345 *	;	476 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.048. Fresh Bananas: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	50	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					- %-					Î
at least once in 3 days on 1 of 3 days	22.3 13.5	24.0	21.3	18.0	14.9 9.5	13.9	17.4	20.6	24.6 15.4	38.6	39.3 19.8
on 2 of 3 days on all 3 of 3 days	6.0 2.8	6.7	4.7	5.2	4.5 *	3.8	3.8	3.0	6.3 8.3	8.6	12.4
Quantity consumed per eating occasion	\					 					Î
(6 + 1 -	,					ה ס					
mean	101	95 03	104 40 80	107	106	- 4 ε	104	3	100 2	၁၈	92 2
5th percentile	49	45 *	* 75	* 74	35 *	* 49	47 *	* 47	54 *	38	45
10th percentile	57	52	22	51 *	* 08	86	26	64	26	46	26
25th percentile	85	22	88	103	97	111	06	102	82	65	22
50th percentile	114	66	106	108	104	112	114	108	105	11	113
75th percentile	114	109	11	113	111	114	114	113	11	113	114
90th percentile	126	113	114	140 *	116 *	128	126	128	114	127	114
95th percentile	129	123 *	126 *	146 *	126 *	155 *	129 *	130 *	127 *	129 *	125

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.049. Fluid Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ	i i				%					Î
at least once in 3 days	77.3	2.96	95.3	87.9	79.9	70.3	70.3	69.3	71.0	79.3	78.3
on 1 of 3 days	14.4	8.9	9.8	1.7	15.5	15.5	18.3	17.6	18.3	4.11	10.8
on 2 or 3 days on all 3 of 3 days	19.2 43.8	14.9 75.0	20.4 65.1	54.9	24.1 40.3	32.0	18.9 33.1	33.7	16.9 35.7	16.7 51.2	16.3 51.2
Quantity consumed per eating occasion	\					5					
(1 cdp lowlat IIIIR = 245 g)			; ;			n 					Ì
mean	223	195	241	301	257	285	204	220	180	198	164
SEM	က	2	S	80	9	6	2	7	9	7	4
5th percentile	31	102	121	122	119	30	50	15	5	33	30
10th percentile	71	122	153	182	153	83	20	38	30	61	51
25th percentile	138	145	184	240	214	182	122	122	100	122	98
50th percentile	229	191	239	260	244	245	213	243	180	184	161
75th percentile	261	241	265	357	285	367	245	282	245	245	242
90th percentile	367	262	341	486	367	490	343	382	291	327	246
95th percentile	469	297	392	502	441	575	367	441	408	418	306

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.050. Whole Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days on 1 of 3 days	35.3 10.9	58.3	54.1 12.3	44.8 11.1	47.0	32.1	29.1	28.8	26.0	28.1	28.4
on 2 of 3 days on all 3 of 3 days	8.7 15.7	12.1 35.3	14.4 27.4	13.8 19.9	16.8	8.7 12.6	6.5	6.8	3.8 10.9	7.4	14.8
Quantity consumed per eating occasion (1 cup = 244 g)	ļ	1				6					Î
mean	214	200	246	292	251	248	183	195	162	185	154
SEM	4	2	9	17	6	F	∞	=	12	=	∞
5th percentile	15	112	117	63	* 18	14	10	* 01	* 41	12 *	12
10th percentile	35	122	148	175	115	30	17	20	5	30	30
25th percentile	122	150	202	233	208	121	62	61	46	91	29
50th percentile	243	199	238	241	238	238	180	209	122	180	122
75th percentile	244	241	265	353	284	354	242	263	239	244	237
90th percentile	364	247	355	472	365	470	334	383	313	326	272
95th percentile	474	285	387	, 299	, 446 *	485	421	458 *	443 *	365 *	338

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.051. Lowfat Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×	-		
		2-5	6-11	12	12-19	20	20-39		40-59	60 and	nd older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 % 					Î
at least once in 3 days on 1 of 3 days	39.0 9.9	46.5	49.6 7.6	50.5	34.4	35.6 10.6	36.3	34.0	35.2	39.4	40.8 8.2
on 2 of 3 days on all 3 of 3 days	10.4	8.2 32.3	12.5 29.4	15.8	9.0	11.4	11.0	9.4	9.4	7.6	9.7
Quantity consumed per eating occasion											
(1 cup = 245 g)	V					6 					Î
mean	231	193	238	302	271	305	219	230	181	206	169
5th percentile	50	107	122	122 *	122 *	84	30	15 *	16	* 64	30
10th percentile	92	122	146	184	180	122	65	61	31	61	25
25th percentile	153	139	184	240	214	235	145	122	102	122	116
50th percentile	245	184	245	245	245	245	243	244	184	195	168
75th percentile	261	239	262	346	286	367	245	292	245	245	242
90th percentile	367	576	327	490	367	490	364	369	302	341	245
95th percentile	489	335	407	* 490	* 490	545	397	430 *	367	452 *	306

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.052. Skim Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						And (veal	And (vears) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
	,					6					
Percent of persons using	\ \ \					 					Î
at least once in 3 days	12.3	7.0	7.6	5.7	7.5	9.2	13.6	12.0	19.1	19.5	17.3
on 1 of 3 days	3.2	2.4	2.4	* 6.0	2.5 *	2.5	4.3	3.4	5.1	3.6	2.7
on 2 of 3 days	3.6	2.5 *	3.4	+ -:	2.7 *	3.8	3.4	3.0	6.1	3.8	4.4
on all 3 of 3 days	5.5	2.5	1.8	3.7	2.4 *	2.9	5.9	2.7	7.8	12.1	10.2
Quantity consumed per eating occasion											
(1 cup = 245 g)	V					6					Î
mean	216	191 *	226	302 *	257 *	303	201	241	190	197	168
SEM	2	15 *	17	22 *	16 *	33	6	15	∞	12	7
5th percentile	38	* 06	[*] 02	127 *	123 *	* 84	24 *	14 *	18 *	38	42 *
10th percentile	73	* 96	122 *	229 *	143 *	118 *	61	106 *	47	* 99	29
25th percentile	122	125 *	152 *	242 *	214 *	178	122	166	122	122	120
50th percentile	220	184 *	203	268 *	244 *	245	216	245	201	201	163
75th percentile	245	245 *	245 *	322 *	306	365	245	298	245	245	239
90th percentile	359	272 *	350 *	367 *	355 *	557 *	306	428 *	262	309	245
95th percentile	418	295 *	408 *	534 *	368	631 *	367 *	457 *	306	367 *	5 69 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.053. Cheese, Other Than Cream or Cottage: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	lo g	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488		1,172	618	672	1,503	2,042	991	1,305	887	1,453
	,					ò					,
Percent of persons using	V					 					Î
at least once in 3 days	53.4	45.0	54.3	58.8	58.3	64.0	58.2	53.5	50.2	38.4	40.5
on 1 of 3 days	31.3	26.0	32.7	33.2	32.8	32.5	33.4	30.2	34.1	24.7	28.1
on all 3 of 3 days	5.9	2.4 8.4	7.0	7.5	6.8	6.8 8.9	5.2	6.4	5.2	3.4	9.6. 7.0.
Quantity consumed per eating occasion											
(1-1/2 ounces = 43 g)	V					 6 					Î
mean	34	30	29	35	34	38	32	43	32	36	33
SEM	·-	2	-	2	2	-	-	က	2	_	-
5th percentile	10	7	7	12 *	12	14	10	13	7	10 *	80
10th percentile	14	9	13	16	14	18	13	21	12	14	12
25th percentile	21	17	50	21	21	23	21	24	21	21	21
50th percentile	28	52	27	59	27	30	27	35	28	58	28
75th percentile	42	40	32	42	36	46	37	49	32	45	42
90th percentile	22	22	20	26	22	62	22	64	22	62	22
95th percentile	78	63	22	* 69	82	82	70	82	7.	_* 92	69

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.054. Ice Cream and Ice Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	20.1 15.6 3.5 1.0	25.6 22.0 3.0 0.6 *	24.8 20.7 3.6 0.5 *	20.8 16.4 3.8 0.7 *	21.2 16.7 4.2 0.3 *	16.0 12.9 1.9 1.2	17.9 14.8 2.5 0.6	17.6 12.5 3.7 1.4 *	17.0 13.5 2.8 0.7 *	26.9 17.2 7.0 2.8	22.7 15.6 5.5 1.6
Quantity consumed per eating occasion (1/2 cup hard ice cream = 67 g)	ļ					 6 					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 90th percentile	139 4 33 65 66 1133 171 265 266	99 8 9 * 25 * 66 86 132 157 *	140 9 36 66 66 133 148 263 336 *	193 11 66 * 124 * 170 170 263 * 266 *	157 20 66 * 66 * 100 133 196 266 *	185 11 44 * 65 65 133 167 264 338 338	135 9 33 * 44 66 132 153 262 265 *	152 9 46 * 63 * 92 133 198 264 *	115 33 * 64 66 100 133 197	130 7 44 * 63 66 129 139 260 282 *	100 4 33 * 33 66 89 133 148

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.055. Beef Steaks: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (Vear	Age (years) and sex				
		2-5	6-11	12.	12-19	20	20-39	40-29	59	60 aı	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
	\					%					Î
Percent of persons using						\ ? 					
at least once in 3 days	19.1	13.5	14.9	19.9	15.6	22.7	17.9	56.6	20.0	18.7	15.5
on 1 of 3 days	16.7	12.2	12.4	16.4	14.0	20.4	16.4	22.9	17.8	16.6	12.1
on 2 of 3 days	2.3	1.3 *	2.5	3.6	± 9.1	2.5	ر ج	3.7	2.2	* 0.2	3.1
on all 3 of 3 days	0.1	*	* #	* 0.0	* 0.0	0.2 *	. 2.0	.10	* 1.0	* 1.0	0.3 *
Quantity consumed per eating occasion											
(1 ounce = 28 g)	V					6 					Î
mean	139	69	90	146	120	173	139	158	128	152	119
SEM	က	7	2	10	∞	9	9	9	9	10	2
5th percentile	40	13 *	30 *	* 55	42 *	_* 02	38	* 69	42 *	36 *	45 *
10th percentile	26	16	44 *	, 63	51	85	23	82	64	*	24
25th percentile	85	35	99	88	85	119	82	110	84	98	81
50th percentile	131	62	80	138	101	159	137	149	119	136	107
75th percentile	170	85	107	201	147	509	174	192	158	204	159
90th percentile	225	117 *	153 *	233 *	205 *	271	222	259	210	245 *	198
95th percentile	270	157 *	183 *	240 *	227 *	306	268 *	273 *	222 *	320 *	* 503

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.056. Beef Roasts: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (veal	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and and females females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					- %-					Î
at least once in 3 days	11.8	7.5	5.5	13.1	9.9 5.9	14.0	9.2	13.6	12.5	17.6	15.2
on 2 of 3 days	1.6	0.5	4 4 0 0	4 4	* * 0.0	4.1	1.2	2.1	2.5	4.4	1.9
	i	5	5	9	9	;	5	; i	<u>i</u> 5		
Quantity consumed per eating occasion											
(1 ounce = 28 g)	\ V					 					Î
mean	104	43 *	* 68	112	100 *	134	101	118	88	106	84
SEM	4	*	* &	18	20 *	14	œ	∞	വ	∞	4
5th percentile	20	:	21 *	27 *	;	28 *	17 *	12 *	* 62	27 *	26 *
10th percentile	34	* 9	34 *	* 82	13 *	34 *	34 *	35 *	42 *	36 *	35
25th percentile	54	14 *	22	\$ 25	* 04	22	47	29	26	22	49
50th percentile	84	40 *	80	107 *	* 84	109	85	88	74	88	71
75th percentile	132	47 *	106	138 *	136 *	159	133	140	106	138	108
90th percentile	187	* 82	143 *	180	;	281 *	178 *	271 *	142 *	183 *	143
95th percentile	274	106 *	174 *	220 *	:	321 *	211 *	282	181 *	217 *	174 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.057. Ground Beef: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males	Males	Females	Males	Females	Males	Females	Males	Females
		females	females								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 					Î
at least once in 3 days on 1 of 3 days	64.6 36.3 21.9	64.9 37.8 21.9	77.8 37.8 29.8	34.0 31.3	74.8 38.6 27.5	73.3 34.0 28.8	66.6 38.8 22.9	65.6 39.2 21.5	56.4 38.1 15.5	47.1 34.6 10.1	39.8 28.9 9.0
on all 3 of 3 days	6.4	5.2	10.3	15.5	8.6	10.4	4.9	4.8	2.8	2.4	2.0
Quantity consumed per eating occasion											
(1 ounce = 28 g)	\ \ \					 6 					ĺ
mean	65	38	47	89	54	79	28	81	99	85	29
SEM	-	2	2	4	က	က	2	က	2	4	2
5th percentile	2	2	2	2	2	4	2	က	7	9	က
10th percentile	9	က	က	9	2	13	က	6	4	27	5
25th percentile	31	21	22	3	53	41	27	38	35	45	32
50th percentile	58	35	41	63	48	71	22	71	28	26	63
75th percentile	98	52	64	91	9/	101	84	=======================================	91	108	88
90th percentile	122	9/	82	126	111	153	112	158	110	167	114
95th percentile	162	88	110	169	121	175	132	176	159	201	134

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.058. Ham: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	16.4 13.5 2.7	11.9	14.3	11.6	11.9	20.0	15.7	21.4	13.3	18.4	17.3
on all 3 of 3 days	0.3	0.0	r.0		0.0	0.5	E.O	C.5	9.0	E.O	7.0
Quantity consumed per eating occasion (1 ounce = 28 g)	V					6 					Î
mean	64	44	49	99	71	72	56	92	56	73	61
SEM	2	9	7	10	13	Ω	4	6	9	വ	4
5th percentile	7	*	, 2	* თ	13 *	14 *	*	* 9	* /	ω *	* თ
10th percentile	13	*	* 9	10 *	19 *	50	13	13	+	13 *	о
25th percentile	56	18	19	22	34	27	25	27	56	35	34
50th percentile	20	36	42	51	26	54	43	99	44	99	53
75th percentile	84	22	63	91	82	82	75	103	69	103	78
90th percentile	129	* 88	* 86	154 *	143 *	149	122	154	+ 11	151 *	113
95th percentile	168	114 *	137 *	185 *	:	193 *	153 *	* 200	149 *	168 *	149 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.059. Pork Chops, Steaks, Roasts: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Ane (veal	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,										Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	18.5 16.0 2.4 0.1	16.6 15.6 # *	15.7 15.7 1.4 *	22.9 22.3 0.6 *	17.7 15.9 1.8 * 0.0 *	20.2 17.2 2.9 * #	17.7 15.3 2.2 *	20.5 16.5 4.0 *	18.3 15.2 3.0 *	18.4 14.0 4.1 *	16.5 14.7 1.8 *
Quantity consumed per eating occasion (1 ounce = 28 g)	V					6					Î
mean SEM	94	50	74	108	10	114	92	123	83	93	74
5th percentile	80	* 9	* 9	24 *	υ *	*	9	27 *	* 9	* 5	16 *
10th percentile	19	ဖ ဒု	ω ς	35 *	± €	26	5 5	40	22	* 08 8	30
25th percentile 50th percentile	ა 84	8 6	20,28	9 6	2 22	106	83	100	77	2 62	90
75th percentile	130	71	06	135	126	167	134	149	105	127	91
90th percentile	181	87	138	181 *	181 *	200	180 200	223	153 *	168 * 179 *	123
aoill peiceillie	213	0	2	077	717	707	202	2	3	2	2

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Table 1.060. Bacon: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488		1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	18.7	16.0	15.1	16.2	17.8	20.2	17.1	21.5	19.8	24.5	17.7
on 2 of 3 days on all 3 of 3 days	2.9	3.2	1.8	1.9 * *	1.2 *	1.4	2.3	3.1	3.2	4.6	2.9
Quantity consumed per eating occasion											
(1 strip = 5 g)	Ŷ					6					Î
mean	22	16	19	28	22	27	20	26	20	22	19
5th percentile	- ∞	1 rv *	* - ∞	10	1 0	· - ∞	- ∞	10 *	* - ∞	* _	* _
10th percentile	8	* 9	*	15 *	16 *	10	∞	14	œ	-	8
25th percentile	16	∞	10	19	16	16	16	16	14	16	10
50th percentile	18	15	16	23	50	23	16	24	16	19	16
75th percentile	24	16	22	31	23	32	24	31	23	24	22
90th percentile	36	* 82	31 *	45 *	31 *	47	32	38	31	32	56
95th percentile	47	32 *	32 *	54 *	* 44	\$ 85	42	46 *	35 *	* 44	42 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.061. Pork Breakfast Sausage: Fercer 3.00 persons using food in a days and quantities consumed per eating occasion.

						Age (veal	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 % 					Î
at least once in 3 days	9.6	9.9	9.5	12.8	7.9	11.4	9.1	10.8	7.6	12.5	7.8
on 1 of 3 days	7.5	5.3	5.9	9.1	4.6	8.6	7.8	8.8	0.9	9.4	6.5
on 2 of 3 days	1.7	ر ن *	3.2	3.5	3.1	1.0	- -	1.6	1.2	2.2	*
on all 3 of 3 days	0.3	* 0.0	0.1 *	0.2 *	0.3 *	* 9.0	* 1.0	.04 *	0.4 *	* 6.0	0.2 *
Quantity consumed per eating occasion											
(1 ounce = 28 g)	\ V					6					Î
mean	45	33 *	48	99	45 *	51	35	44	42	22	38
SEM	2	* 4	Ŋ	က	4	2	က	က	က	9	က
5th percentile	12	ν *	*	;	24 *	12 *	* 9	ۍ پ	*	+	* 6
10th percentile	13	* ©	14 *	24 *	25 *	13 *	* თ	10	12 *	13 *	*
25th percentile	56	<u>t</u>	27	30	27 *	56	19	24	22	25	23
50th percentile	39	28	53	22	* 04	4	27	34	36	43	38
75th percentile	54	44	26	* 65	* 75	24	47	25	53	72	55
90th percentile	78	54 *	* 73	* 18	72 *	* 78	_* 99	73 *	* 28	101	* 09
95th percentile	66	* 89	78 *	106	* 68	* 86	* 58	127 *	* 98	163 *	75 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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Table 1.062. Frankfurters and Luncheon Meats: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	L			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	46.6	55.4 36.9	60.0	54.5 34.3	47.2	48.3	39.8	49.8	40.5	43.9	37.1
on 2 of 3 days on all 3 of 3 days	13.0	14.5	17.6	15.3 4.9	15.8 2.9	15.3 4.4	11.1	14.8 5.4	9.5	10.5	8.4
Quantity consumed per eating occasion	,										,
(1 ounce = 28 g)	V					 ත 					Ì
mean	69	47	52	89	54	9/	57	80	29	99	57
SEM 5th percentile	- 5	7 9	7 9	n (2)	19 *	7 8	70	ر 28	ν <u>6</u>	20	7 6
10th percentile	28	23	23	28	23	28	28	28	22	28	24
25th percentile	37	28	28	45	28	46	28	48	28	41	28
50th percentile	26	44	45	22	45	69	49	99	20	99	47
75th percentile	84	22	63	06	73	90	78	103	85	83	80
90th percentile	113	85	83	113	90	135	96	137	108	116	11
95th percentile	136	109	66	134 *	113 *	151	113	166	129	140	120

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Table 1.063. Canned Tuna: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
	-	2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	14.8	13.1	12.6	10.0	11.3	15.4	17.5	15.2	17.9	12.4	14.3
on 2 of 3 days	2.1	2.3	0.1	2.2	* 9.0 *	2.3	2.6	4 5 5 7 8 7 8	2.5	* 6.F	2.0
on all 3 of 3 days	0.3	* 1.0	0.2 *	* 0.0	0.1 *	0.2 *	0.2 *	0.7 *	0.5 *	*	* 4.0
Quantity consumed per eating occasion											
(1 ounce = 28 g)	V					6 					Î
mean	71	46	62	* 18	73	84	20	90	63	74	22
SEM	2	∞	9	13 *	15	2	4	∞	က	ည	4
5th percentile	14	* 6	17 *	19 *	14 *	14 *	4 4 1	18 *	14 *	14 *	13 *
10th percentile	18	10 *	20 *	19	14 *	17	19	27 *	50	* 81	14
25th percentile	34	21	28	27 *	27	49	35	37	43	59	28
50th percentile	26	34	26	26	26	72	22	84	26	84	26
75th percentile	94	51	81	110 *	80	112	94	112	84	6	78
90th percentile	140	103 *	127 *	167 *	157 *	165	137	162 *	108	135 *	86
95th percentile	168	153 *	137 *	202 *	194 *	175 *	167 *	205 *	124 *	162 *	112 *

^{*} Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.064. Other Finfish: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 					Î
at least once in 3 days	18.1	17.6	18.5	12.8	13.5	16.1	16.7	20.0	18.4	23.1	23.7
on 2 of 3 days on all 3 of 3 days	1.9 0.1	1.4 *	1.2 *	1.1 *	0.0	2.2	1.9	1.7 *	2.0	3.0	2.9
Quantity consumed per eating occasion (1 ounce = 28 g)	ļ										Î
mean	113	55	63	147	105	126	103	143	114	124	114
SEM	4	9	00	24	10	7	9	∞	9	ω	9
5th percentile	32	17 *	31 *	41 *	35 *	41	36 *	* 44	30 *	38	37 *
10th percentile	42	19 *	38	* 64	51 *	20	41	56	20	51 *	44
25th percentile	29	31	20	29	* 99	73	25	80	61	64	63
50th percentile	06	44	77	131	82	105	86	126	83	105	87
75th percentile	148	75	13	506	* 400 108	171	129	175	142	148	142
90th percentile	210	100	158	277 *	168 *	213	179	223	223	× × ×	218
95th percentile	258	122 *	197 *	346 *	236 *	281 *	\$ 255	* 266	245 *	* 662	260 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.065. Total Chicken and Turkey: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	2	20-39		40-59	60 and	nd older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ V					%					Î
at least once in 3 days on 1 of 3 days	67.7	65.6 38.2 19.9	65.7	61.5 39.7 18.6	63.9	99.9 20.6	71.5 38.7 25.6	69.3 37.7 24.5	66.4 37.0 23.8	67.4 34.1 24.5	72.4 36.7 26.5
on all 3 of 3 days	9 80	7.5	6.8	3.2	4.7	6.2	7.2	7.2	5.6	8.7	9.2
Quantity consumed per eating occasion						;					,
(1 ounce = 28 g)	V					 6 					Ì
mean	82	20	99	94	77	113	74	96	79	84	69
SEM	2	က	က	4	4	2	2	4	က	S.	က
5th percentile	-	-	က	6	9	2	-	-	က	- !	- (
10th percentile	6	က	7	53	16	14	7	တ	15	9	φ
25th percentile	42	18	40	24	42	22	37	47	48	45	37
50th percentile	73	46	62	88	20	92	70	84	73	77	63
75th percentile	106	9/	87	119	92	151	101	135	103	101	91
90th percentile	159	98	108	154	139	224	139	197	150	158	123
95th percentile	205	120	139	185	183	277	168	239	176	216	153

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.066. Chicken: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12.	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days	43.4	42.4	44.8	42.6	45.7	41.5	43.2	45.2	45.8	42.2	41.1
on 1 of 3 days	33.1	31.8	35.0	35.3	34.7	31.8	32.9	33.8	34.3	32.2	31.1
on 2 of 3 days	8.7	8.4	8.2	6.7	10.5	8.0	0.6	8.6	8.6	8.3	7.4
on all 3 of 3 days	1.6	2.2	1.6	0.7 *	0.5 *	1.8	1.3	1.6 *	1.7	* 8.	5.6
Quantity consumed per eating occasion											
(1 ounce = 28 g)	ĵ					6					Î
mean	107	69	85	109	92	148	100	131	26	111	88
SEM	2	က	က	Ŋ	4	7	က	വ	က	Ŋ	4
5th percentile	36	25 *	31	46 *	41 *	48	36	20	59	40 *	25
10th percentile	46	59	44	22	46	28	47	64	45	53	39
25th percentile	89	43	26	9/	26	84	70	84	69	77	56
50th percentile	91	63	29	26	87	125	91	111	87	94	80
75th percentile	127	82	102	123	115	195	120	159	117	133	104
90th percentile	188	114	135	172	158	566	160	220	161	190	139
95th percentile	234	138 *	180	207 *	188 *	307	189	253	181	236 *	177

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.067. Turkey: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (Vear	Age (vears) and sex	L			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	lo s	Males and females	Males	Females Males		Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ										Î
at least once in 3 days	12.5	7.8	10.5	13.6	<u>ල</u> ග	13.5	13.8	11.4	11.4	13.3	16.4
on 2 of 3 days	2.4	* 2.0	2.7	. <u>1</u>	* 0.0	5 4	2.5	3.2	5. 4.	1.6	3.6
on all 3 of 3 days	9.0	*	0.7 *	* 4.0	* 2.0	* 9.0	0.2 *	* 4.0	* 5.0	* 8.0	1.7
Ourantity consumed per eating occasion											
(1 ounce = 28 g)	ļ					- 6 -					Î
mean	81	* 99	62	97	* 79	87	77	66	9/	86	85
SEM	4	τυ *	S	14	*	S	7	7	∞	7	∞
5th percentile	22	* 41	22 *	;	*	25 *	± 61	* 82	± 51	22 *	25 *
10th percentile	28	15 *	27 *	23 *	24 *	* 82	28	39 *	27 *	26 *	58
25th percentile	44	30 *	38	52 *	28 *	47	41	26	32	22	20
50th percentile	99	22	26	84	* 09	82	29	82	63	64	71
75th percentile	104	* 69	89	123 *	* 6/	123	26	120	96	86	101
90th percentile	142	* 66	112 *	198 *	133 *	140 *	140	167 *	143 *	138 *	149 *
95th percentile	200	114 *	123 *	202 *	153 *	166 *	* 902	190	[*] 200	178 *	184 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.068. Boiled, Poached, and Baked Eggs: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	15.5 12.3 2.5 0.7	8.1. 8.2. 8.1. 8.0. 8.0.	12:2 11:2 0.55 * *	4.11 9.5 * 9.1 * *	0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05	14.9 11.3 3.0 0.7 *	15.6 13.0 2.2 0.4 *	18.4 15.3 2.8 0.3 *	18.3 14.7 2.9 0.7 *	18.2 12.1 4.4 1.6	18.6 14.0 3.5 1.2 *
Quantity consumed per eating occasion (1 large, boiled = 50 g)	ļ					6 					À
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile	48 7 7 1 1 2 2 3 4 4 4 4 5 8 5 8	38 2 8 7 7 7 7 8 8 9 4 9 4 9 7	40 6 4 5 4 5 6 6 7 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	65 11 6 * 4 8 * 46 * 46 * 46 * 46 * 46 * 46 * 46 * 4	14 7 8 11 14 15 16 17 18 18 18 18 18 18 18 18 18 18	54 8 4 16 25 43 75	43 8 0 4 0 4 0 4 0 4 0	60 10 12 12 12 13 14 18	40 2 2 11 17 17 50	56 3 11 16 4 88 86	42 8 8 11 22 43 50
90th percentile 95th percentile	100	50 * 77 *	84 82 83 84	139 * 200 *	* * & & & & &	99 122 *	* 88 66	103 *	82 80 80	* * 66	84 90 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.069. Fried Eggs: Percentage of persons aing food in 3 days and the mittes consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
	•	2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 % 					Î
at least once in 3 days	99	10.6	ر در	2. 7.	7.	23.1	15.0	9 8	14.0	23.5	14.0
on 1 of 3 days	12.4	7.1	12.1	9.6	8.6	17.0	12.0	15.2	10.4	14.0	11.3
on 2 of 3 days	3.0	2.4	2.3	2.7 *	2.5 *	4.2	2.4	3.1	3.0	5.5	1.9
on all 3 of 3 days	1.2	1.2 *	* 6.0	0.2 *	0.4 *	1.8	0.7 *	1.6 *	* 9.0	4.1	* 6.0
Quantity consumed per eating occasion											
(1 large = 46 g)	, ,					6					Î
mean	89	45	54	82	28	83	63	78	09	69	52
SEM	-	2	4	2	က	က	2	2	2	က	7
5th percentile	37	*	36 *	35 *	34 *	38	* 62	41 *	36 *	35 *	31,
10th percentile	37	27 *	37 *	39	35 *	45	36	43	36	36	34
25th percentile	42	35	38	20	41	28	45	99	40	42	36
50th percentile	74	42	42	85	43	84	64	82	44	74	43
75th percentile	86	49	75	88	72	6	98	87	75	84	09
90th percentile	26	75 *	* 82	118 *	* 82	130	87	96	82	87	85
95th percentile	113	*	* 58	133 *	* 58	131	* 78	109	* 48	109	* 58

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.070. Scrambled Eggs: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ										Î
at least once in 3 days	17.4	24.2	21.1	15.0	17.1	18.7	16.3 6.3	17.8	16.1	16.2	12.7
on 2 of 3 days	2.7	3.4	2.8	2.0	2.3	3.4	2.4	3.4	8. –	4.1	2.0
on all 3 of 3 days	0.8	1.7 *	0.7 *	* 6.0	0.2 *	* 8.0	0.4 *	1.0 *	* 4.0	2.0 *	* 6.0
Quantity consumed per eating occasion				:		7					,
(1 lalge = 40 g)) D	:				Ì
mean	92	54	65	98	70	93	71	06	75	80	99
SEM	2	က	က	10	က	4	က	4	က	7	က
5th percentile	33	* თ	38 *	41 *	;	41 *	24 *	38	33 *	34 *	31 *
10th percentile	38	21	38	43 *	38	46	38	43 *	38	38	38
25th percentile	42	38	42	29	43	74	42	77	42	42	38
50th percentile	77	42	29	78	77	85	75	85	77	77	42
75th percentile	85	77	80	97	84	102	85	93	85	85	77
90th percentile	127	85	98	171 *	* 68	143	127	137 *	112	125 *	85
95th percentile	146	* 46	127 *	;	110 *	169	137 *	157 *	139 *	179 *	103 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.071. Peanut Butter: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vear	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days	16.3	39.7	27.9	20.3	14.2	13.1	12.3	12.2	10.7	12.3	15.1
on 2 of 3 days	3.2	7.7	6.4	2.3	. w .v	2.6	2.8	2.0	1.6	2.5	2.7
on all 3 of 3 days	4.1	3.0	3.9	* 6.2	0.4 *	* 6.0	4 4.0	1.3	* 6.0	1.2	* 6.0
Quantity consumed per eating occasion						7					
(1 tablespoon = 16 g)	\ \ \					 					Ì
mean	27	22	24	36	27	38	27	32	22	30	20
SEM	_	-	-	4	2	က	2	2	2	က	-
5th percentile	2	v *	τυ *	12 *	*	* 01	τυ *	* ©	*	ب ال	ب ب
10th percentile	=	Ŋ	=	13 *	*	4	Ξ	1 3 *	က *	* -	2
25th percentile	16	15	16	16	14	16	5	15		4	91
50th percentile	23	16	19	31	30	30	19	30	16	56	16
75th percentile	32	29	31	40	31	45	31	35	31	35	59
90th percentile	47	32	32	* 09	43 *	62	44	* 19	43 *	47 *	31
95th percentile	62	£3 *	46 *	* 06	* 09	* 68	* 65	* 69	* 46	72 *	34 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Table 1.072. Coffee: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex				
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 					Î
at least once in 3 days on 1 of 3 days	48.0	0.4 * * 0.3	9.1	7.0	3.3	53.6 9.6	46.9 9.5	77.3	74.0	82.2	77.2
on 2 of 3 days	7.4	* *	* 0.1	1.7 *	2.9	11.8	8.6	10.6	0.6	7.4	10.0
on all 3 of 3 days	34.3	* 0.0	. 4.0	2.1	* 2.0	32.2	28.9	59.1	56.9	6.69	61.4
Quantity consumed per eating occasion						5					
	,					ת ס)
mean	380	198 *	* 602	* 662	332 *	432	385	413	382	346	313
SEM	9	× 82	_* 50	23 *	35 *	17	Ξ	13	14	∞	9
5th percentile	180	;	34 *	155 *	120 *	198	194	207	179	179	167
10th percentile	239	;	46 *	234 *	204 *	239	232	238	233	233	214
25th percentile	239	* 82	166 *	235 *	229 *	240	236	239	237	237	236
50th percentile	320	103 *	201 *	238 *	237 *	352	317	357	320	297	240
75th percentile	479	270 *	224 *	263 *	411 *	478	472	477	465	419	358
90th percentile	298		238 *	461 *	528 *	902	627	635	640	504	468
95th percentile	718		281 *	* 604	571 *	926	780	719	748	623	517

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.073. Coffee, With Caffeine: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	41.3	0.3 *	1.8	5.9	8.0	49.9	41.9	68.3	63.9	65.6	58.5
on 1 of 3 days	6.9	* * 0.3	* * 6. +	2.9	4.6	F. 6	φ o	9.7	10.1	5.7	8.1 7.2
on 2 of 3 days on all 3 of 3 days	27.5	* 0.0	0.0	. * 0. 6.	2.0 *	28.9	24.3	48.2	46.0	52.1	43.2
Quantity consumed per eating occasion (8 fluid ounces = 240 g)	V					6					Î
mean	391	117 *	205 *	307 *	334 *	438	393	420	389	359	325
SEM	7	27 *	+ 61	* 82	35 *	19	Ξ	15	15	∞	7
5th percentile	179	:	34 *	131 *	:	181	195	196	178	193	161
10th percentile	239	;	44	* 200	201 *	239	232	238	233	234	211
25th percentile	239	53 *	157 *	235 *	229 *	240	236	239	237	237	236
50th percentile	320	* 46	199	238 *	237 *	353	316	357	320	328	264
75th percentile	479	110 *	221 *	322 *	419 *	479	473	479	469	478	394
90th percentile	635	* 611	235 *	472 *	530 *	710	644	929	681	521	477
95th percentile	733	;	239 *	628 *	571 *	928	807	722	752	619	532

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

^{*} Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Table 1.074. Coffee, Decaffeinated: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (years)	rs) and sex				
		2-5	6-11	12	12-19	20	20-39	40	40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 % 					Î
at least once in 3 days	11.6	* * 100	* * #	1.3 *	* * 0.0	6.7	4.6	18.2	19.9	27.1	29.0
on 2 of 3 days	2.5	* 0.0	0.0	0.7 *	0.1 *	1.3	1.9	4.4	5.2	4.8	5.7
on all 3 of 3 days	0.9	* 0.0	* 1.0	* 4.0	* 0.0	3.0	3.5	9.0	9.1	16.1	17.5
Quantity consumed per eating occasion											
(8 fluid ounces = $240 g$)	Î					 6 					Î
mean	328	480 *	278 *	243 *	281 *	386	332	361	338	313	285
SEM	7	* 0	* 0	16 *	27 *	27	17	14	13	13	7
5th percentile	178	;	;	;	:	228 *	150 *	* 200	176 *	167 *	159
10th percentile	233	1	;	:	:	230 *	220 *	226 *	232	219	214
25th percentile	236	1	;	174 *	:	234	230	234	235	235	234
50th percentile	252	:	:	202 *	:	291	596	333	282	239	238
75th percentile	396	:	;	230 *	:	455	389	458	399	356	316
90th percentile	473	ţ	:	;	;	\$ 985	468 *	477 *	475	467	445
95th percentile	549	;	;	:	:	* 989	532 *	554 *	* 965	479 *	470

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.075. Tea: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Ĵ					 					Î
at least once in 3 days	33.7	13.5	18.2	24.7	32.5	33.1	38.3	37.7	43.8	36.6	43.1
on 2 of 3 days	9.1	4.3	5.1	4.5	7.9	9.5	11.6	11.0	11.8	7.2	10.8
on all 3 of 3 days	12.0	2.9	4.5	9.6	8.4	6.6	11.3	14.8	16.9	17.3	21.0
Quantity consumed per eating occasion	,										/
(8 fiuld ounces = 240 g)	V					 ਹ 					Ì
mean	351	190	255	449	329	424	335	422	329	334	304
SEM	7	14	12	46	16	17	တ	18	Ξ	16	9
5th percentile	120	* 04	110 *	:	177 *	122	142	168	148	* 86	129
10th percentile	180	107 *	123	139 *	506	204	207	208	196	167	177
25th percentile	239	119	198	238	234	239	239	268	236	239	237
50th percentile	311	180	236	421	288	360	311	367	280	300	240
75th percentile	459	229	303	479	410	479	404	477	392	406	360
90th percentile	538	319 *	361	* 008	472	719	479	719	480	510	469
95th percentile	719	359 *	459 *	847 *	538 *	923	628	¥ 882	594	278 *	537

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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Table 1.076. Soft Drinks: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 aı	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Å					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	65.3 22.0 19.6	48.2 23.4 13.8	62.5 28.0 22.7	80.2 19.1 28.0	78.9 19.7 27.0	78.1 21.1 20.7	75.5 23.4 23.0	66.1 21.6 18.4	65.3 24.1 17.9	42.9 19.3 12.0	38.8 17.3 12.1
Quantity consumed per eating occasion		<u>.</u>	=		2.20		7.67))	† 	<u>:</u>	r o
(12 fluid ounces, regular = 369 g)	, V					6				:	Î
mean	963	236	305	440	360	426	374	371	337	337	293
SEM 5th percentile	182	110	124	22 246	6 220	247	8 228	205	5 185	9 178 *	122
10th percentile	237	123	182	270	246	302	246	240	239	198	178
25th percentile	279	180	246	347	310	360	300	309	267	247	240
50th percentile	360	224	289	372	369	372	360	369	358	355	278
75th percentile	387	289	370	495	372	479	393	403	372	371	365
90th percentile	496	371	403	617	453	009	496	495	473	460	372
95th percentile	582	372	492	744	496	712	969	541	495	496 *	460

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.077. Soft Drinks, Not Diet. With Caffeine: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 					Î
at least once in 3 days on 1 of 3 days	42.0	30.1	45.9 26.5	64.5	62.5	58.3	46.6 20.9	40.9	31.7	18.2 8.3	16.6 9.3
on 2 of 3 days on all 3 of 3 days	12.2	8.1	13.0	23.0	17.3 18.5	16.1	14.9	10.5	9.1	5.9	3.1
Quantity consumed per eating occasion	V					5					Î
(6 200 – 000 (8)	, ;		1) D :	I.		i i	0	
mean . SEM	376 5	244 8	307 9	443 26	368 8	439 9	3/5 8	384 9	353	346 8	310 9
5th percentile	186	121 *	107	239	205	248	186	238	185	187 *	149 *
25th percentile	289	186	238	357	310	370	298	325	278	278	243
50th percentile	372	246	287	372	372	372	371	372	371	369	325
75th percentile	413	309	371	496	380	495	413	415	372	372	371
90th percentile	496	371	419	909	489	618	496	495	495	462 *	372
your percentile	666 666	3/5	489	/25	496	742	5/3	549	496	495	c 84

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Table 1.078. Soft Drinks, Not Diet, Caffeine-Free: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	18.8 12.2 4.8 1.7	19.7 11.8 5.5 2.4	22.5 13.9 6.0 2.5	31.6 18.6 10.1 3.0	25.4 16.8 6.4 *	22.0 15.9 5.0 1.1 *	20.7 14.1 4.6 2.0	15.7 10.2 4.3 1.2 *	12.6 7.2 4.1 1.2 *	11:2 7:8 2:0 * 1:5	10.9 6.5 3.0 1.4
Quantity consumed per eating occasion (12 fluid ounces = 369 g)	V					6 					Î
seM Sth percentile 10th percentile 25th percentile 50th percentile 75th percentile 90th percentile	345 6 124 185 248 368 372 494	231 14 69 * 100 * 185 240 277 370 *	298 153 * 139 * 208 247 371 395 *	427 233 * 245 * 308 371 492 739 *	327 12 132 * 163 * 244 371 372 416 *	408 17 240 * 244 348 372 445 596 874 *	348 10 181 229 248 371 372 469	355 16 124 * 186 * 248 371 372 492 *	326 14 150 * 183 * 245 346 372 454 * 539 *	329 24 158 * 185 * 193 347 372 489 * 571 *	279 15 103 * 123 * 196 244 365 372 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.079. Soft Drinks, Diet, With Caffeine: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	ທ ຜູ	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	1	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Darron of porconor licina						%					Î
refeeli of persons daing	,					 					
at least once in 3 days	15.3	8.4	6.1	8.6	18.4	14.6	22.0	19.3	24.3	10.7	10.6
on 1 of 3 days	7.9	3.5	9.4	4.8	9.5	6.1	9.5	10.8	13.4	7.3	დ. ი ი. ი
on 2 of 3 days	4.0	· ·	. w	3.4	0.7	3.4	5.9	4.1	5.6	Z. 8	G.5
on all 3 of 3 days	3.4	0.2 *	* 2.0	* 4.0	2.1	5.1	9.9	4.4	5.4	. 9.0	-
Quantity consumed per eating occasion											
(12 fluid ounces = 355 g)	\ V					6 					Î
mean	363	227 *	300	357 *	347	454	390	364	341	330	297
SEM	7	, 9I	16	* 81	16	22	13	12	7	9	ာ
5th percentile	180	101	139 *	213 *	161 *	242 *	229	202 *	188 *	154 *	179 *
10th percentile	238	116 *	178 *	222 *	191 *	312 *	238	230 *	238	[*] 200	179 *
25th percentile	299	179 *	180 *	252 *	267	357	330	329	298	238 *	222
50th percentile	329	183 *	356 *	358 *	329	328	329	328	358	355	276
75th percentile	360	283 *	359 *	360 *	360	418	369	382	360	359 *	328
90th percentile	479	:	360 *	477 *	477 *	633 *	479	478 *	475	423 *	379 *
95th percentile	553	:	401 *	518 *	510 *	912 *	719	* 664	478 *	463 *	438 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.080. Soft Drinks, Diet, Caffeine-Free: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	9.1	2.9	5.3	4.2 0.9	7.5	8.3 6.4	11.4	11.0	14.8	9.8 5.3	8.7
on 2 of 3 days on all 3 of 3 days	2.1	0.3 * *	0.6	0.7 *	1.7 * 0.4 *	2.7	1.9	2.2	3.2 4.2	1.8 *	1.7
Quantity consumed per eating occasion (12 fluid ounces = 355 g)	V					 d					Î
mean SEM	329 8	173 * 17 *	251 * 20	370 * 22 *	325 * 34 *	381	347	340	323	316 25	285
5th percentile 10th percentile	139	71 *	80 104 * * *	166 * 272 *	1 : 6	180 * 231 *	213 * 230 *	159 * 179 *	168 * 216 *	117 *	112 * 178 *
50th percentile 75th percentile	353 353 359	160 * 195 *	207 * 358 *	357 * 359 *	357 *	359 360	358 360 360	358 360	329 359	295 * 358 *	267 349
90th percentile 95th percentile	478 480	237 * 267 *	359 *	: :	397 * 478 *	508 * 711 *	478 * 480 *	453 * 475 *	475 * 479 *	419 * 458 *	370 * 476 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.081. Fruit Drinks: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					 % 					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	24.6 13.7 6.8	41.6 17.7 13.8	45.2 20.2 17.3	32.6 18.9 7.9	34.2 21.0 7.9	21.4 12.6 5.1	24.6 15.5 4.8	13.4 7.8 4.7	14.6 9.2 3.7	16.3 9.4 3.9	18.4 11.1 4.5
on all 3 of 3 days	4.1	10.1	7.7	5.8	5.3	3.7	4.2	* 6.0	1.8	3.0	2.8
Quantity consumed per eating occasion (8 fluid ounces = 248 g)	, V										Î
mean SEM	319 6	229	302	370	329	429	305	385 26	289	280	256
5th percentile	125	124	149	186 *	123 *	238 *	160	122 *	124 *	125 *	* 26
10th percentile	178	125	186	227	186	249	188	162	175	126 *	124
25th percentile 50th percentile	240 252	168 231	237	362	307	373	248 250	360	250	250	248
75th percentile	376	250	375	480	375	496	360	480	316	332	301
90th percentile	200	326	497	501	496	743	494	* 663	496	420 *	375
95th percentile	969	395	501	* 009	\$ 829	* 958	503	* 777	510 *	496 *	498 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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Table 1.082. Beer: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and	and	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
		200									
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Ĵ					 % 					Î
at least once in 3 days	11.1	* 0.0	* 0.0	1.1 *	1.4 *	28.2	9.4	25.4	8.5	10.8	2.8
on 1 of 3 days	5.8	* 0.0	* 0.0	* 8.0	0.4 *	14.4	6.2	11.1	4.3	2.0	2.5
on 2 of 3 days	3.3	* 0.0	* 0.0	0.3 *	* 0.0	8.2	2.3	9.3	3.2	2.8	0.1 *
on all 3 of 3 days	2.0	* 0.0	* 0.0	* 0.0	1.0 *	5.6	6.0	5.0	1.0 *	3.0	0.2 *
Quantity consumed per eating occasion											
(12 fluid ounces = $360 g$)	V					6 					Î
mean	655	;	;	* 773	* 969	782	287	624	470	477	394 *
SEM	25	;	;	* 77	102 *	51	25	36	34	59	* 18
5th percentile	225	;	;	:	36 *	318	159 *	308	:	249 *	;
10th percentile	320	i	;	;	117 *	346	229 *	331	* 602	337 *	:
25th percentile	355	i	;	;	361 *	356	341	344	303	353	233 *
50th percentile	465	1	:	\$88	520 *	529	404	445	343	359	325 *
75th percentile	716	;	;	* 989	* 679	871	829	707	654	479	356 *
90th percentile	1075	:	;	* 207	* 277	1449	* 866	1065	× 207	702 *	517 *
95th percentile	1718	:	;	714 *	828 *	2096	1430 *	1384 *	774 *	877 *	1

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Table 1.083. Wine: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	lo 9	Males and	Males	Females	Males	Females	Males	Females	Males	Males Females
			ובווומובס								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Doront of porcono						%					Î
reicelli of persons danig	/					2					
at least once in 3 days	5.8	* 1.0	0.3 *	0.5	1.0 *	8.9	7.7	8.6	9.6	7.0	5.9
on 1 of 3 days	3.8	v 1.0	0.3 *	* 5.0	1.0 *	5.5	5.5	4.9	6.1	3.9	3.1
on 2 of 3 days	1.2	* 0.0	* 0.0	* 0.0	* 0.0	*	1 .5	2.8	2.1	1.0	1 .8
on all 3 of 3 days	0.8	* 0.0	* 0.0	* 0.0	* 0.0	0.3 *	0.7 *	2.1	4. *	2.1	1.0 *
Quantity consumed per eating occasion											
(5 fluid ounces = 145 g)	\ \ \	į				6					Î
mean	197	* 61	5.	* 69	5 *	231	217	201	192	146 *	164
SEM	13	*	*	* 13	* თ	22	16	17	21	22 *	8
5th percentile	Ŋ	:	;	ŀ	;	4	:	* 9	* 62	:	<u>τ</u>
10th percentile	28	;	:	:	;	* 77	22 *	17 *	* 55	* က	54 *
25th percentile	116	;	;	:	:	111	142	116	92	* 64	105 *
50th percentile	172	;	:	;	;	* 602	174	173	168	113 *	149 *
75th percentile	230	;	;	;	:	245 *	276	231	224	202 *	201 *
90th percentile	344	;	;	ŀ	;	414 *	348 *	343 *	332 *	284 *	227 *
95th percentile	457	;	;	:	;	499 *	440 *	455 *	513 *	316 *	239 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.084. Soups: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic Al					•	tde (Vea	Ade (Vears) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	28.4 21.2 5.8 5.8	31.5 26.0 5.1 0.4 *	26.9 22.0 4.4 0.5 *	18.5 16.5 2.1 *	22.2 19.2 2.8 0.2 *	21.9 16.0 4.7	26.4 20.0 5.1 1.4	28.7 21.2 6.4 1.1 *	28.5 20.6 7.1	41.6 28.8 8.5 4.4	41.2 27.2 11.0 3.1
Quantity consumed per eating occasion (1 cup, chunky chicken noodle = 240 g)	V					6					Î
mean SEM	345 8	208	320	461	339	410	319	114	338	363	320
5th percentile 10th percentile	119	47 *	61 93	185 *	111 *	85 *	120	122 * 210	, 165 * 235	121	152
25th percentile 50th percentile	241	120	181	243	240	241	241	246	241	243	241
75th percentile 90th percentile	480 583	243	481	555	479	497	451	495	422	480	366
95th percentile	719	* 481	723 *	744 *	561 *	758	585	731 *	594 *	674 *	572

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.085. Potato Chips: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex				
		2-5	6-11	12-19		20	20-39		40-59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males F	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					 % 					Î
at least once in 3 days	18.7	25.4	25.5	28.1	24.9	23.4	18.8	16.3	13.4	0.8	7.9
on 2 of 3 days	. 4 5 +	6.1	7.3	5.3	5.1	5.8	3.5	4.9	1.9	* 8.0	0.7 *
on all 3 of 3 days	1.0	1.0 *	1.6	* 6.	2.4 *	1.6	* 5.0	4 2.1	* 9.0	0.3 *	0.3 *
Quantity consumed per eating occasion											
(10 medium = 20 g)	V					6 					Î
mean	40	56	34	52	41	51	35	90	37	28	59
SEM	2	4	က	9	4	4	2	2	4	വ	9
5th percentile	10	4	* თ	16 *	13 *	15 *	10	* ©	* 0	* ∞	* _
10th percentile	12	7	12	20 *	<u>수</u>	50	12	17 *	* OF	* တ	* Φ
25th percentile	20	10	50	27	24	52	50	50	16	17 *	9
50th percentile	28	17	56	28	28	40	58	53	51	* 6	50
75th percentile	43	27	36	22	43	22	41	25	33	* \$	28
90th percentile	84	29	26	122 *	* 85	66	22	103 *	* 48	40 _*	_* 92
95th percentile	111	109 *	* 58	153 *	106 *	128 *	82	*	122 *	_* 99	* \$2

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.086. Corn Chips: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vear	Age (vears) and sex	L			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over		and females	Males	Females	Males	Females Males	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					 					Î
at least once in 3 days	13.7	13.0	18.7	23.8	23.3	16.6	14.9	11.7	10.3	4.6	3.4
on 1 of 3 days	10.7	10.0	11.7	18.3	20.0	12.9	12.3	9.5	8.2	4.2	5.9
on 2 of 3 days	2.5	5.6	5.9	4.2	3.2	2.7	2.4	2.3	4.4	* 8.0	0.4 *
on all 3 of 3 days	0.5	* 4.0	÷ +	1.2 *	0.2 *	1.0 *	* 2.0	0.3 *	0.7 *	0.1 *	0.1 *
Quantity consumed per eating occasion											
(1 cup = 26 g)	ĵ					D					Î
mean	41	23	33	47	48	52	37	45	38	37 *	24 *
SEM	2	က	2	വ	9	4	က	9	2	* &	* က
5th percentile	8	ۍ *	*	15 *	* 6	13 *	* &	*	* 9	* &	* 9
10th percentile	13	٠ دع	13	20 *	16 *	18	10	12 *	* /	* o	* ∞
25th percentile	19	10	18	25	22	25	14	21	14	13 *	13 *
50th percentile	28	19	25	30	28	33	27	28	25	28 *	* 81
75th percentile	51	56	36	52	99	99	47	53	43	36 *	27 *
90th percentile	84	42 *	23	* 82	* 08	86	9/	* 58	* 69	* 07	* 38
95th percentile	113	* 19	* 77	132 *	143 *	114 *	105 *	* 86	117 *	* 66	48 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.087. Popcorn: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex				
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	11.4	11.1	13.5	14.9	12.7	9.0	12.9	13.8	12.9	7.8	6.5
on 1 of 3 days	9.4	10.1	12.6	12.9	11.3	7.1	10.9	10.4	9.7	6.6	4.6 4.4
on 2 or 3 days on all 3 of 3 days	0.3	0.4	* 0. #	0.2 *	* 0.0	* 0.0	0.4	* 9.0	0.3 *	0.2 *	0.5 *
Quantity consumed per eating occasion											
(1 cup unbuttered popcorn = 14 g)	V										Î
mean	36	18	27	37	32	48	34	20	38	37	28
SEM	2	2	2	4	2	9	2	4	က	വ	ന
5th percentile	7	* 4	4 /	*	4 *	* &	, /	16 *	* &	*	* /
10th percentile	12	ۍ *	10 *	14 *	*	12 *	=	* 61	14 *	* ∞	*
25th percentile	16	7	14	25	14	56	14	27	7	* 41	+ E
50th percentile	28	14	27	32	25	41	27	41	58	* 08	16
75th percentile	43	24	28	45	28	69	45	99	44	42 *	* 82
90th percentile	9/	28 *	47 *	\$ 25	71 *	* 98	71	91	× 17	* 08	ž6 *
95th percentile	91	41 *	54 *	* 62	91 *	* 26	* 06	* 86	94 *	* 68	73 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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Table 1.088. Prepared Mustard: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Î					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	23.4 18.1 4.4 0.9	16.5 14.3 1.9 *	21.8 17.9 3.3 0.6 *	30.5 20.5 8.7 1.4 *	27.9 20.6 6.2 1.1 *	28.7 20.8 6.9 1.1	22.2 17.6 3.8 0.8 *	27.0 19.5 5.9 1.6 *	23.8 20.6 2.7 0.4 *	19.7 15.7 3.2 0.9	14.5 11.8 2.2 0.5 *
Quantity consumed per eating occasion (1 teaspoon = 5 g)	V					6					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 90th percentile	28 # C C C C C # 8	V 01 + + 0 10 10 + + 1	V 5 4 5 V 4 6 1 *	10 4 4 2 4 7 7 7 13 13 14 8 4 8 4 8 4 8 1 8 1 8 1 8 1 8 1 8 1	∞ + α α α α α α α α α α α α α α α α α α	10 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	r # 0 0 4 v o v o	11 2 * 2 6 5 15 23 * * 30 * *		8 2 4 5 0 5 7 7	٢ * * م م م م د ه

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.089. Tomato Catsup: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 aı	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ \					 					Î
at least once in 3 days	27.0	40.6	41.4	43.0	38.2	34.6	25.7	16.8	15.4	11.8	8.2
on 2 of 3 days	20.0	8.9	6.0	8.6	8.8	5.0	4.2	4.5	2.3	* 6.0	1.6
on all 3 of 3 days	\.	<u>-</u>	. 4.	<u>o</u> .	_ 1	<u>-</u>	5.	9	-	5.0	ŧ
Quantity consumed per eating occasion (1 tablespoon = 17 q)	V					 0 					Î
			!	,					ć	1	,
mean	19	16	14	50	<u>∞</u> c	55	9 +	ες	200	<u> </u>	<u> </u>
SEM Sthoopproprie	– w	N 0	- ru	- ru *	v '9	- 10	- 0	1 4	*	1 4	- 4
10th percentile	9 9	၂က	വ	9	9	9	9	9	9	τυ *	* 4
25th percentile	7	9	7	=	7	6	7	∞	9	7	S
50th percentile	14	6	=	16	13	14	12	17	=	12	6
75th percentile	21	17	17	21	19	34	17	34	17	17	17
90th percentile	34	34	34	34	34	40	34	51	33	34	34
95th percentile	51	45 *	20	* 09	52 *	64	42	* 89	* 89	34 *	34 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.090. Total Soy-Based Sauces: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vear	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and and females females	and females	Males	Females Males		Females Males	Males	Females	Males Females	-emales
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 -					Î
at least once in 3 days	16.2	21.0	20.1	15.7	18.7	18.8	16.9	14.5	15.0	11.0	9.5
on 1 of 3 days	13.3	16.9	17.1	13.2	14.5	15.3	14.3	11.2	11.9	9.8	8.0
on 2 of 3 days	2.6	3.5	3.0	2.4 *	4.2	3.2	2.3	3.1	2.9	* 8.0	* 6.0
on all 3 of 3 days	0.2	* 9.0	* 0.0	* 0.0	* 0.0	0.2 *	0.3 *	0.2 *	0.3 *	.04	0.2 *
Quantity consumed per eating occasion											
(1 teaspoon = 5 g)	\ \ '										Î
mean	8	4	က	2	10 *	12	10	ω	ω	ω	<u></u>
SEM	-	-	*		4 4	8		-	-	-	-
5th percentile	#	*	1	*	*	*	*	*	*	*	*
10th percentile	-	*	#	*	*	-	,	*	*	*	*
25th percentile	_	-	-	-	-	7	_	2	-	2	-
50th percentile	က	v -	-	2	2	7	4	2	4	က	က
75th percentile	10	4	က	4	ა	18	10	Ξ	12	Ξ	7
90th percentile	24	13 *	6	13 *	* 92	34	56	19	18 *	* 12	24 *
95th percentile	34	22 *	13 *	* 12	* 89	36 *	40 *	* 62	30 *	* 38	30 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.091. Cucumber Pickles: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	1	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	24.5	19.8	27.7	30.5	29.1	33.1	23.5	28.2	20.0	15.6	13.5
on 1 of 3 days on 2 of 3 davs	19.7 4.1	18.0	23.4	22.7 6.6	22.3 5.8	25.0	20.3 2.7	21.1 6.5	16.5 2.3	12.7	11.5
on all 3 of 3 days	0.7	0.4 *	0.3 *	1.2	* +:-	*	0.5 *	* 9.0	1.2	0.4 *	. 7.0
Quantity consumed per eating occasion						ŧ					
(1 medium = 65 g)	\ \ \					 					Ì
mean	22	=	15	21	18	22	20	30	26	35	27
SEM	-	-	-	က	7	2	2		က	7	က
5th percentile	2	*	* 9	* 9	* თ	9	2	* 9	* က	*	ۍ *
10th percentile	9	* თ	9	* 9	9	7	9	9	9	* 9	9
25th percentile	7	9	9	6	9	-	9	12	10	7	10
50th percentile	13	9	7	14	=	14	13	15	15	15	15
75th percentile	21	7	15	18	15	22	15	32	58	31	35
90th percentile	40	27 *	30	* 62	31	31	37	99	62	75 *	61
95th percentile	73	36 ×	22 *	* 69	* 17	61	63	* 88	106 *	132 *	* 83

^{*} Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.092. Fluid Cream: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and and females females	and females	Males	Females Males	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 -					Î
at least once in 3 days	6.2	* 8.0	* 8.0	2.0	3.0	9.3	6.7	10.1	7.2	9.2	0.9
on 1 of 3 days	3.7	* 8.0	0.7 *	1.4 *	3.0	5.6	4.3	5.3	4.0	4.5	2.8
on 2 of 3 days	1.2	* 0.0	0.1 *	.10	* #	2.5	<u>+</u> .3	2.0	1.0 *	2.1 *	* 8.0
on all 3 of 3 days	1.4	* 0.0	* 0.0	0.5 *	* 0.0	1.3	1.0	2.7	2.2	5.6	2.3
Quantity consumed per eating occasion											
(1 tablespoon = 15 g)	ì					 6 					Î
mean	32	* 81	34 *	21 *	26 *	35	30	27	29	37	39
SEM	2	*	2 *	. 2	12 *	4	4	2	9	6	∞
5th percentile	2	;	15 *	:	;	* m	2 *	;	4 4	* 9	* 4
10th percentile	2	;	16 *	* ღ	* 4	*	* 4	* /	τυ *	* /	, 9
25th percentile	13	;	20 *	* 9	£	13	10	13	13	10 *	10
50th percentile	23	;	27 *	15 *	15 *	29	20	56	50	+ 5	15
75th percentile	30	;	33 *	25 *	;	33	40	36	30	39	45
90th percentile	09	;	* 68	30	;	63 *	* 09	45 *	* 09	101	_* 6/
95th percentile	78	;	;	;	;	* 6/	* 09	* 09	* 89	;	136 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.093. Powdered Cream Substitute: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	50	20-39		40-59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Î					 - -					Î
at least once in 3 days		0.3 *	*	1.2 *	0.3 *	7.9	9.8	8.0	9.4	7.3	9.1
on 1 of 3 days	2.2	v × 0.0	* *	± 5.5	0.3	3.6	3.1	3.6	2.6	¥ ,	2.1
on 2 of 3 days on all 3 of 3 davs	2.6 4.0	0.0	, , 0.0 0.0	. * O.0 *	, , 0.0 0.0	1.5 2.8	2 Z 9 9	2. .	4.2 4.3	, L.L 4.6	5. 8. 5. 8.
Quantity consumed per eating occasion						;					
(1 teaspoon = 2 g)	\ \ V					6 					Î
mean	2	* က	* က	, 2	* 2	4	5	2	4	ۍ پ	ß
SEM	#	*	*	*	*	-	#	-	-	*	-
5th percentile	-	;	;		;	*	* 2	* 2	*	*	*
10th percentile	2	1	1	1	;	*	* 2	*	, 2	*	* 8
25th percentile	2	;	:	1	;	2	2	2	2	2	2
50th percentile	က	;	;	;	;	က	က	4	2	က	က
75th percentile	2	:	:	;	;	9	9	9	ე	വ	4
90th percentile	∞	;	;	;	;	*	* 6	* ©	* 0 !	* 9	* ©
95th percentile	12	:	:	:	:	. 12 *	12 *	* -	12 *	10	12 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.094. Margarine, All Types: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	ان يا	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	48.9 25.3 14.0	46.6 25.1 14.7	45.7 26.8 14.8	24.3 24.1 11.3	42.5 29.0 11.4	43.0 27.4 9.7	44.8 24.7 13.2	51.3 25.8 14.4	52.8 25.8 14.5	61.3 20.6 19.1	60.6 22.5 19.4
on all 3 of 3 days	9.6	8.9	4.1	8.9	2.2 *	0.9	6.9	11.0	12.6	21.6	18.6
Quantity consumed per eating occasion (1 teaspoon = 5 g)	Ĵ					Б 					Î
mean SEM	4 #	∞ 	=-	16	- -	16	- -	15	0 #	- -	o #
5th percentile 10th percentile	0 4	- 2	0 4	ω 4 ,		44	0 4	w 4	0 m	2 5	0 S
25th percentile 50th percentile	က တ	4 ro	ഗര	7 2	ഗര	7 2	ഗര	V 1	യവ	ഗ ത	2 /
75th percentile 90th percentile	14 28	0 4	14	31	14	22	14 28	21	14	14 24	11 7
95th percentile	59	56	28	42 *	* 82	36	59	32	58	28	58

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.095. Margarine, Stick: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	L			
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ \					%					Î
at least once in 3 days on 1 of 3 days	28.5 16.6 7.2	28.3 16.9 6.9	25.3 16.1	28.1 18.5 5.8	22.3 16.2 5.1	26.0	25.8 15.5 7.0	29.3	29.9 15.5 7.8	37.6 17.0 9.4	35.9
on all 3 of 3 days	i 8.	4.5	3.0	3.8	1.0 *	3.0	3.3	5.0	9.9	11.2	8.4
Quantity consumed per eating occasion						i					,
(1 teaspoon = 5 g)	V					 					Î
mean	12	ω	10	14	6	15	Ξ	15	11	=======================================	10
SEM	#	_	-	-	-	-	#	-	-		-
5th percentile	2	* 2	* 2	5	*	4	2	* თ	2	* CJ	8
10th percentile	4	5	က	* က	* က	4	က	4	4	വ	က
25th percentile	2	4	4	2	4	9	വ	9	2	വ	ഹ
50th percentile	တ	2	7	6	7	12	∞	14	0	တ	7
75th percentile	14	6	14	15	14	23	14	21	14	14	12
90th percentile	28	14	22	* 82	17 *	58	27	28	58		10
95th percentile	28	24 *	28 *	40 *	28 *	32	28	35 *	28	* 88	28

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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Table 1.096. Margarine, Soft: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males		Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					 % 					Î
at least once in 3 days	14.0	10.6	14.5	11.9	10.8	12.6	12.7	16.0	16.1	18.5	15.3
on 1 of 3 days	6. 4 1. 4	5. 5. 5. 5.	5.6	0. 4	3.4	3.2	3.2	9. W.	6.4 9.9	5.6	3.8
on all 3 of 3 days	2.1	*	* 9.0	2.1 *	* 7.0	* 8.0	1.3	3.6	2.5	5.1	4.1
Quantity consumed per eating occasion						5					Î
(1 teaspoon = 5 g)	V) D)					
mean	12	10	1	18	10	16	Ŧ	15	10	7	6
SEM	-	2	-	က	-	2	-	-	-	-	-
5th percentile	2	*	* က	* က	4	4	* 4	* 7	\$ 2	* (V	. 2
10th percentile	2	* 2	* က	4	* 4	4	4	4	က	* 4	4
25th percentile	2	4	4	* o	വ	∞	2	9	4	2	വ
50th percentile	o	7	6	14 *	6	12	6	14	7	∞	9
75th percentile	14	13	13	23 *	14	17	14	21	<u>t</u>	14	12
90th percentile	28	:	16 *	36	*	28	21	* 82	19	_* 50	14
95th percentile	28	1	27 *	41 *	20 *	46 *	28 *	33 *	* 82	28 *	19 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.097. Margarine, Spreads: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic						- 0					
Statistic		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
	All individuals age 2 and over	•	Males	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
		lemales	lemales								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Dercent of persons Hsing	V					%					Î
Percent of persons assume	,					!					
at least once in 3 days	10.5	10.0	8.8	8.2	11.5	8.0	10.3	10.5	10.6	13.0	15.5
on 1 of 3 days	9.9	8.9	8.9	6.5	9.7	2.7	6.9	6.7	9.9	5.4	6.5
on 2 of 3 days	2.4	2.4	4.8	0.7 *	1.6 *	1.0	2.5	2.7	2.5	4.8	4.8
on all 3 of 3 days	1.4	* 8.0	0.2 *	*	0.2 *	1.2	6.0	1.0 *		2.8	4.2
Quantity consumed per eating occasion											
(1 teaspoon = 5 g)	, ,					 6 					Î
mean	12	S	12	20 *	14	15	13	15	O	12	6
NEW S	-	-	2	* თ	2	-	2	က	_	-	#
5th percentile	2	;	က *	. 7	ۍ پ	, 2	*	*	*		, 2
10th percentile	4	\$	ب ب	* თ	က *	4	က	* က	*	ۍ *	7
25th percentile	2	2	2	10 *	υ *	9	ß	4	ည	2	2
50th percentile	10	ည	10	14 *	13 *	9	7	თ	7	တ	7
75th percentile	14	9	14	27 *	15 *	58	- 15	14	9	14	9
90th percentile	59	* O	;	* 62	23 *	, 50	27	[*] 62	15 *	* 12	14
95th percentile	29	13 *	:	43 *	28 *	35 *	* 82	* 28 *	* 82	* 08	56 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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Table 1.098. Butter: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ										Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	20.0 12.6 4.9 2.5	16.9 10.5 5.1 *	20.7 13.1 6.1 1.5 *	17.6 13.5 3.4 0.7 *	17.9 12.2 4.7 *	20.7 12.8 5.9 2.1	18.4 11.8 3.8 2.7	23.9 14.7 5.7 3.5	20.1 12.6 4.4 3.2	20.8 13.0 4.0 3.9	20.4 11.7 4.7 4.0
Quantity consumed per eating occasion (1 teaspoon = 5 g)	ļ					 6 					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 95th percentile	13 28 30 30 41 30	V 0 0 0 0 7 0 * * * * * *	11	7 7 7 7 7 7 8 8 8 8 8 8 8 8 8 8 8 8 8 8	<u>ω</u> υ 4 4 τυ ∞ τυ α ο υ π α ο υ * *	21 + 0 + 1 + 2 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	27 - 0 ω ω φ 8 8 * * * * * * *	4	11	τι ε ε ε ε ε ε ε ε ε ε ε ε ε ε ε ε ε ε ε	27 - 20 00 7 50 50 50 50 50 50 50 50 50 50 50 50 50

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.099. Pourable Salad Dressing: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	S S	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					 					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	31.9 22.0 8.0 1.9	11.7 9.1 2.1 * 0.6 *	23.9 17.9 5.8 0.3	27.3 20.1 7.1	24.1 17.4 6.2 0.5	29.8 20.4 8.0 1.4	33.3 22.7 8.7 1.9	43.2 30.2 9.7 3.4	40.7 26.4 11.6 2.7	36.4 25.9 7.5 3.1	35.6 23.0 8.9 3.7
Quantity consumed per eating occasion (1 tablespoon Italian = 15 g)	>					 6 					Î
mean	35	5 0	27	36	38	44	34	39	34	35	28
5th percentile	7	1 4	. rv	*) တ	· τυ *	1 5	. თ	9	· - 우	101	. rv
10th percentile	12	ب *	<u></u> ත	15 *	13 *	15	12	14	ਨ	12	5
25th percentile	16	9	14	9	45	56	16	24	16	16	ਨ
50th percentile	30	12	16	31	31	35	30	3	59	59	24
75th percentile	45	15	34	45	46	61	45	47	44	44	<u>m</u>
90th percentile	62	31	47	* 62	* 77	83	62	62	62	62	48
95th percentile	81	45 *	* 62	* 62	* 88	110	89	* 98	89	* 17	62

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.100. Mayonnaise: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V			:		%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	28.8 20.5 6.6 1.6	18.0 14.7 2.2 1.1 *	24.0 18.9 4.6 0.5 *	31.1 19.3 9.9 1.9 *	32.3 25.5 6.3 *	36.8 25.2 9.5 2.0	29.1 20.5 6.4 2.2	33.6 21.7 9.3 2.6	26.7 19.7 5.6 1.4 *	23.4 17.6 4.1 1.7 *	24.5 17.6 5.6 1.3
Quantity consumed per eating occasion (1 tablespoon = 14 g)	V					b 					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 95th percentile	13 28 28 28 28	11 - 2 2 4 9 6 1 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	0 + 2 c c c 6 + 6 c c 7 c c 6 + 7 c c 6 c 6 c 6 c 6 c 6 c 6 c 6 c 6 c 6	4 - c c c c c c c c c c c c c c c c c c	11 - 2 2 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	16 5 5 9 14 28 28 28	21 20 10 20 20 20 20 20 20 20 20 20 20 20 20 20	4 5 6 6 7 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	27 - E	13 4 4 4 7 7 7 7 7 8 8 8 8 8 8 8 8 8 8 8 8	15 + 10 10 14 26 * 72

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.101. Mayonnaise-Type Dressing: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	lo s	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488		1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	10.8	5	11.9	15.0	13.7	13.0	12.0	10.6	හ ර	8.	6.7
on 1 of 3 days	8.3	5.1	10.0	10.3	11.3	10.1	9.1	8.0	7.0	6.1	5.3
on 2 of 3 days	2.0	* 5.0	1.4 *	4.1	2.4 *	2.3	2.7	1.9	2.1	± 8.T	1.3
on all 3 of 3 days	0.4	0.1 *	0.5 *	0.7 *	* 0.0	* 9.0	0.2 *	0.7 *	0.7 *	* 8.0	* 1.0
Quantity consumed per eating occasion											
(1 tablespoon = 15 g)	V					р Г					Î
mean	15	*	4	20	12	16	14	17	12	14	Ξ
SEM	-	\$ 2	2	က	_	-	-	2	-	-	-
5th percentile	က	:	4	4	* က	* 4	* က	* က	*	* 2	ì
10th percentile	2	ۍ *	* 4	* 4	ۍ *	S	2	4	*	*	* V
25th percentile	S	ۍ *	S	∞	വ	S	Ŋ	വ	വ	* o	ıc.
50th percentile	13	* _	12	12	9	13	=	14	12	*	12
75th percentile	. 15	13 *	15	28	15	19	15	17	4	15 *	4
90th percentile	29	24 *	_* 92	41*	* 20	30	53	* 62	15 *	* 92	÷
95th percentile	39	:	58	* 69	25 *	42 *	43 *	* 38	* 62	* 62	23 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.102. Gravy: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males remales
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					- % -					Â
at least once in 3 days	12.0	10.7	10.9	11.3	11.7	12.1	11.8	14.7	6.6	14.1	13.3
on 1 of 3 days	10.7	* * *	9.4	10.7	10.1	10.9	11.0	12.6	9.5	11.0	0. 1. 0. 1.
on 2 of 3 days on all 3 of 3 days	0.1 0.1			* 0.0 0.0	* 0.0 -	0	* 0 #	* 0.0	* - * O	6.3 0.2 *	0.1
Quantity consumed per eating occasion	,					5					/
(1/4 cup = 59 g)	V					D					Ì
mean	78	51	28	66	74	108	73	82	65	87	63
SEM	က	0	7	9	6	F	2	9	7	7	വ
5th percentile	15	ۍ *	15	13 *	* 2	15 *	15 *	15 *	15 *	15 *	13 *
10th percentile	15	* 9	15 *	30	15 *	24	22	30	15 *	15 *	14
25th percentile	30	15	27	22	30	37	30	30	30	30	30
50th percentile	28	30	22	102	22	86	22	26	22	29	22
75th percentile	117	28	09	116	110	120	11	117	26	109	84
90th percentile	126	113 *	114 *	143 *	116 *	224	118	167 *	116 *	172 *	117
95th percentile	234	116 *	117 *	205	117 *	232 *	141 *	220 *	142 *	212 *	118 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.103. Syrup: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						vde (vear	Age (vears) and sex				
		2-5	6-11	12-19		20-	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	၂လ လ	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\vert \					 					Î
at least once in 3 days	11.4	19.9	19.3	19.2	13.3	10.4	9.6	8.7	7.3	10.5	7.2
on 1 of 3 days on 2 of 3 days	10.0	16.9 2.7	16.3 2.5	16.6	c: F 4. 6. F	* 8. 0. 0.	0.7 *	5. T	6.9 8.0 8.0 9.0	- 0. * *	0.7
on all 3 of 3 days	0.3	.0.3	0.5 *	* 9.0	0.5 *	0.3 *	0.2 *	0.1	* 0.0	0.5 *	0.5 *
Quantity consumed per eating occasion	,					5					Î
(1 tablespoon = 20 g)	V					ີ ກ					
mean	89	44	49	108	72	87	22	88	26	77	22
SEM	2	2	4	17	9	9	4	15	4	ω	2
5th percentile	10	4	* თ	± 8	13 *	16 *	ى *	16 *	17 *	* 20	12 *
10th percentile	20	* 9	14	30 *	14 *	_* 50	7	_* 50	* 6	* 20	17 *
25th percentile	35	50	50	36	33	33	18	36	36	30	56
50th percentile	27	36	33	77	09	73	36	72	41	09	4
75th percentile	79	29	74	123	8	104	71	110	73	100	79
90th percentile	137	* 18	79	220 *	134 *	152 *	116	160	* 62	150 *	104 *
95th percentile	157	104	104 *	257 *	147 *	230 *	137 *	242 *	* 96	162 *	128 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.104. Sugar: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 al	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	39.2	29.6	36.4	33.0	35.3	42.5	39.7	43.3	38.7	45.4	39.3
on 2 of 3 days on all 3 of 3 days	9.8	8.2	12.1	9.6 9.3	11.1	11.3	10.4	11.4	6.8	8.6	7.4
Quantity consumed per eating occasion (1 teaspoon granulated = 4 g)	V					 6 					^
mean	15	o +	<u>.</u>	21	19 6	20	16	16	27 -	42	- -
SENI 5th percentile	- ന ·	* (- ന ·	*	, 4 -	4 4	· m -	4 4	. 01 -	ო ₹	0,0
10th percentile 25th percentile	4 ro	N W	4 4	ကယ	4 /	4 00	4 ი	4 0	4 4	4 rv	n 4
50th percentile	80	9	6	10	12	# !	o (6	ω (ω (L 7
75th percentile	18 34	= %	16 26	6 25	25 43	22	19	S &	73 78 78	23	24
95th percentile	50	25 *	34	* 89	\$ 25	29	51	47	39	33	33

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.105. Candy Containing Chocolate: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Nge (Vear	Age (vears) and sex				
		2-5	6-11	12-19		20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and	Males and	Males	Females	Males	Females Males	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Doront of possons listing						%					\
reiceil of persons using	,					2					•
at least once in 3 days	12.8	12.7	16.7	17.8	13.0	12.2	15.7	2.6	11.1	9.5	10.0
on 1 of 3 days	6.3	10.7	12.4	12.2	6.6	9.1	10.7	7.1	0.6	6.5	6.5
on 2 of 3 days	2.9	* &:	3.7	3.7	2.7 *	2.2	4.4	2.2	9.	2.4	(C)
on all 3 of 3 days	9.0	0.5 *	0.5 *	2.0 *	* 4.0	* 6.0	* 9.0	* 5.0	* 4.0	* 4.0	*
Quantity consumed per eating occasion											
(1 ounce = 28 g)	\ \ \					6					
mean	46	35	41	29	45	54	44	20	20	42	36
NEW SEE	2	9	4	2	4	က	4	S.	က	က	က
5th percentile	80	* 9	* 9	14 *	* 6	13 *	* &	:	-	12 *	* &
10th percentile	14	* /	13 *	21 *	* #	21	=	* /	* 6 -	15 *	* -
25th percentile	23	15	21	36	21	35	50	21	30	27 *	1
50th percentile	41	53	36	20	41	45	38	43	45	35 *	30
75th percentile	22	47	23	9/	54	22	24	22	22	[*] 99	49
90th percentile	82	* 69	78 *	114 *	* 84	90	66	* 58	* \$8	* 63	ę1 •
95th percentile	113	:	105 *	118 *	* 96	125 *	113 *	113 *	113 *	* 48	* 17

^{*} Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.106. Candy Not Containing Chocolate: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 aı	60 and older
Statistic	All individuals	Males	Males						1	4	
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	remales	Males	Males remales
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	, ,					 %					Î
at least once in 3 days	8.3	19.8	17.3	10.3	9.2	5.5	8.1	4.0	5.5	3.8	5.6 3.9
on 2 of 3 days	1.6	6.7	4.8	* -	2.4 *	0.3 *	1.5	0.3 *	* * 10.0	* *	* * *
on all 3 of 3 days	0.3	*	* 6.0	0.1	0.1	* #=	0.2	1.0	c.0	8.0	0.0
Quantity consumed per eating occasion	,					į					Î
(1 ounce = 28 g)	V					n 					
mean	32	34	33	47 *	34 *	34	28	37 *	27	32 *	23
SEM	2	9	က	*	ν *	വ	က	∞ .	ന '	k γ	27
5th percentile	4	4	* 7	* O	4	4	ω *	, v	* + က ၊	* /	ب د د
10th percentile	9	*	2	*	* 9	*	* •	* 9	κ ω	* ග	9
25th percentile	12	14	5	18	15 *	9	9	*	7	4	*
50th percentile	23	21	24	48	22 *	58	17	23 *	22	23 *	48
75th percentile	45	31	20	* 75	37 *	43	36	* 55	36	* 40	34 *
90th percentile	61	51 *	09	102 *	* 58	* 62	57 *	* 48	57 *	* 15	42 *
95th percentile	85	* 99	* 08	103 *	* 96	* 76	* 68	* 68	* 02	;	54 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.107. Jelly, Jams, Preserves, and Marmalades: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12-19		20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	20.5	34.0	29.8	16.1	14.5	16.7	16.3	17.4	15.9	13.8	25.6 14.3
on 2 of 3 days on all 3 of 3 days	4.8 2.2	10.4	3.5	3.9	0.4	1.2 *	1.0	2.5 2.5	2.6	5.9	4.3
Quantity consumed per eating occasion (1 tablespoon jam = 20 g)	V					p 					Î
mean	20	16	50	56	20	27	18	24	18	20	18
SEM	-	-	-	2	2	2	-	5	-	-	-
5th percentile	9	4	* 9	ŀ	* က	* 9	* 9	* · •	* 4	* က (* က (
10th percentile	9	9	9	* ©	* 'O	7	9	* _ !	9	9 (ဖ ၊
25th percentile	10	9	12	12	=	1 3	_	1 3	တ	9	_
50th percentile	19	13	19	20	10	19	17	50	13	19	16
75th percentile	27	19	56	37	50	38	20	34	50	2	20
90th percentile	38	36	38	45 *	34 *	26	36	40	33	38	32
95th percentile	40	* 38	* 38	* 95	37 *	74 *	* 68	55	* 04	* 40	* 88 80

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.001. Total Yeast Bread: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Š					%-		ŀ			Î
at least once in 3 days	96.9	97.4	\$ 6.86 9.7	98.6 *	96.9	96.9	96.6	97.2	95.2	96.2	96.2
on 2 of 3 days	29.2	32.1	30.1	26.7	38.4	26.9	31.4	30.4	29.3	21.0	26.9
on all 3 of 3 days	56.6	56.5	59.1	60.1	47.3	59.4	50.2	28.8	52.1	67.5	60.2
Quantity consumed in a day											,
(1 slice = 26 g)	\ \ \					 					Î
mean	72	20	64	90	99	92	99	82	63	92	61
SEM	_	2	2	4	2	2	-	2	2	က	67
5th percentile	13	9	15	24	14	14	10	14	=	10	13
10th percentile	24	13	25	35	24	30	24	26	24	25	24
25th percentile	43	26	43	51	42	52	43	48	40	48	34
50th percentile	55	48	52	74	52	78	52	29	25	28	52
75th percentile	26	64	83	121	83	116	88	107	98	66	80
90th percentile	134	96	107	165	115	175	121	156	110	146	106
95th percentile	163	118	126	191	138	213	151	184	134	174	131

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.002. Total White Bread: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	90.1	91.6	94.0	96.0	93.5	91.7	89.1	90.6	86.5	88.5	84.2 21.8
on 2 of 3 days on all 3 of 3 days	31.8	30.3 44.0	33.4 45.6	30.7	38.1 37.7	30.8 43.2	31.5 35.2	35.7 36.3	31.4 31.2	27.4 37.5	30.1 32.3
Quantity consumed in a day	V					[Î
(1 200 - 20 3)	/					ח	:				
mean	65	46	61	84	99	80	61	73	28	61	20
SEM	-	2	2	က	2	2	-	က	7	2	-
5th percentile	7	4	6	14	80	80	7	7	9	9	9
10th percentile	14	9	23	56	24	23	17	14	10	6	6
25th percentile	37	24	42	48	43	48	40	40	56	34	24
50th percentile	52	43	25	69	25	61	52	26	25	25	48
75th percentile	98	09	8	114	83	104	80	102	77	81	89
90th percentile	125	92	104	155	117	155	109	155	108	114	96
95th percentile	155	106	125	186	138	184	135	176	130	154	109

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.003. Total Whole Grain and "Wheat" Bread: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over		and	Males	Females	Males	Females	Males	Females	Males	Males Females
	4 400		4 470	040	670	1 503	0 0 0	004	1 305	788	1 453
Number in sample	11,460	040	7/1,1	0	7/0	500,-	2,042	- 00	50,	ò	2
paint advance for the paint						%					Î
reicein of persons daing	,					2					
at least once in 3 days	38.7	30.9	29.8	24.0	24.6	36.7	38.6	45.0	42.0	52.2	52.5
on 1 of 3 days	16.9	12.9	14.3	14.8	10.4	17.8	20.0	20.8	16.9	17.0	15.6
on 2 of 3 days	11.9	13.2	7.5	4.3	11.6	10.3	12.2	12.5	13.3	14.4	17.3
on all 3 of 3 days	10.0	4.9	8.0	4.9	2.6 *	8.6	6.3	11.7	11.8	20.8	19.6
Quantity consumed in a day											
(1 slice = 26 g)	ļ					6					Î
	9	ţ	7	63	52	67	7,2	64	7	69	50
mean	oc ·	1	20	20.	30	6	3 '	5 (5 7	1 0) 1
SEM	-	7	7	4	N	2	-	n	-	N	- ;
5th percentile	23	13 *	* 23	24 *	23 *	25	23	25	21	23	23
10th percentile	56	17	24	* 52	_* 56	56	56	27	23	25	23
25th percentile	38	22	35	43	37	47	38	46	28	46	26
50th percentile	51	36	20	20	49	51	20	51	48	21	20
75th percentile	58	51	25	72	51	88	52	78	99	77	52
90th percentile	101	99	78	104	* 06	113	6	104	95	102	80
95th percentile	109	* 77	100 *	129 *	* 66	153	104	121	100	123	101

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.004. Biscuits: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 aı	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Ŷ					%					Î
at least once in 3 days	12.4	10.2	14.8	10.8	12.8	11.5	11.7	13.9	11.3	16.3	11.6
on 1 of 3 days	9.5	8.4 + 5.+	12.0	9.1 1.2	10.3 *	8.0 8.0 8.0	9.1 2.2	9.3 3.1	8.6 4.2	10.9 3.0	9.2
on all 3 of 3 days	0.7	0.2 *	0.3	0.5 *	0.3 *	* 8.0	* 6.0	± 5.5.	* 4.0	2.4	* 8.0
Quantity consumed in a day	,					7					ĺ
(1 medium = 30 g)	\ \ V					ე ე					
mean	58	35	48	* 69	49	9/	51	20	53	89	51
SEM	2	4	က	10 *	4	2	က	∞	4	4	4
5th percentile	19	;	12 *	28 *	19 *	* 62	15 *	* 82	14 *	20 *	;
10th percentile	28	15 *	16 *	* 62	19 *	32	28	* 62	* 71	27 *	19 *
25th percentile	30	* 8	29	37 *	53	26	30	36	30	37	59
50th percentile	26	30 *	38	* 75	38	64	38	28	38	09	37
75th percentile	65	35 *	29	* 99	61	88	62	75	62	75	62
90th percentile	114	64 *	e3 *	124 *	74 *	124	82	125 *	100	120 *	* 78
95th percentile	126	;	* 48	188 *	113 *	147 *	122 *	155 *	127 *	141	1 33

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.005, Tortillas: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					% -					Î
at least once in 3 days on 1 of 3 days	15.5	17.3	22.7	16.9	21.6	20.5	17.9	13.3	11.3	5.3	4.4 4.4
on 2 of 3 days on all 3 of 3 days	2.7	3.8 0.8 8.0	3.7	2.0 *	3.6	4.2	1.0	1.3 *	1.9	1.3 *	0.5 *
Quantity consumed in a day											
(1 7-inch round corn tortilla = 25 g)	\ \ \					 6 					Î
mean	09	32	41	22	48	87	52	81	57	* 68	49 *
SEM	က	4	က	/	4	7	2 ;	∞ (9 9	16 *	× •
5th percentile	12	* * *	, 12 ,	; 0		20 2	2 1	* * & c	12 t	* 70	10 * 61
25th percentile	-13 26	7 2	17	26	24	36	24	39	30 6	29 *	13 *
50th percentile	42	23	31	42	33	61	38	61	42	74 *	33
75th percentile	71	41	49	61	28	103	29	114	61	154 *	* 89
90th percentile	124	_* 02	82	116 *	* 96	188	103	155 *	124 *	156 *	100
95th percentile	167	106 *	102 *	157 *	112 *	252 *	135	234 *	155 *	199 *	104 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2,006, Quickbreads and Muffins: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (years) and sex	and se				
		2-5	6-11	12-19		20-39	39	40-59	59	60 aı	60 and older
Statistic	All individuals age 2 and over	ls s	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 					Î
at least once in 3 days on 1 of 3 days	14.8	13.8 12.3	11.0	12.1	15.8	8 6 6	16.1	16.5	17.1	18.5	20.7
on 2 of 3 days on all 3 of 3 days	2.8 0.8	τυ; # * *	2.2	0. # * *	2.9	1.8 0.3	3.0	2.8	3.6 4.2.	3.6 2.3	6.2 8.3
of ori bom saco viteron O											
duantity consumed in a day (1 medium bran muffin = 50 g)	ļ					6					Î
mean	98	78	85	106	80	107	81	98	81	83	80
SEM	က	ω	9	12	2	12	9	7	9	2	က
5th percentile	22	16 *	28 *	32 *	27 *	37 *	× 12	25 *	* & —	17 *	18
10th percentile	33	_* 92	42 *	* 09	37 *	46 *	32	32 *	32	32 *	35
25th percentile	20	51	51	\$ 23	48	22	47	47	46	20	49
50th percentile	64	09	63	104	64	99	09	64	28	70	99
75th percentile	112	103	111	115 *	109	132	66	105	110	124	104
90th percentile	156	146 *	126 *	189 *	117 *	221 *	140	153 *	154	164 *	128
95th percentile	204	167 *	196 *	210 *	144 *	227 *	170 *	173 *	* 200	181	165 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.007. Doughnuts and Sweet Rolls: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vear	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Ŷ					- % -					Î
at least once in 3 days	13.4	10.6	14.7	16.1	15.7	13.9	12.1	15.7	13.1	12.3	11.0
on 1 of 3 days	10.5	9.4	11.7	12.9	14.4	11.0	6.6	10.9	10.0	8.4	7.8
on 2 of 3 days	2.2	£.5.	2.8	3.1	* 	-	1.7	3.9	2.0	2.1 *	2.3
on all 3 of 3 days	0.7	* 0:0	0.3 *	. 1.0	0.2 *	+ 1.1	0.4 *	* 8.0	1.0 *	* 6	* 6.0
Quantity consumed in a day											
(1 medium sweet roll = 55 g)	\ \ \										Î
mean	81	75	71	118	82	66	74	78	74	78	61
∑ William S	2	6	4	18	Ŋ	9	က	2	2	Ŋ	က
5th percentile	28	_* 61	21 *	38	39 *	41 *	32 *	23 *	33 *	34 *	27 *
10th percentile	41	25 *	35 *	42 *	40 *	42	45	36	42 *	42 *	38 *
25th percentile	53	37	45	55	46	22	54	49	48	54	42
50th percentile	64	26	22	84	71	83	64	63	22	72	54
75th percentile	101	113	86	178	108	119	84	6	90	83	74
90th percentile	138	159 *	118 *	243 *	141 *	169	114	134 *	128 *	1 0 *	84 *
95th percentile	171	176 *	132 *	257 *	150 *	215 *	125 *	167 *	150 *	165 *	104 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.008. Crackers: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 al	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	21.3	26.4	19.0	13.3	15.4	13.9	20.7	19.4	24.6	30.5	32.6
on 2 of 3 days	4.7	5.2	5.0	0.2	2.9	2.2	4.3	4.7	6.9	6.0	8.5
on all 3 of 3 days	1.4	*	* 8.0	* 9.0	*	* 0.2	2.0	*	- 4.	9.	က က
Quantity consumed in a day											
(4 saltines = 12 g)	V					 					Î
mean	23	22	25	26	. 25	28	24	30	21	21	17
SEM	-	4	က	က	က	7	7	7	-	-	-
5th percentile	9	*	4	10	ۍ *	τυ *	9	* 9	* 9	ψ *	4
10th percentile	7	9	∞	* 	× /	0	∞	9	9	9	9
25th percentile	12	10	-	14	=	13	12	16	12	-	-
50th percentile	18	12	18	23	22	24	18	22	18	8	12
75th percentile	30	23	29	31 *	59	33	53	32	24	24	23
90th percentile	44	43	47	444	46 *	48	49	22		32	53
95th percentile	58	* 09	* 18	49 *	55 *	* 19	29	* 9/	27 *	* 23	33

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.009, Cookies: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vear	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20-39	-39	40-59	-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Â
at least once in 3 days	31.2	51.8	46.8	35.1	33.2	23.6	26.3	23.4	24.7	33.6	34.1
on 1 of 3 days	18.5	25.9	24.0	22.9	25.4	15.5	16.5	14.1	15.5	17.8	18.8
on 2 of 3 days	8.7	16.8	16.2	9.6	6.4	5.1	7.7	9.6	7.3	9.4	9.6
on all 3 of 3 days	3.9	9.1	9.9	2.6 *	1.4 *	3.1	2.1	3.7	1.9	6.5	2.7
Quantity consumed in a day											
(1 medium = 10 g)	\ \ \					0 					Î
mean	42	28	40	49	42	09	44	46	38	42	30
SEM	-	-	2	က	4	2	က	က	4	က	2
5th percentile	10	80	10	* 6	* ©	12 *	10	* თ	*	*	7
10th percentile	=	10	14	12	13	17	-	13	10	13	6
25th percentile	20	14	20	22	20	56	19	20	16	19	15
50th percentile	30	22	30	41	34	40	31	36	27	30	56
75th percentile	20	36	46	62	52	79	20	26	44	49	34
90th percentile	80	48	79	90	79	131	91	80	99	8	22
95th percentile	116	22	109	125 *	111 *	162 *	120	110 *	* 36	117 *	65

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.010. Cake: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vear	Ane (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 al	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days on 1 of 3 days	18.6 14.2 3.4	16.5 13.4 2.3	22.5 17.8 4.0	26.1 18.2 5.9	16.4 12.4 *	15.6 12.5 2.6	17.1 13.3 3.4	20.2 16.3 2.6	16.6 12.0 3.0	20.9 14.8 4.6	20.5 14.6 4.2
on all 3 of 3 days	1.0	* 8:0	* 2.0	2.0 *	1.6	* 5.0	* 4.0	1.2 *	7:	4.	1.6
Quantity consumed in a day (1/12 of a frosted cake = 109 g)	V					 6 					À
mean	88	63	88	96	81	103	92	92	92	95	20
SEM	က	9	2	6	7	_	9	9	9	7	က
5th percentile	20	14 *	14 *	37 *	18	39 *	17 *	_* 50	<u>ਨ</u> *	27 *	4 ;
10th percentile	28	* 02	27	40 *	* 82	40	22	34	56	34	24
25th percentile	42	31	40	48	48	22	40	53	40	42	36
50th percentile	92	54	29	79	9/	80	80	81	79	75	22
75th percentile	109	88	114	109	91	136	121	113	109	113	82
90th percentile	161	109 *	161	181	122 *	189	158	161	184	174 *	124
95th percentile	218	129 *	208 *	218 *	168 *	227 *	218 *	215 *	218 *	* 881	172 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.011. Pie: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 aı	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ \										Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	10.3 8.1 1.9 0.3	3.7 0.2 * 0.3 *	9.8 7.9 1.8 *	7.5 4.7 2.6 * 0.3 *	6.9 6.4 6.0 7 8 0.0	9.8 1.6 1.0 *	7.9 6.3 1.3 0.4	14.9 11.1 3.6 0.1 *	11.1 9.7 0.8 * *	14.8 10.4 3.7 0.8 *	14.6 11.0 3.2 0.5 *
Quantity consumed in a day (1/8 of a 9-inch cream pie = 144 g)	ļ					р Б					Â
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 90th percentile	160 5 49 74 114 148 274 305	124 9 8 3 3 3 3 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	127 127 50 * 88 114 150 192 * *	1966 138 138 153 153 153 153 153 153 153 153 153 153	139 7 7 86 118 136 147 180 216	173 11 52 * 66 * 113 148 196 286 *	165 46 85 118 148 184 253 *	161 10 47 * 78 * 114 147 183 284 *	144 8 20 4 46 144 186 222 288 288	183 10 91 99 132 150 150 198 301 *	160 8 59 * 75 119 148 192 294 305 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.012. Pancakes and Waffles: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	lo g	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488		1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 					Î
at least once in 3 days	12.8	23.1	21.1	18.9	13.7	11.1	10.3	9.8 9.8	8.6	12.2	8 8 5
on 2 of 3 days	1.6	3.8	3.3	2.1 *	0.7 *	1.5	1.2	1.4 *	. 4.0	1.9 *	*
on all 3 of 3 days	0.2	* 4.0	* 4.0	* 9.0	0.4 *	0.2 *	0.1 *	0.1	* 0.0	. 6.0	0.1 *
Quantity consumed in a day											
(1 medium pancake or waffle = 40 g)	,					— g —					Î
mean	66	09	78	134	98	150	81	137	79	113	85
SEM	2	7	7	17	တ	18	9	ω	5	7	Ŋ
5th percentile	21	14 *	17 *	39 *	24 *	36 *	22 *	52 *	24 *	31*	*
10th percentile	35	* 61	22	53 *	37 *	* 68	31	* 69	27 *	4 1 4	36 *
25th percentile	42	59	38	69	40	9/	40	9/	41	73	23
50th percentile	78	40	28	79	9/	=======================================	74	118	77	102	78
75th percentile	119	79	84	165	11	163	100	164	108	125	116
90th percentile	164	122 *	158	311 *	154 *	240 *	135	219 *	122 *	164 *	123 *
95th percentile	231	144 *	164 *	1	159 *	463 *	162 *	236 *	149 *	193 *	149 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.013. Cooked Cereal: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (years)	s) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40	40-59	60 ar	and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
olumbo, ci vo den IN	7 7 88	מעמ	1 170	α	679	1 503	2 0.42	991	1 305	887	1 453
Number III sample	00+,-	040	7,1,5	0	7/0	5,-	7,0,7	5	50,	5	000
Percent of persons using	,					% -					Î
at least once in 3 days	15.2	25.5	19.2	9.2	9.7	8.0	9.4	11.8	14.1	28.9	28.1
on 1 of 3 days	9.1	16.9	10.8	6.1	7.4	5.5	6.9	2.2	8.9	13.3	15.1
on 2 of 3 days	3.7	5.7	6.4	4 1 .4	1.6 *	1.4	1.9	3.4	3.5	8.0	7.1
on all 3 of 3 days	2.4	2.9	1.9	1.6	* 9.0	1.2	* 9.0	2.7	1.7	7.5	0.9
Quantity consumed in a day											
(1/2 cup oatmeal = 117 g)	\ \ V					 6 					Î
mean	249	207	235	257 *	254 *	339	227	296	225	257	237
SEM	9	15	48	16 *	* &	23	12	17	Ξ	10	14
5th percentile	105	* 09	111 *	112 *	120 *	117 *	71 *	121	61 *	100	93
10th percentile	117	82	120	124 *	121 *	149 *	112	137 *	116	116	116
25th percentile	156	117	161	155	181	183	123	223	156	176	134
50th percentile	233	224	222	234	233	324	227	240	228	232	230
75th percentile	254	242	249	285	249	478	243	363	245	344	243
90th percentile	458	353	375	363 *	365 *	\$ 009	358	462 *	358	425	369
95th percentile	484	431 *	437 *	478 *	475 *	661 *	480 *	487 *	451 *	486 *	489

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.014. Oatmeal: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40	40-59	60 a	60 and older
Statistic	All individuals age 2 and over	lo g	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Mimbar in cample	11 488		1 172	618	679	1 503	2.042	991	1.305	887	1.453
Name of the sample			1	5	1)	l D	- } }			
Percent of persons using	V					%					Î
at least once in 3 days	9.5	15.8	11.5	5.4	4.4	5.0	5.1	7.4	8.3	20.4	19.2
on 1 of 3 days	6.3	10.1	7.5	3.6	3.5	3.5	3.7	3.3	5.7	11.0	10.9
on 2 of 3 days	2.2	4.2	3.3	0.3	v 2.0	* 6.0	1.0	* 9. -	1.7	4.8	5.5
on all 3 of 3 days	1.4	* 4.1	* 8.0	1.6	0.1	0.7	* 0.3	2.4	* 6.0	4.7	
Quantity consumed in a day											
(1/2 cup = 117 g)	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\					6					Î
mean	246	212	238	235 *	251 *	323	210	305	222	254	236
SEM	7	18	26	21 *	23 *	32	14	21	13	12	17
5th percentile	116	* 46	109 *	* 98	114 *	113 *	107 *	160 *	* 8/	* 16	107 *
10th percentile	117	116 *	113 *	137 *	127 *	134 *	110 *	177 *	[*] 601	115 *	116
25th percentile	160	117	164	159 *	176 *	171	120	213	156	176	156
50th percentile	227	177	193	199	220 *	312	213	229	219	210	194
75th percentile	244	231	243	230 *	232 *	352	232	422	231	299	230
90th percentile	434	337 *	394 *	320 *	342 *	486 *	333 *	460 *	352 *	375 *	361
95th percentile	459	442 *	439 *	352 *	457 *	* 959	351 *	486 *	:	429 *	455 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.015. Ready-to-Eat Cereal: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					 - 					Î
at least once in 3 days	46.8	76.8	76.8	58.6	52.7	34.0	35.7	34.1	39.2	48.1	49.8
on 1 of 3 days	19.2	25.9	23.9	22.2	24.9	16.2	18.2	14.9	21.2	13.8	18.6
on 2 of 3 days	15.3	24.1	30.8	20.1	17.9	10.5	12.0	11.3	6.6	14.2	14.8
on all 3 of 3 days	12.3	26.9	22.1	16.2	6.6	7.2	5.5	7.9	8.1	20.1	16.4
Quantity consumed in a day	ļ					 					Î
(1 cap con nancs - 20 g)	,					Ď					
mean	20	34	42	63	53	73	53	28	45	51	40
SEM	-	7	-	က	က	4	2	က	7	7	- ;
5th percentile	14	80	14	24 *	24 *	25	16	* 52	12	22	14
10th percentile	21	13	19	56	27	28	23	25	19	25	8
25th percentile	28	20	27	35	31	43	28	33	25	28	25
50th percentile	41	28	32	26	41	22	42	20	35	44	35
75th percentile	28	38	99	74	22	98	61	74	26	22	20
90th percentile	88	22	20	106	84	113	104	=======================================	84	26	71
95th percentile	112	69	86	117 *	112 *	165	116	114 *	107	-	82

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.016. Total Rice: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 a	60 and older
Statistic	All individuals age 2 and over	•	Males	Males	Females	Males	Females	Males	Females	Males	Females
		temales	temales								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	32.4	37.5	33.5	31.2	31.9	32.7	34.5	31.5	32.2	30.4	27.4
on Lors days on 2 of 3 days	6.7	7.2.7 8.5	6.7	3.5	5.3	8.8	6.2	6.4	5.7	5.7	7.3
on all 3 of 3 days	2.3	3.3	2.3	* 8.	3.2	2.5	2.3	2.4	2.3	1.7 *	1.2 *
Quantity consumed in a day						i					,
(1/2 cup = 103 g)	\ \ \					 					Ì
mean	166	102	132	179	161	222	166	199	146	168	130
SEM	2	7	=	18	13	13	7	12	7	12	7
5th percentile	23	* &	25	37 *	26 *	33	23	* 38	27	* &	*
10th percentile	38	19	35	* 75	38	51	44	09	37	27	23
25th percentile	81	38	89	82	100	102	87	102	9/	72	79
50th percentile	146	94	102	149	161	176	152	173	123	136	106
75th percentile	203	156	174	233	202	287	204	267	202	204	191
90th percentile	326	202	202	360 *	279	406	337	384	236	348	204
95th percentile	406	233 *	387	405 *	305 *	548	382	498 *	371	397 *	292 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.017. Total Pasta: Percentage of persons using food in 3 days and quantities consumed in a day.

						מסוון סטק	And (Magre) and cay	>			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	52.5	70.8	56.9 36.2	49.3	53.1	52.2 32.9	35.9	32.9	49.2 35.3	31.4	45.1
on 2 of 3 days on all 3 of 3 days	15.3 3.0	24.9 7.8	3.6	1.3	3.0	3.2	3.4	2.5	12.0	2.3	2.5
Quantity consumed in a day											
(1 cup spaghetti = 140 g)	\ \ \					g					Î
mean	125	79	104	159	121	176	123	154	106	110	88
SEM	က	4 ;	∞ (0 9	ω (o ;	4 (o (4 r	\ 1	ഹ +
5th percentile	တဏ္	1 1	တ ထို	18 33	18 10 10	30	2 0	8 0	υ č	- ^	– <i>о</i>
25th percentile	47	31	47	8 2	52	73	48	23	36	30	23
50th percentile	95	61	90	121	100	134	92	121	98	79	71
75th percentile	160	104	139	221	151	276	159	210	142	142	123
90th percentile	278	160	198	306	242	368	271	303	234	250	179
95th percentile	318	201	263	417 *	278 *	440	313	413	279	291	278

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.018. Pizza: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	\ \ ×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	23.0 19.3 3.2	27.4 24.7 2.6	39.7 33.3 4.6	40.4 30.7 8.6	31.4 26.9 3.7	27.2 21.3 4.8	24.5 21.4 3.0	15.4	15.3 13.0 2.2 *	7.1 6.4 0.7 *	5.0 0.3 * *
on all 3 of 3 days Quantity consumed in a day	o O	9.	2	2	o 5	<u>7</u>	-	9	-	ŧ	:
(1 slice, thin crust = 71 g)	ĵ					 6					Î
mean	203	102	142	227	178	310	178	274	162	218 *	166
SEM 5th percentile	ක හි	* 56	, 09	* 09	56 *	2 2	61 6	* 02	53 *	* 99	64 *
10th percentile	64	38	63	71	71	80	71	* 76	, 63	* 48	* 17
25th percentile	66	63	7.1	112	79	158	105	142	91	125 *	112 *
50th percentile	158	80	126	179	158	264	157	252	149	194 *	144 *
75th percentile	259	142	189	287	229	423	221	355	196	305 *	212 *
90th percentile	392	183	252	442	318	260	315	472 *	× 580	336	291 *
95th percentile	200	205 *	284	277 *	385 *	631	377	521 *	331 *	387 *	306 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.019. Total Fresh Cucumbers: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and	and	Males	Females	Males	Females	Males	Females	Males	Males Females
		remales	remales								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	11.3	4.4	5.9	7.1	8.0	8.6	12.6	14.7	17.8	14.7	12.4
on 1 of 3 days	8.8	3.7	4.7	6.7	8.9	7.5	8.9	12.1	14.1	11.2	8.0
on 2 of 3 days	2.2	0.7 *	* 6.0	* 6.0	1.2	5.0	3.2	2.4	დ დ	5.6	3.0
on all 3 of 3 days	0.4	0.1 *	0.3 *	. 0.1	* 0.0	0.3	* 9.0	0.2	v 4.0	* 8.0	0.6 *
Quantity consumed in a day											
(1/2 cup = 60 g)	V					6 					Î
mean	47	23 *	40 *	32 *	* 62	90	44	43	45	52	51
SEM	က	* 6	* 5	*	22 *	Ξ	4	2	5	4	4
5th percentile	က	*	* /		ν *	_*	* %	* 4	* က	ω *	* 4
10th percentile	7	*	* /	* 9	*	ۍ *	9	*	9	12 *	* ∞
25th percentile	14	*	14	* 	* 4	14	14	14	14	56	19
50th percentile	30	*	28	19 *	* 45	22	59	30	28	31	29
75th percentile	59	21 *	29	41	* 16	49	54	49	26	20	29
90th percentile	100	_* 02	* 9/	* 09	188	* 66	98	* 46	100	102 *	110 *
95th percentile	150	* 76	* 98	* 78	;	169	139 *	146 *	136 *	154 *	133 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.020. Total Lettuce: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and	and	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ \					%-					Î
at least once in 3 days	62.3	38.1	56.3	59.6	63.1	67.2	65.4	70.0	9.29	61.3	57.8
on 1 of 3 days	32.4	28.7	30.4	30.1	37.7	32.9	32.4	33.8	34.3	33.9	28.9
on 2 of 3 days	20.8	7.1	18.8	18.6	17.2	23.3	24.7	23.6	23.4	19.0	18.8
on all 3 of 3 days	9.2	2.3	7.1	11.0	8.3	11.0	8.3	12.6	6'6	8.4	10.1
Quantity consumed in a day											
(1 cup = 55 g)	\ \ \					- 6 -					Î
mean	39	16	24	35	33	41	41	48	44	43	40
SEM	-	2	2	က	က	2	2	7	2	7	7
5th percentile	7	* က	5	*	2	80	7	7	7	4	2
10th percentile	80	4	7	8	∞	6	∞	00	∞	∞	∞
25th percentile	14	80	6	15	10	16	13	16	14	16	4
50th percentile	27	6	19	25	9	52	27	37	34	37	37
75th percentile	55	19	36	48	48	22	22	72	22	99	22
90th percentile	82	36	24	73	73	96	104	109	95	85	81
95th percentile	110	52 *	63	* 96	105	111	110	120	114	110	109

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.021. Total Celery: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12.	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males							Marion	0010000
	age 2 and over	females	and females	Males	remales	Males	reliales	Maires	reliaies	Mair	Males reliaies
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					- % -					Î
at least once in 3 days	50.0	40.2	41.9	41.6	42.1	47.2	50.9	56.3	54.1	29.0	58.4
on 1 of 3 days	31.2	30.6	26.8	29.1	31.3	31.0	31.9	34.7	30.2	33.2	31.7
on 2 of 3 days	14.4	7.3	12.3	11.3	8.4	12.6	15.1	15.4	19.4	18.9	18.1
on all 3 of 3 days	4.4	2:4	2.8	+ 2:	2.4 *	3.7	4.0	6.2	4.5	6.9	& ©
Quantity consumed in a day											
(1/2 cup = 60 g)	\ V					 6 					Î
mean	15	6	Ξ	13	14	18	15	20	16	15	41
SEM	#		-	_	-	~	-	2	-	Ŧ	-
5th percentile	-	*	-	*	*	-	-		-	-	-
10th percentile	2	-	2	2	-	2	2	2	2	-	-
25th percentile	2	က	4	2	2	9	2	2	2	4	4
50th percentile	10	2	7	6	10	12	=	=	თ	10	∞
75th percentile	18	=	14	15	16	23	19	20	19	19	15
90th percentile	34	20	23	28	30	38	36	45	30	33	32
95th percentile	48	30 *	35	35 *	* 40	22	48	72	43	47	47

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.022. Total Broccoli: Percentage of persons using food in 3 days and quantities consumed in a day.

					1	Arie (vea	Age (vears) and sex	×			
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
						č					
Percent of persons using	V					, %					Î
at least once in 3 days	16.6	15.1	11.1	8.4	10.1	15.2	18.6	15.6	22.5	19.5	22.8
on 1 of 3 days	13.0	10.9	8.6	8.0	8.3	11.6	15.6	12.3	17.0	13.3	16.4
on 2 of 3 days	3.1	3.3	1.3	0.5 *	* 8.	3.4	2.8	2.9	4.2	4.8	5.0
on all 3 of 3 days	0.5	* 6.0	*	* 0.0	* 0.0	. 0.2	. 0.2	. 0.4	. ε.	4. 4.	4.
Quantity consumed in a day											
(1/2 cup = 92 g)	\ \ \					- 6 -					Î
	Č	Î	9	0	0	2	1	7	, and	C	S
mean	91	9/	103	103	92	94	/8	= :	ဇ္ဇ	ו מ	36
SEM	4	17	26	15 *	12 *	9	S	=	9	_	9
5th percentile	1	10 *	10 *	* 62	18	*	13 *	10	* 0	, 2	12 *
10th percentile	18	+ 01	12 *	31 *	_* 50	24	20	* *	13	* 50	51
25th percentile	36	21	24	* 85	39 *	44	30	27	23	46	45
50th percentile	77	45	75	* 16	* 87	77	71	87	9/	77	77
75th percentile	137	91	154	129 *	149 *	144	122	153	124	96	134
90th percentile	183	155 *	306	156 *	156 *	156	156	233 *	170	151	183
95th percentile	233	178 *	310 *	230 *	* 206	193 *	232 *	304 *	183	169	233 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.023. Total Carrots: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 % 					Â
at least once in 3 days on 1 of 3 days	56.1 31.2	52.0	50.9	43.2	46.8	47.4	33.8	31.9	62.4 32.2	66.1	31.9
on 2 of 3 days on all 3 of 3 days	7.1	14.0	15.4 4.8	3.4	3.0	6.1	5.2	9.0	8.3	13.5	13.9
:											
Quantity consumed in a day (1/2 cup = 64 q)	V					0					Î
)					
mean	32	19	24	41	29	38	31	38	34	35	31
SEM	-	2	7	6	4	4	2	4	က	က	7
5th percentile	က	-	2	* (Y)	* က	က	က	က	2	က	က
10th percentile	4	က	က	5	4	2	IJ	2	4	5	4
25th percentile	7	2	9	7	9	<u></u>	7	7	7	7	7
50th percentile	15	10	14	16	16	17	15	16	15	17	15
75th percentile	36	25	28	51	33	42	33	37	33	33	37
90th percentile	74	39	29	73	64	84	72	79	88	78	9/
95th percentile	122	09	77	149 *	126 *	145	110	145	119	131	116

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.024. Total Tomatoes: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males							:	-
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days	90.3	86.4	91.9	95.5	90.4	93.5	92.4	97.6	89.1	86.2	6.08
on 1 of 3 days	24.4	26.4	20.8	24.8	20.2	22.1	24.0	25.3	27.3	27.6	27.1
on 2 of 3 days on all 3 of 3 days	35.4	36.3 23.7	34.5	36.3	29.2	36.7	29.5	32.9	25.7	26.2	24.1
Quantity consumed in a day						1					,
(1/2 cup = 90 g)	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \					 					
mean	70	42	55	72	99	83	89	06	65	71	89
SEM	2	က	က	2	9	4	က	2	က	4	က
5th percentile	_	_	2	4	2	_	-	က	-	-	-
10th percentile	4	က	4	7	4	2	4	∞	က	4	4
25th percentile	16	9	12	14	12	20	17	23	20	22	48
50th percentile	44	24	35	45	33	49	44	24	40	45	40
75th percentile	94	09	9/	109	87	111	92	121	91	94	93
90th percentile	176	107	132	184	188	212	169	212	158	181	169
95th percentile	230	138	170	224	210	269	509	292	209	234	224

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.025. Total Tomato Sauce: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and	and	Males	Females	Males	Females	Males	Females	Males	Females
		females	females								
	11 188	212	1 172	818	679	1 503	2 042	991	1305	887	1.453
Nullibel III salliple	004,	2	1,1,7	5	1	2	1,0	-)))
Percent of persons using	Š					%					Î
	,										
at least once in 3 days	65.0	66.2	73.0	77.8	7.07	71.6	68.5	65.0	61.4	48.5	44.6
on 1 of 3 days	36.0	36.3	36.8	35.8	38.1	36.5	38.4	37.1	35.9	32.0	30.2
on 2 of 3 days	21.8	24.6	24.1	30.2	25.7	23.7	24.4	21.6	20.9	12.1	1.3
on all 3 of 3 days	7.2	5.3	12.1	11.7	6.9	11.5	2.5	6.4	4.5	4.4	3.0
Quantity consumed in a day											
(1/2 cup = 122 g)	\ \ \					6					Î
											1
mean	37	25	27	41	38	51	36	20	59	33	27
SEM	-	က	2	4	4	က	2	4	7	က	2
5th percentile	-	#		_	-	_	#	-	#=	#	*
10th percentile	_	-	က	2	2	2	-	-	-		#
25th percentile	2	9	6	7	80	7	4	2	က	7	2
50th percentile	18	13	17	21	19	28	48	23	13	12	∞
75th percentile	42	23	31	42	39	63	41	29	34	38	33
90th percentile	95	64	26	106	105	122	92	144	82	87	9/
95th percentile	155	102	94	187	138	205	132	196	105	154	122

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.026. Total String Beans: Percentage of persons using food in 3 Lays and quar iffies consumed in a dey.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ŷ					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	31.6 25.1 5.8 0.7	34.7 27.8 6.6 0.3 *	31.4 24.2 6.9 0.3 *	25.0 20.3 4.7 0.0 *	27.7 21.6 5.5 0.6 *	26.5 22.1 4.2 0.3 *	27.7 23.7 3.5 0.5 *	31.5 25.8 5.3 0.4 *	32.4 26.4 5.5 0.5 *	39.4 28.2 8.9 2.3	44.2 31.6 10.8 1.8
Quantity consumed in a day (1/2 cup = 68 g)	V					6					Î
mean SEM	64	44	54	61	61	77	63	73	99	9	3 3
5th percentile		- °	- -	* *	* *	- 0		+ 0	- 0	*	- -
25th percentile	17	77 2	14	33 1	32.0	17.	0 1	24.0	17	ကျ	4 0
50th percentile 75th percentile	99 66	34 66	5/ 67	/9 67	64 67	6/ 124	/9 88	124	50	124	87
90th percentile 95th percentile	134 134	67	129	134 *	134 *	134	133	134 186 *	134 134	134 186 *	131

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.027. Total Cabbage: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vear	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days on 1 of 3 days	15.8	12.3	13.2	12.0	13.3	15.9	16.9	21.7	22.6 17.9	28.9	30.8
on 2 of 3 days on all 3 of 3 days	3.1 0.6	0.0	* 0.0	* 0.0 *	0.2 *	0.2	v 9.0°	4 0.0 *	4.7.0	* - 6.	4.
Quantity consumed in a day (1/2 cup = 75 g)	ļ					 0 					Î
mean	61	35	35	89	86	64	51	89	78	99	69
SEM	က	8	80	∞	23	9	ک	υ·	о·	: Q	4 :
5th percentile	-	* *	* *	* *	* *	*	*	* • C	к • т	: #= +	‡⊧τ
10th percentile	- <	# C	- c	* က ဝွ	- r	- 4	- m	VI 00	- ∞	- 8	- 0
50th percentile	4 4	7 /	1 ∞	57	52	35	29	53	58	22	48
75th percentile	98	09	20	75	135	85	29	111	114	113	77
90th percentile	149	* 98	115 *	141 *	149 *	148	140	164	162	149	149
95th percentile	500	114 *	146 *	179 *	228 *	219 *	169 *	217 *	282 *	167 *	208

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.028. Total Peas: Percentage of persons using food in 3 days and quantities consumed in a day.

					1	Age (Veal	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					— % <u>—</u>					Î
at least once in 3 days on 1 of 3 days	29.7 23.6	31.5	31.8	23.1	24.4	25.7	27.2	29.9	30.6 24.9	36.6 26.7 7.5	38.5 27.1 9.7
on z lays on all 3 of 3 days	0.0 0.0	5.0 * 5.0	0.0 *	1.2 *	* 0.0	* 0.8 0.0	4.0 *	1.7		2.5	1.7
Quantity consumed in a day	ļ					 				:	Î
	,					n					
mean	52	36	39	55	46	89	47	63	52	59	44
SEM	2	ک	4 (/	<u> </u>	သ	4 (٠ ٢	ကျ	4 0	ကင
5th percentile	21	က · *		ກ ເ	χ) (n (ν.	, D (י פי	N 0	V
10th percentile	4	4	4	ب ال	* တ ့	φį	4 ;	ပ ၊	ပြု	ກ່	21 5
25th percentile	13	∞	∞	Ξ	16	15	14	1/	/ -	ر د ا	0 (
50th percentile	30	17	17	33	27	41	58	36	32	33	22
75th percentile	80	42	26	80	22	87	69	84	80	84	9/
90th percentile	127	79	82	159 *	125 *	169	6	161	92	159	118
95th percentile	169	119 *	158 *	168 *	158 *	186	159	169	146	169 *	159

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.029. Total Corn: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					- % -					Î
at least once in 3 days on 1 of 3 days	32.8	41.1	42.9 35.9	34.5	27.5	31.1	31.5	28.4	29.0	34.4	32.4
on 2 of 3 days	5.7	7.7	6.6	5.3	2.5	5.0	5.3 0.3 *	4.2	4.4 *	9.9 2.5	7.4
Quantity consumed in a day						7					
(1/2 cup = 82 g)	\ \ \					 					Ì
mean	98	62	9/	101	87	110	84	104	77	86	63
SEM	ო	4	4	9	6	9	4	7	က	-	4
5th percentile	O	* ©	7	13 *	<u>*</u> က	10	14	15 *	9	1 *	က
10th percentile	15	<u>5</u>	13	. 25	14	15	19	52	19	15	10
25th percentile	38	25	38	61	21	43	38	54	38	31	22
50th percentile	81	24	8	85	8	82	80	85	9/	78	20
75th percentile	122	82	82	127	85	161	115	153	82	126	85
90th percentile	163	126	153	163	161	228	159	163	153	165	127
95th percentile	229	137 *	163	216 *	241 *	254	210	252 *	163	252 *	163

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.030. Total Onions: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males	ocich	Fomolos	Moloc	Fomalac	Maloc	Famales	Maloc	Females
	aye z ana over	S	females	IVIAIGS	- ciliaid	Maico		200	2		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	94.6	93.4	95.9	6.96	95.1	8.96	95.2	96.1	93.1	91.8	90.4
on 1 of 3 days	18.6	20.4	14.2	15.6	17.5	14.3	17.7	18.4	21.5	21.1	27.4
on 2 of 3 days	36.3	32.9	37.7	37.2	35.3	37.2	36.1	36.2	38.1	36.5	33.9
on all 3 of 3 days	39.8	40.1	43.9	44.1	42.3	45.3	41.3	41.5	33.5	34.1	29.1
Quantity consumed in a day											
(1/2 cup, cooked = 105 g)	\ V					 6 					À
mean	14	7	6	13	12	19	13	18	15	18	41
SEM	#	*		-	-	-	-	-	_	-	-
5th percentile	#	*	#	#	*	#	*	#	#	*	#
10th percentile	#	#	#	#	#	-	#	#	#	#	#
25th percentile	-	_	-	2	7	2	-	2	-	-	-
50th percentile	9	4	4	7	9	6	9	0	7	7	വ
75th percentile	19	10	13	18	17	52	18	27	8	23	17
90th percentile	38	17	24	33	33	25	33	49	88	49	35
95th percentile	55	20	35	47	41	74	20	65	22	74	22

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.031. Total Peppers: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vears)	rs) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40	40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in cample	11.488	845	1.172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ \					 % 					Î
of least ones in 3 days	46.4	36.9	42.5	41.6	42.8	53.1	47.8	49.6	52.5	41.4	41.2
on 1 of 3 days	30.9	25.7	30.7	30.7	31.9	34.8	30.9	31.9	33.4	26.0	26.8
on 2 of 3 days	12.3	9.5	9.6	10.0	9.4	13.6	12.5	14.2	15.5	12.3	11.9
on all 3 of 3 days	3.2	* 8.1	2.2	* 8.0	1.4 *	4.6	4.4	3.5	3.5	3.1	2.5
Quantity consumed in a day											
(1/2 cup = 75 g)	\ \ \					 					Î
mean	#	ß	7	10	7	16	-	13	=	15	Ξ
NEW SERVICE	-	-	-	2		2	-	-	-	က	2
5th percentile	#	*	#	*	*	#	#	*	#	*	*
10th percentile	#	*	#	#	#	#	*	#	#	#	#
25th percentile	*	*	#	#	*	#	#	*	#	*	#
50th percentile	က	_	-	-	_	4	က	က	က	-	·-
75th percentile	=	9	10	10	10	19	12	16	10	<u>t</u>	∞
90th percentile	34	13	17	33	15	43	27	36	34	37	30
95th percentile	52	19 *	31	51 *	34 *	74	45	28	52	* 48	49

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.032. Total White Potatoes: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	79.8 32.8 30.4	81.7 37.1 30.8	80.6 28.9 33.2	85.3 32.0 28.3	82.6 35.4 27.2	79.8 30.9 31.0	75.9 36.1 27.7	82.1 29.8 34.8	78.1 36.4 28.5	81.1 29.9 31.5	78.8 31.6 30.8
on all 3 of 3 days	16.6	3.8		Z5.0	20.0	D	0.51	0.	7.61	0.0	5
Quantity consumed in a day $(1/2 \text{ cup} = 78 \text{ g})$	V	į.				 6 					Î
mean	108	63	84	133	66	134	86	129	106	128	93
SEM	2	က	4	0	7	4	က	വ	က	9 !	က
5th percentile	14	10	12	25	8	18	12	<u>8</u>	9 !	1	우!
10th percentile	21	13	17	52	52	26	∞ :	27	52	55	2 9
25th percentile	46	52	30	25	43	23	42	23	23	54	42
50th percentile	88	51	89	104	79	104	84	118	92	26	82
75th percentile	143	81	107	170	127	176	130	175	140	165	121
90th percentile	212	121	168	252	173	260	187	257	194	254	170
95th percentile	279	164	212	344	254	333	242	316	254	347	217

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.033. Total Dried Beans and Peas: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (Veal	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Nimber in sample	11.488	845	1.172	618	672	1.503	2.042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days	29.9	25.2	27.8	29.7	27.8	32.5	28.2	33.4	29.8	35.5	27.6
on 1 of 3 days	22.2	20.4	20.8	23.5	20.7	23.0	21.1	23.4	23.6	25.7	19.5
on 2 of 3 days	9.9	4.5	6.5	4.7	6.1	7.9	5.9	7.9	5.9	8.5	6.5
on all 3 of 3 days	1.2	0.3 *	0.5 *	1.5	1.0 *	1.7	1 .3	2.1	0.3 *	1.3 *	1.6
Quantity consumed in a day											
(1/2 cup kidney beans = 86 g)	V					 6 					^
mean	107	09	83	111	75	137	92	135	88	127	101
SEM	က	4	5	12	5	∞	4	9	2	7	ഹ
5th percentile	13	14 *	16	10 *	* &	16	∞	10 *	13	19 *	∞
10th percentile	24	16	25	24	21	27	23	27	25	32	21
25th percentile	49	59	35	53	35	09	40	64	52	09	53
50th percentile	84	48	65	84	64	109	69	119	29	105	85
75th percentile	131	89	108	128	86	181	129	173	120	159	131
90th percentile	205	116	162	240	134	271	174	240	165	257	191
95th percentile	273	134 *	192	322 *	174 *	331	256	344 *	205	344 *	259

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2,034. Total Oranges: Fercentage of persons using food in 3 days and quantues or numed in a day.

	Control of the contro				1	ige (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 %					Î
at least once in 3 days	44.7	58.9	53.9	52.2	48.1	40.8	43.8	32.5	37.2	47.1	48.8
on 1 of 3 days	20.2	27.3	24.8	25.8	25.3	19.6	22.4	14.6	16.8	17.5	14.3 6. +
on 2 of 3 days on all 3 of 3 days	12.5	15.6	12.6	14.1	12.7	7.4	9.1	9.7	9.8	17.7	20.3
Quantity consumed in a day						ζ					
(1 medium = 131 g)	\ V					n n					Ì
mean	205	160	174	228	230	264	217	506	187	196	173
SEM	2	6	12	25	14	14	80	ω	6	14	9
5th percentile	2	က	က	4	ى *	7	വ	* 9	2	4	2
10th percentile	0	2	ည	2	თ	15	12	12	9	0	15
25th percentile	124	99	25	26	129	139	124	129	124	124	124
50th percentile	187	131	169	205	246	249	187	187	185	186	184
75th percentile	249	246	249	259	249	310	249	249	248	249	248
90th percentile	373	250	313	494	497	497	383	372	311	328	254
95th percentile	498	372	496	623 *	498 *	621	498	405 *	470	486 *	362

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.035. Total Orange Juice: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	50	20-39	40-59	-59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					 % 					Î
at least once in 3 days on 1 of 3 days	39.6	53.6	48.6	23.2	23.9	37.2	38.3	13.3	31.1	15.2	13.1
on 2 or 3 days on all 3 of 3 days	10.3	15.4	10.9	13.8	12.1	6.8	8.2	8.4	8. 5. 4.	15.8	17.5
Quantity consumed in a day											
(6 fluid ounces = $187 g$)	\ \ \					 6 					Î
mean	215	168	175	247	227	281	233	212	192	200	184
SEM	2	=	13	56	13	21	6	6	6	13	7
5th percentile	2	က	5	υ *	υ *	9	2	, γ	9	* 9	ഹ
10th percentile	7	വ	വ	9	9	15	12	9	=	5	56
25th percentile	124	62	12	29	124	186	124	124	124	124	124
50th percentile	187	184	186	229	248	249	246	221	186	186	186
75th percentile	249	249	249	249	249	372	249	249	249	249	248
90th percentile	377	255	372	498	428	497	493	362	311	372	249
95th percentile	498	462	498	747 *	498 *	620	505	431 *	475	436 *	373

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.036. Total Grapefruit: Percentage of persons using food in 3 days and quantities consumed in a day.

					4	vde (vear	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 aı	60 and older
Statistic	All individuals age 2 and over	lo S	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \					 %		:			Î
at least once in 3 days	10.2	8.2	7.5	7.4	7.3	8.0	9.1	10.7	11.4	17.6	15.5
on 1 of 3 days	6.2	6.4	9.9	5.5	5.4	4.4	0.9	9.9	9.7	7.7	7.5
on 2 of 3 days	2.3	1.7 *	1.3	1.3 *	0.4 *	2.4	2.3	2.7	2.5	3.9	3.9
on all 3 of 3 days	1.6	* 0.0	0.6 *	. 9.0	1.5 *	1.2 *	* 8.0	1.4 *	1.3 *	6.1	4.1
Quantity consumed in a day						,					,
(1/2 medium = 128 g)	\ \ \					 0 					Ì
mean	151	42 *	28	198 *	* 06	196	133	180	156	199 *	151
SEM	14	+ 01	15	100	20 *	36	8	21	15	75 *	15
5th percentile	-	*	* 4	*	* 6	*	* 4	* 9	*	*	*
10th percentile	7	* က	* /	* က	13 *	*	* 9	14	*	* •	S
25th percentile	16	* 9	12 *	15 *	16 *	16	16	* 8/	22	87	28
50th percentile	125	16 *	16 *	* 20	* 39	6	115	154	134	126	125
75th percentile	185	* 64	124 *	252 *	127 *	255	185	249 *	230	153	185
90th percentile	310	125 *	166 *	532 *	247 *	[*] 200	312 *	330 *	309	246 *	272
95th percentile	484	170 *	169 *	673 *	251 *	616 *	370 *	384 *	337 *	* 688	417 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.037. Total Lemons: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	, ,					%					Î
at least once in 3 days	61.4	40.9	51.1	57.5	60.3	62.4	62.3	71.8	64.7	64.7	67.6
on 1 of 3 days	19.2	7.4	14.7	19.3	19.4	19.5	18.7	25.7	20.0	21.0	22.5
on all 3 of 3 days	9.1	5.8	6.1	6.8	3.2	10.3	9.7	11.9	10.6	9.4	12.6
Ouspetity consumed in a day											
(1 fluid ounce juice = 31 g)	V					6 					Î
	•	(•	ı	,	•	ı	c	c	d	•
mean	4	က	4	သ	,	4	သ	m ·	N	n :	4
SEM	#	-	-	-		-	-	_	#	#	-
5th percentile	#	*	*	*	*	*	*	#	*	#	#
10th percentile	*	#	#	*	#	#	*	#	#	*	#
25th percentile	*	*	*	#	*	*	#	#	#	#	#
50th percentile	*	#	#	*	*	#	#	#	#	#	#
75th percentile	-	_	2	-	-	-	-	-	-	2	2
90th percentile	7	က	12	13	10	S	15	2	4	2	9
95th percentile	26	20 *	27	25 *	* 53 *	18	28	12	10	12	10

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.038. Total Lemon Juice: Percentage of persons using food in 3 days and quantities consumed in a day.

						מפע) פוט	And (vears) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Is 8	Males and females	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	59.6 33.4 18.6 7.5	40.5 30.8 7.5 2.2	50.0 30.0 14.2 5.8	55.5 31.6 18.7 5.2	59.3 37.9 18.7 2.7 *	60.5 33.6 19.2 7.7	60.2 34.1 18.5 7.6	69.9 35.1 24.2 10.6	62.1 33.9 19.2 9.0	62.2 33.8 19.9 8.5	65.4 32.9 22.1 10.5
Quantity consumed in a day (1 fluid ounce juice = 31 g)						 6 					Î
mean SEM	4 #	ω +-	- 5	4 -	* *	4 -	- 5	m #	e –	e ←	4
5th percentile	## #	*	#= #	* # #	* # #	# #	# #	# #	# #	# #	# #
10th percentile 25th percentile	# # 	# #	* *	# #	* *	* *	* **	# #	* *	* *	* *
50th percentile	# 1	# 1	# (# т	# 1	# +	# +	# +	* •	# C	# -
/stn percentile 90th percentile		– თ	л <u>4</u>	- =	- 6	- ഗ	23	- 9	ი -	9	വ -
95th percentile	27	* \$2	28	* 56	43 *	23	34	F	12	12	10

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.039. Total Apples: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Š										Î
at least once in 3 days	40.0	60.2	57.3	37.7	28.3	28.6	35.6	38.1	37.8	43.6	46.1 25.2
on 2 of 3 days	10.9	15.3	20.0	9.7	4.8	7.3	9.1	9.6	11.6	12.7	11.5
on all 3 of 3 days	6.7	14.3	10.5	2.7 *	2.8	3.5	5.1	6.8	5.2	<u>α</u>	4.6
Quantity consumed in a day											
(1 medium = 138 g)	,					6					Î
	143	164	169	154	125	152	146	139	123	137	106
S I S	4	9	12	17	=	. ∞	10	8	9	12	9
5th percentile	9	22	വ	ۍ *	*	7	7	τυ *	9	٠ د	4
10th percentile	13	13	13	12	7	13	1 3	13	13	13	10
25th percentile	48	29	75	45	33	45	23	38	46	48	31
50th percentile	137	129	137	137	131	134	134	135	136	112	98
75th percentile	186	230	212	208	146	208	186	212	138	160	138
90th percentile	275	366	370	340	248	564	248	271	244	246	212
95th percentile	384	451	497	495 *	281 *	418	381	386	308	358 *	299

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.040. Total Apple Juice: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	က တ	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	13.3	34.5	22.2	14.7	11.1	8.7	13.3	7.2	8.8	10.6	13.1
on 1 of 3 days on 2 of 3 days	න හ ැට රා	17.5	13.6 4.8	12.4 4.5:	7.8 2.2 *	5.6	9 9 5 9	5. L 4. E.	4.6 9.8	3.5 3.7	8.7
on all 3 of 3 days	1.7	6.1	3.1	v 8.0	*	* 4.0	1.0	* 5.0	1.9	1.9	2.2
Quantity consumed in a day	,					7					
(e liuid ounces = 186 g)	V					D					
mean	169	184	186	190	170	175	194	133	119	166	113
SEM	6	13	15	41	56	53	24	20	8	53	16
5th percentile	S	* OI	* &	* 6	* ©	* /	1	* က	*	*	*
10th percentile	10	13	Ŧ	*	*	12 *	Ξ	ب *	4	*	*
25th percentile	20	20	34	13	13 *	20	21	*	1 3	10	10
50th percentile	124	145	173	118	241	62	157	42 *	45	88	41
75th percentile	248	248	248	569	248 *	248	248	248 *	207	248	186
90th percentile	372	329	372	496 *	268 *	413 *	378	248 *	244 *	* 964	286 *
95th percentile	496	471 *	372 *	496 *	328 *	470 *	553 *	304 *	372 *	* 964	447 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.041. Total Peaches: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (Veal	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	თ ვ	Males and	Males	Females	Males	Females	Males	Females	Males	Females
				3	0	1		3	100	001	1 2 4
Number in sample	11,488	845	2/1,1	819	2/9	1,503	2,042	166	1,305	88/	1,453
Percent of persons using	,					%					Î
at least once in 3 days	13.5	15.9	21.9	12.4	12.6	9.9	8.6	11.9	12.5	21.6	22.0
on 1 of 3 days	10.3	13.4	18.0	10.9	10.6	5.5	6.7	9.5	8.4	14.8	14.4
on 2 of 3 days	2.6	2.5 *	3.4	1.5	1.4	1.0 *	1.5	1.7 *	3.3	5.2	6.5
on all 3 of 3 days	9.0	* 4.0	* 6.0	* 0.0	. 9.0	. 0.1	0.4 *	0.7 *	* 6.0	* 9.	1.0 *
Quantity consumed in a day											
(1 medium = 98 g)	,					6					Â
mean	80	20	72	82	29	87	74	103	92	87	79
SEM	လ	5	6	12	∞	6	9	10	S	9	വ
5th percentile	12	ۍ *	15 *	20 *	10 *	ς *	+ 1	* 26	_* 50	19 *	* 4
10th percentile	20	× /	50	* 02	13 *	24 *	17 *	41 *	_* 50	26 *	19
25th percentile	39	24	24	40	50	41	31	28	21	49	36
50th percentile	62	47	49	62	62	77	26	94	79	9/	62
75th percentile	86	61	92	88	90	86	86	123	104	119	98
90th percentile	157	* 86	164	172 *	* 66	154 *	126 *	189	173 *	161 *	155
95th percentile	195	* 66	180 *	180	151 *	203 *	182 *	221 *	187 *	192 *	192 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.042. Total Bananas: Percentage of persons using food in 3 days and quantities consumed in a day.

						ige (yea	Age (years) and sex	×			
	•	2-5	6-11	12	12-19	20	20-39	40-28	-59	60 a	60 and older
Statistic	All individuals age 2 and over	၂၀ တ	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					- %-					Î
at least once in 3 days	28.6	32.0	29.8	23.7	21.1	18.7	23.9	26.0	31.2	18.0	45.2
on 1 of 3 days	8.4	4. 8.	6.0 6.0	7.2	4.0	6.4	5.6	7.5	9.6	15.2	14.0
on all 3 of 3 days	3.4	¥ *	2.0	-	1.9 *	2.0	1.9	3.1	3.0	10.7	8.7
Quantity consumed in a day	``					5					Î
(1 medium = 114 g)	Y					ה ה ا					
mean	87	71	9/	98	85	97	91	93	86	95	86
SEM	2	4	ည	∞	7	2	2	9	က	വ	က
5th percentile	2	* 9	*	*	*	13 *	ß	* ©	9	* 20	ن ا
10th percentile	19	Ξ	#	10 *	*	19	4	23	21	53	52
25th percentile	45	27	50	37	36	24	44	25	22	22	22
50th percentile	113	22	87	93	93	106	113	92	110	6	90
75th percentile	114	102	114	107	107	112	114	109	113	112	114
90th percentile	128	11	114	139 *	118 *	127	130	123	114	130	114
95th percentile	150	121 *	131 *	157 *	125 *	* 202	207	137 *	127	173 *	129

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.043. Total Strawberries: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vear	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	9.0 6.8 1.1	10.9	10.9 8.5 2.4 *	6.2 4.8 4.8 4.4 4.4	10.1 7.5 2.0 *	5.8	11.3 7.5 2.2	9.7	12.1 7.5 3.1	9.2 2.8 4.8 4.0 *	12.3 8.3 2.0
on all 3 ol 3 days Quantity consumed in a day	2	n S	9	<u>:</u>		5	2	3	2) i	- i
(1/2 cup = 83 g)	ļ					6					Î
mean	55	32 *	39	44 *	60 * 15 *	57 12	44	68	62 12	79	64
5th percentile	÷	*	*	ì	;	*	* 2	;	τυ *	* თ	ۍ *
10th percentile	വ	*	*	;	* 1	* 2	* 9 !	* † က (* _ ;	* _ ;	* _ ;
25th percentile	o ;	တ ဇု	~ ;	* * m (* *	9 5	2 ;	10 *	0 0	13	10
50th percentile 75th percentile	14 75	5 4	30	33 53	* 96	75	57	108 *	8 6	118	96
90th percentile	151	* 58	* 18	* 96	146 *	147 *	119 *	212 *	152 *	188 *	171 *
95th percentile	221	146 *	156 *	166 *	186 *	* 602	170 *	262 *	. * 569	224 *	222 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.044. Total Grapes: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	42.5 24.2 12.1	60.0 30.8 20.4	62.8 33.3 21.1	41.9 29.9 8.4	36.8 24.3 10.0	33.5 21.3 7.3	36.8 22.9 10.1	37.4 21.8 10.4	36.8 22.1 8.4	47.6 20.7 15.2	48.4 22.7 16.0
on all 3 of 3 days	6.2	დ დ	8.5	9.0	2.4	6.4 6.	m m	5.3	6.2	11.7	χ. Σ
Quantity consumed in a day (1/2 cup = 80 g)	,					6 					Î
mean	39	43	34	35	43	45	46	32	41	38	33
SEM	2	10	4	9	9	2	4	က	വ	4	က
5th percentile	-	#	#	*	*	-	#	*	- '	- 1	- (
10th percentile	2	2	-	5	2	က	0	2	2	2	2
25th percentile	ည	4	2	2	9	7	വ	വ	Ω.	9	വ
50th percentile	=	ω	9	=	=	16	=	10	9	=	9
75th percentile	31	24	52	52	48	33	44	24	33	34	56
90th percentile	121	113	95	96	102	159	152	78	122	102	88
95th percentile	184	186	155	160 *	224 *	244	246	152 *	187	162	159

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.045. Total Milk: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	200	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and	and	Males	Females	Males	Females	Males	Females	Males	Females
		lellales	lemanes								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
-											
at least once in 3 days	6.66	100.0	100.0	100.0	100.0	* 8.66	* 6.66	* 8.66	* 9.66	* 6.66	* 6.66
on 1 of 3 days	1.1	* 8.0	0.1	1.2	0.7 *	4.	~	1.0 *	1.7	* 8.0	1.0 *
on 2 of 3 days	0.9	* 8.0	1.6	2.8	6.9	8.1	8.2	6.7	9.4	3.4	3.7
on all 3 of 3 days	92.7	98.9	98.2	0.96	92.5	90.3	6.68	6.06	88.6	92.6	95.2
Quantity consumed in a day											
(1 cup lowfat milk = 245 g)	\ \ \					 6 					Î
mean	312	429	480	509	337	313	232	264	222	295	252
SEM	9	8	16	30	19	19	∞	12	00	12	တ
5th percentile	10	20	30	58	Ξ	7	7	တ	9	13	14
10th percentile	22	115	91	21	50	5	14	17	15	30	56
25th percentile	63	232	264	153	64	48	36	47	45	88	71
50th percentile	245	395	474	463	274	193	133	168	136	223	194
75th percentile	485	611	651	754	525	452	348	376	313	428	361
90th percentile	728	771	846	1026	726	756	260	653	549	929	538
95th percentile	890	945	1019	1325	833	266	747	791	929	825	714

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.046. Total Cheese Other than Cream or Cottage: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
	,					%					Î
Percent or persons using	\ V					 ୧ 					
at least once in 3 days	77.3	79.3	84.4	9.98	87.8	84.8	82.0	75.4	73.3	57.2	58.1
on 1 of 3 days	29.7	26.2	26.5	26.0	29.5	26.4	31.1	32.5	34.6	31.2	30.7
on 2 of 3 days	29.9	38.6	34.7	32.4	36.7	33.5	32.1	56.6	25.3	19.0	20.7
on all 3 of 3 days	17.7	14.6	23.2	28.2	21.7	25.0	18.7	16.3	13.4	7.1	8.9
Quantity consumed in a day											
(1-1/2 ounces = 43 g)	\ \ \					6 					Î
mean	37	56	30	40	36	48	35	43	32	36	28
SEM	-	2	-	2	2	2	-	8	-	- -	
5th percentile	2	~-	က	က	က	2	8	2	-	-	
10th percentile	2	က	2	9	7	12	9	ည	വ	က	က
25th percentile	15	6	12	48	48	23	15	2	14	7	=
50th percentile	28	21	24	30	58	32	27	53	52	58	23
75th percentile	47	34	40	26	48	63	42	26	40	43	40
90th percentile	78	29	26	84	69	92	72	88	99	72	28
95th percentile	102	26	79	112	98	121	105	120	06	66	78

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.047. Total Cottage Cheese: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over		and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
						/6					ĺ
Percent of persons using	,					♥ 					
at least once in 3 days	7.1	3.7	4.1	5.3	1.7 *	4.6	6.2	8.7	9.5	11.3	14.7
on 1 of 3 days	5.5	2.1	3.6	4.9	1.3	4.1	4.6	8.9	7.3	8.7	10.3
on 2 of 3 days	1.3 E.	1.6 *	* 5.0	* 0.3	* 0.3	. 0.5	0.	φ.	2.0	5. I	4.5
on all 3 of 3 days	0.3	* 0.0	* 0.0	. 1.0	0.1 *	. 1.0	0.7 *	. 1.0	0.5	0.7	·
Quantity consumed in a day											,
(1/2 cup = 105 g)	,					 6 					Î
2000	06	* 28	* 65	52 *	140 *	87	97	97	97	06	95
MH W	4	* 6	* 41	4 8	25 *	10	=	13	12	9	ω
5th nercentile	12	13 *	, 2	* 7	:	14 *	* O	13 *	12 *	14 *	14 *
10th percentile	14	14 *	* 7	* 6	14	19 *	14 *	14 *	13 *	25 *	24
25th percentile	28	19 *	*	12 *	_* 99	35	30	56	27	32	43
50th percentile	70	_* 09	* 13	* 82	106 *	47	20	7	26	104	75
75th percentile	113	* 69	105 *	* 58	195 *	* 	112	=======================================	113	105	113
90th percentile	199	106 *	111 *	109	219 *	181	212 *	192 *	212 *	170 *	195
95th percentile	225	125 *	173 *	123 *	223 *	219 *	222 *	235 *	226 *	204 *	225 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.048. Ice Cream and Ice Milk: Percentage of persons using food in 3 days and quantities consumed in a day.

						\ge (year	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%-					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	20.1 15.6 3.5 1.0	25.6 22.0 3.0 *	24.8 20.7 3.6 0.5	20.8 16.4 3.8 0.7	21.2 16.7 4.2 0.3 *	16.0 12.9 1.9 *	17.9 14.8 2.5 0.6	17.6 12.5 3.7 1.4 *	17.0 13.5 2.8 0.7 *	26.9 17.2 7.0 2.8	22.7 15.6 5.5 1.6
Quantity consumed in a day (1/2 cup hard ice cream = 67 g)	V					6					Î
	173	00	140	207	169	180	33	160	116	139	105
SEM	4	္က ထ	0	16	19	= =	10	=	2	ω	2
5th percentile	33	* 6	36 *	* 99	48 *	33 *	33 *	* 94	33 *	37 *	33 *
10th percentile	59	25 *	99	105 *	* 99	22	44	* 69	62	63	33
25th percentile	99	99	99	133	91	132	99	99	99	99	99
50th percentile	133	98	132	198	133	165	132	132	9	130	83
75th percentile	178	132	155	264	198	263	162	199	133	135	133
90th percentile	264	154 *	264	297 *	332 *	337	263	274 *	198	262	170
95th percentile	336	198 *	341 *	* 298	341 *	392 *	265 *	380	[*] 263	335 *	561

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.049. Total Beef: Percentage of persons using food in 3 days and quantities consumed in a day.

							Age (yea	Age (years) and sex	L			
			2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individ	duals	Males	Males								
	age 2 and over		and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	881	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V						%-					Î
at least once in 3 days	80 67	83.7	84.3 32.3	87.6	92.7	85.1	89.2	83.2	85.9	79.8	78.8	70.9
on 2 of 3 days	о e	8.4	36.9	35.2	35.0	39.5	39.8	34.1	35.5	33.3	31.4	26.0
on all 3 of 3 days	-	8.5	15.1	24.7	33.2	20.1	25.0	15.7	19.7	0. 0.	13.2	10.0
veb e di bemiliado viitagilo												
(1 ounce = 28 g)	V						- 6 -					Î
mean		92	49	64	92	83	125	83	115	83	108	84
SEM		2	က	က	5	9	S	က	4	2	4	က
5th percentile		9	က	2	7	9	10	4	∞	വ	7	ω
10th percentile		=	9	7	10	12	20	7	19	Ξ	18	12
25th percentile		35	18	30	32	34	26	33	24	37	49	38
50th percentile		75	37	22	84	29	96	72	6	78	84	74
75th percentile		123	89	84	137	101	169	116	155	114	149	13
90th percentile	_	061	106	123	188	174	255	171	235	158	230	164
95th percentile		245	119	156	236	241	329	208	286	201	286	194
-												

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.050. Total Pork: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	22	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	lo s	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488		1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 					Î
at least once in 3 days	63.3	55.8	66.5	70.9	62.5	8.69	61.9	68.7	59.0	6.09	54.3
on 1 of 3 days	35.3	32.5	37.6	36.2	30.7	34.9	36.9	37.6	35.3	31.2	35.1
on 2 of 3 days	21.1	19.5	22.8	27.1	23.9	26.5	19.4	22.3	18.1	19.0	13.4
on all 3 of 3 days	6.9	3.8	6.1	7.6	7.9	8.4	5.6	8.8	5.5	10.7	5.9
Quantity consumed in a day											
(1 ounce = 28 g)	V					6					Î
mean	52	31	42	28	20	61	48	62	43	09	20
SEM	-	8	4	4	ഹ	က	7	2	က	က	2
5th percentile	4	က	4	4	4	S	က	2	က	2	4
10th percentile	9	4	4	9	∞	∞	9	∞	വ	ω	9
25th percentile	12	∞	8	14	14	16	တ	16	Ξ	16	15
50th percentile	26	15	18	35	56	35	24	35	55	36	35
75th percentile	70	48	26	82	29	84	62	80	22	88	73
90th percentile	127	84	101	135	112	160	126	140	105	143	108
95th percentile	180	102	143	175	147	212	175	214	158	169	140

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.051. Total Bacon: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 % 					Î
at least once in 3 days	22.0	17.0	16.4	19.2	20.0	23.5	20.9	26.5	23.1	29.3	21.9
on 1 of 3 days	17.2	12.8	13.9	14.8	18.2	17.4	17.1	20.6	18.6	19.7	16.9
on 2 of 3 days on all 3 of 3 days	ю. 6.0.	დ 0 დ 4. *	2.2 0.3 *	3.3 1.1 *	1.3 8.5 8.5 9.5	5.0		4.6 1.3	4.0 4.0 *	5.9 3.7	3.5 2.2 *
Quantity consumed in a day											
(1 strip = 5 g)	, ,					 6 					Î
mean	20	16	18	59	20	24	17	22	17	19	17
SEM	-	2	-	4	2	-		_	-	-	-
5th percentile	-	, 2	* 4	4	*	က	-	* 2	*	*	*
10th percentile	4	ςς *	7	* 9	4	ည	-	4	က	က	က
25th percentile	10	∞	9	15	16	12	∞	14	∞	-	œ
50th percentile	16	12	16	23	16	19	16	20	5	16	16
75th percentile	24	16	22	59	23	32	22	30	23	24	23
90th percentile	32	_* 92	30	* 19	31 *	46	32	33	31	32	24
95th percentile	47	35 *	ج	* 2/	42 *	22	39	* 44	39 *	42 *	33 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.052. Pork Breakfast Sausage: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20-39	39	40-59	59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and	and	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Darcent of persons listed	V					 					Î
Build a special of the special of th	,					2					
at least once in 3 days	9.6	9.9	9.5	12.8	7.9	11.4	9.1	10.8	9.7	12.5	7.8
on 1 of 3 days	7.5	5.3	5.9	9.1	4.6	8.6	7.8	8.8	0.9	9.4	6.5
on 2 of 3 days	1.7	1.3 *	3.2	3.5	3.1	1.0 *		1.6 *	1.2 *	2:5	*
on all 3 of 3 days	0.3	* 0.0	0.1 *	0.5 *	0.3 *	* 9.0	0.1 *	0.4 *	* 4.0	* 6.0	0.2 *
Quantity consumed in a day											
(1 ounce = 28 g)	V					0 					Î
mean	47	35 *	48	62	51 *	53	36	44	43	26	41
SEM	က	4	2	9	* ∞	2	က	က	က	9	4
5th percentile	12	٠ دی •	* -	;	16 *	12 *	* 9	τυ *	*	*	* တ
10th percentile	13	*	14 *	24 *	25 *	+ E	* თ	* 0	12 *	<u>π</u>	*
25th percentile	56	13	56	30	27 *	56	21	24	24	22	23
50th percentile	39	33	47	22	43 *	41	27	36	40	43	32
75th percentile	54	44	54	* 48	* 59	24	47	25	23	29	24
90th percentile	87	54 *	* 08	* 88	* 78	* 88	22 *	* 77	* 25	* 68	* 77
95th percentile	105	* 63	* 88	11 *	* 36	105 *	* 48	120 *	* 98	163 *	91

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.053. Total Frankfurters and Luncheon Meats: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over		and	Males	Females	Males	Females	Males	Females	Males	Males Females
		females	females								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons lising	V					%					Î
	,										
at least once in 3 days	55.3	62.3	71.6	66.3	61.0	58.9	52.4	56.5	45.8	47.4	40.0
on 2 of 3 days	32.0 17.2	17.8	24.8	23.4	19.8	19.9	14.8	19.3	13.8	12.1	5.6 8.9
on all 3 of 3 days	5,5	5.1	6.7	8.0	5.5	9.7	3.5	9.9	4.2	9.9	3.1
Quantity consumed in a day											
(1 ounce = 28 g)	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \					 6 					Î
mean	56	42	45	28	44	29	46	75	55	9	22
SEM	-	7	2	4	က	2	2	4	ന	က	2
5th percentile	വ	က	4	4	4	9	4	7	9	6	9
10th percentile	7	Ŋ	2	7	9	10	9	10	∞	14	14
25th percentile	23	22	15	19	14	28	73	28	56	28	28
50th percentile	45	44	45	45	36	26	41	26	45	22	45
75th percentile	84	52	22	82	29	83	26	103	75	06	85
90th percentile	113	83	90	123	91	134	66	165	113	133	113
95th percentile	144	112	113	164	113	180	114	204	145	168	139

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.054. Total Finfish: Percentage of persons using food in 3 days and quantities consumed in a day.

					4	ide (vear	Age (vears) and sex				
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 al	60 and older
Statistic	All individuals age 2 and over	[e]	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					 					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	32.4 25.5 6.1 0.8	30.0 24.7 5.1 0.2 *	29.5 22.9 6.0 0.5 *	21.9 17.1 4.7 0.1 *	26.0 24.7 1.0 *	31.6 24.7 6.6 0.3 *	32.8 24.9 7.2 0.7 *	35.0 28.6 5.1 1.3 *	35.6 27.2 7.4 1.0 *	36.4 28.3 7.4 0.7 *	37.4 28.7 6.7 2.0
Quantity consumed in a day	,					5					Î
(1 ounce = 28 g)	 	S.	ď	120	οα	ا ا ا	œ	4	06	105	63
Eea I	ဂ္ဂ က	S ro	ဒ္ဓ ဖ	19	ვ თ	9	2	9	ည	9	2
5th percentile	14	*	* 81	12 *	14 *	14	14	20 *	10	18 *	17
10th percentile	24	13	56	24 *	_* 92	27	24	29	24	24	55
25th percentile	48	24	45	51	48	22	43	26	21	25	48
50th percentile	77	36	89	90	74	84	20	97	69	86	77
75th percentile	124	20	110	161	103	146	112	157	112	134	115
90th percentile	184	66	160	245 *	172 *	201	171	213	173	195	177
95th percentile	240	153 *	198 *	346 *	257 *	251	224	266 *	224	254 *	240

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.055. Canned Tuna: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vear	Age (vears) and sex				
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals	1	Males								
	age 2 and over		and	Males	Females	Males	Females Males	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Derocate of persons using						 % 					Î
Build a personal design	,					?					
at least once in 3 days	14.8	13.1	12.6	10.0	11.3	15.4	17.5	15.2	17.9	12.4	14.3
on 1 of 3 days	12.4	10.7	10.5	7.8	10.6	13.0	14.7	13.2	14.9	10.5	11.9
on 2 of 3 days	2.1	2.3	1.9	2.5 *	* 9.0	2.3	5.6	£.3	2.5	* 6.	2.0
on all 3 of 3 days	0.3	0.1 *	0.2 *	* 0.0	0.1 *	0.2 *	0.2 *	0.7 *	0.5 *	*	0.4 *
Quantity consumed in a day											
(1 ounce = 28 g)	V					6					^
mean	72	48	65	* 18	74	85	72	06	65	75	22
SEM	က	œ	∞	13 *	15	2	4	80	4	9	4
5th percentile	14	* 6	13 *	20 *	14 *	14	14 *	18 *	14 *	14 *	<u>+</u>
10th percentile	18	* 01	* 20	25 *	14 *	17	19	27 *	20	*	4
25th percentile	31	16	28	27 *	27	49	34	37	44	59	27
50th percentile	56	31	26	26	26	71	28	84	26	79	26
75th percentile	96	26	82	* 36	85	112	96	112	84	98	29
90th percentile	152	110 *	129 *	167 *	157 *	167	140	162 *	110	152 *	110
95th percentile	168	154 *	154 *	202 *	* 602	181 *	167 *	205 *	160 *	167 *	112 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.056. Total Chicken and Turkey: Percentage of persons using food in 3 days and quantities consumed in a day.

						מפיי) פה ע	And has (sizely) and	,			
		2-5	6-11	12	12-19	200	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
	,					ò					
rercent of persons using	>					 					Î
at least once in 3 days	67.7	65.6	65.7	61.5	63.9	9.99	71.5	69.3	66.4	67.4	72.4
on 1 of 3 days	38.0	38.2	37.3	39.7	40.0	39.9	38.7	37.7	37.0	34.1	36.7
on 2 of 3 days	23.0	19.9	21.7	18.6	19.2	20.6	25.6	24.5	23.8	24.5	26.5
on all 3 of 3 days	6.8	7.5	6.8	3.2	4.7	6.2	7.2	7.2	9.9	8.7	9.5
Quantity consumed in a day											
(1 ounce = 28 g)	\ \ \					6 					Î
mean	91	52	70	108	84	125	79	114	87	93	74
SEM	2	က	4	9	2	9	က	2	4	2	က
5th percentile	-	_	_		~~	_	_	#		-	-
10th percentile	9	-	4	21	9	တ	9	_	9	က	9
25th percentile	36	တ	31	22	37	22	32	48	45	58	28
50th percentile	80	48	29	94	74	103	74	94	80	83	69
75th percentile	123	78	92	139	109	177	113	167	117	124	101
90th percentile	193	105	129	203	187	249	156	246	168	194	141
95th percentile	240	138	160	268	234	305	203	292	203	252	183

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.057. Total Eggs: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals		Males								
	age 2 and over	females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					%					Î
at least once in 3 days on 1 of 3 days	95.3 14.9	13.0	96.7	13.2	97.1	94.2	94.6	95.7	96.0	94.4	95.0 16.5
on all 3 of 3 days	48.9	48.2	56.7	46.3	45.2	49.0	44.0	50.2	43.9	59.6	50.5
Quantity consumed in a day											
(1 large, boiled = 50 g)	\ \ \					0 		-1			Î
mean	27	20	24	33	21	37	24	34	22	32	22
SEM	-	2	2	4	2	2	-	2	-	2	
5th percentile	*	*	*	#	#	_	#	#	#	-	#
10th percentile	-	-		-	-	-	-	-	- -	- (, (
25th percentile	5	5	5	က	21	က	2	2 5	2 0	က်	1 12
50th percentile	o	9	∞	9	_	<u></u>	∞ ;	10	∞ (12	- 00
75th percentile	41	33	38	45	55	63	38	23	ဗ္ဗာ	48	88 8
90th percentile	87	26	77	06	78	107	77	94	74	88	65
95th percentile	102	82	96	115	26	133	91	129	88	103	88

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.058. Total Peanut Butter: Percentage of persons using food in 3 days and quantities consumed in a day.

						And (Ves	And (years) and sex	,			
		2-5	6-11	12	12-19	200	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over		and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V										À
at least once in 3 days	21.4	42.2	33.3	26.0	21.4	18.0	18.3	18.9	16.0	15.0	18.1
on 1 of 3 days	14.7	29.0	20.7	18.5	15.6	12.5	12.8	13.3	11.5	9.5	13.0
on 2 of 3 days	4.9	10.1	8.0	4.5	5.1	4.1	4.8	3.5	3.4	3.9	3.9
on all 3 of 3 days	1.8	3.1	4.6	3.1	0.7 *	1.4	0.7 *	2.4	1.2 *	1.6 *	1.2 *
Quantity consumed in a day											
(1 tablespoon = 16 g)	\ \ \					 6 					Î
mean	24	21	22	31	21	31	22	24	19	27	18
SEM	-		2	က	2	က	2	8	-	7	_
5th percentile	ဇ	5	က	* 22	* က	, γ	* თ	4	,	Ω	* က
10th percentile	ß	Ŋ	2	* 9	4	9	4	ب ب	က	*	ល
25th percentile	=	14	Ξ	13	6	14	တ	0	9	Ξ	ω
50th percentile	16	16	15	25	16	30	16	15	14	16	15
75th percentile	32	30	35	35	31	32	31	31	30	35	27
90th percentile	48	36	46	61	32 *	29	46	47 *	48	47 *	31
95th percentile	62	51	48	* 48	44 *	, 22	* 19	* 73	* 84	* 49	32 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.059. Coffee: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					 					
at least once in 3 days	48.0	* 4.0	6.	7.0	8.1	53.6	46.9	77.3	74.0	82.2	77.2
on 1 of 3 days	6.4	* 6.0	4.4.	3.2	3.3	9.6	9.5	9.7	8.0	4.9	5.8
on 2 of 3 days	7.4	*	0.1 *	1.7 *	2.9	11.8	9.8	10.6	9.0	7.4	10.0
on all 3 of 3 days	34.3	* 0.0	* 4.0	2.1 *	2.0 *	32.2	28.9	59.1	56.9	6.69	61.4
Quantity consumed in a day											
(8 fluid ounces = $240 g$)	\ \ \					 6 					Î
mean	586	223 *	226 *	303 *	318 *	591	562	725	909	579	477
SEM	16	* 88	26 *	25 *	*	59	58	44	34	56	16
5th percentile	177	;	43 *	118 *	* 68	178	170	240	210	177	170
10th percentile	240	;	* 62	181	126 *	234	214	240	215	222	213
25th percentile	240	* 82	138 *	194 *	161	238	227	240	231	234	225
50th percentile	460	103 *	202 *	216 *	220 *	442	430	464	994	444	451
75th percentile	069	189 *	226 *	238 *	381 *	692	662	968	707	695	538
90th percentile	1056	430 *	240 *	433 *	444 *	926	1031	1351	1157	1043	988
95th percentile	1421	;	377 *	, 989	465 *	1526	1437	1918	1383	1400	1045

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.060. Coffee, With Caffeine: Percentage of persons using food in 3 days and quantities consumed in a day.

						, , , , , , , , , , , , , , , , , , ,					
						4ge (yea	Age (years) and sex			3	-
		2-2	6-11	12	12-19	50	20-39	40	40-59	60 a	and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days	41.3	0.3 *	8.1	5.9	8.0	49.9	41.9	68.3	63.9	65.6	58.5
on 1 of 3 days	6.9	0.3 *	1.3 *	2.9 *	3.4	9.1	8.8	9.7	10.1	5.7	8.1
on 2 of 3 days	6.9	*	0.1	1.0 *	2.6 *	11.9	8.8	10.3	7.8	7.8	7.2
on all 3 of 3 days	27.5	* 0.0	0.4 *	1.9 *	2.0 *	28.9	24.3	48.2	46.0	52.1	43.2
Quantity consumed in a day											
(8 fluid ounces = $240 g$)	,					 0 					Î
mean	290	149 *	215 *	337 *	401 *	604	572	693	609	591	481
SEM	17	* 85	18 *	31 *	* 98	34	31	38	36	58	16
5th percentile	175	:	41 *	108	:	156	173	180	176	220	166
10th percentile	240	:	* 49	181 *	173 *	234	187	240	214	224	212
25th percentile	240	£3 *	118 *	196 *	197 *	238	212	240	230	235	226
50th percentile	460	94 *	199 *	220 *	228 *	445	426	462	462	447	453
75th percentile	695	110 *	221 *	389	376 *	969	699	812	712	707	610
90th percentile	1144	119 *	235 *	625 *	ł	983	1086	1362	1133	1112	904
95th percentile	1434	:	239 *	¥ 202	;	1431	1628	1668	1415	1382	954

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.061. Coffee, Decaffeinated: Percentage of persons using food in 3 days and quantities consumed in a day.

						Ane (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 an	60 and older
Statistic	All individuals age 2 and over	lo s	Males and females	Males	Females Males	Males	Females Males	Males	Females	Males Females	emales
Number in sample	11,488		1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ŷ					%					Î
at least once in 3 days	11.6	* *	0.1 *	* 6.7	\$ ° ° ° ° ° ° ° ° ° ° ° ° ° ° ° ° ° ° °	6.7	4.8	18.2	19.9	27.1	29.0
on 1 of 3 days on 2 of 3 days	છ <u>ત્ર</u>	0.0	# 0.0 0.0	0.3	0.2.	4.2	3.1 1.9	8. 4 8. 4.	5.5 5.2	5.0 5.0 8.0	5.7
on all 3 of 3 days	0.9	* 0.0	* 1.0	* 4.0	* 0.0	3.0	3.5	9.0	9.1	16.1	17.5
Quantity consumed in a day	,					7					
(8 fluid ounces = $240 g$)	\ \ \					 ဂ 					Ì
mean	461	480 *	480 *	263 *	403 *	467	453	545	440	495	402
SEM	5	*	* 0	* 04	108 *	37	32	99	56	59	19
5th percentile	211	:		i	;	;	180 *	183 *	178 *	181	210
10th percentile	215	:	:	:	1	:	215 *	193 *	213	189	214
25th percentile	226	:	:	141 *	:	:	231	224	225	213	224
50th percentile	359	:	;	183 *	:	424	368	429	333	403	250
75th percentile	476	ŀ	;	225 *	:	478	468	662	466	593	458
90th percentile	718	1	;	;	;	* 469	¢ 169	\$ 026	814	933	703
95th percentile	949	1	:	1	:	820 *	884 *	1051	* 056	1171 *	719

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.062. Tea: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	33.7	13.5	18.2	24.7	32.5	33.1	38.3	37.7	43.8	36.6	43.1
on 1 of 3 days	12.6	6.4	8.7	10.5	16.2	13.8	15.3	11.9	15.1	12.1	11.2
on 2 of 3 days	9.1	4.3	5.1	4.5	7.9	9.2	11.6	11.0	1.8	7.2	10.8
on all 3 of 3 days	12.0	2.9	4.5	9.6	8.4	6.6	11.3	14.8	16.9	17.3	21.0
Quantity consumed in a day											
(8 fluid ounces = $240 g$)	\ V					 					<
mean	471	250	285	202	397	584	466	583	465	431	411
SEM	12	23	17	46	28	27	24	33	56	24	16
5th percentile	119	* 9/	109	:	187 *	149	150	145 *	120	* 5/	88
10th percentile	180	113 *	119	147 *	211	218	213	210	508	166	178
25th percentile	239	149	193	239	239	320	239	238	232	232	238
50th percentile	329	213	229	422	359	454	359	459	329	328	306
75th percentile	512	287	329	220	462	718	536	719	480	479	473
90th percentile	928	459 *	476	* 686	624	1091	006	1078	928	720	719
95th percentile	1127	538 *	479 *	1292 *	735 *	1303	1077	1438 *	1112	* 686	928

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.063. Soft Drinks: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 					Î
at least once in 3 days	65.3	48.2	62.5	80.2	78.9	78.1	75.5	66.1	65.3	42.9	38.8
on 1 of 3 days	22.0	23.4	28.0	19.1	19.7	21.1	23.4	21.6	24.1	19.3	17.3
on 2 of 3 days	19.6	13.8	22.7	28.0	27.0	20.7	23.0	18.4	17.9	12.0	12.1
on all 3 of 3 days	23.6	11.0	11.7	33.2	32.2	36.3	29.5	26.0	23.4	11.7	9.4
Quantity consumed in a day											
(12 fluid ounces, regular = 369 g)	>					 6 					Î
mean	513	299	382	622	510	648	541	549	462	387	379
SEM	6	14	15	33	15	23	17	25	13	1 3	19
5th percentile	184	111	124	243	223	243	218	199	180	168 *	121
10th percentile	238	123	185	247	247	334	246	241	237	185	179
25th percentile	309	185	242	369	359	369	356	357	290	244	226
50th percentile	372	247	359	493	372	494	371	372	371	366	319
75th percentile	709	369	372	743	902	744	717	719	551	411	372
90th percentile	928	494	738	1113	744	1108	974	686	743	299	717
95th percentile	1115	732	856	1440	972	1478	1187	1221	1021	742 *	744

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.064. Soft Drinks, Not Diet, With Caffeine: Percentage of persons using food in 3 days and quantities consumed in a day.

						And (veal	Ane (vears) and sex	\ \ >			
		2-5	6-11	12	12-19	20	20-39		40-59	60 al	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					%					Î
at least once in 3 days	42.0	30.1	45.9	64.5	62.5	58.3	46.6	40.9	31.7	18.2	16.6
on 1 of 3 days	18.4	17.3	26.5	19.9	26.7	20.9	20.9	17.3	14.8	8.3	9.3
on 2 of 3 days	12.2	8.1	13.0	23.0	17.3	16.1	14.9	10.5	9.1	5.9	4.2
on all 3 of 3 days	11.4	4.7	6.5	21.5	18.5	21.3	10.8	13.0	7.8	4.1	3.1
Oriantity consumed in a day											
(12 fluid ounces = 369 a)						5					Î
	,					ת					•
mean	498	281	363	292	200	627	492	515	479	374	359
SEM	6	12	15	31	20	22	13	22	24	Ξ	12
5th percentile	185	102 *	66	202	188	241	185	191	185	187 *	119 *
10th percentile	246	114	185	227	211	329	246	220	218	201 *	185
25th percentile	310	185	203	369	364	370	309	350	253	242	244
50th percentile	371	247	293	372	372	493	371	372	371	369	369
75th percentile	558	346	371	741	222	743	588	989	496	371	372
90th percentile	922	441	561	066	743	1096	744	744	934	486 *	493
95th percentile	1114	485 *	744	1287	920	1363	1112	1112	1116	651 *	742 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.065. Soft Drinks, Not Diet, Caffeine-Free: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vear	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males			,					
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					- % -					Î
at least once in 3 days	18.8	19.7	22.5	31.6	25.4	22.0	20.7	15.7	12.6	11.2	10.9
on 1 of 3 days	12.2	11.8	13.9	18.6	16.8	15.9	14.1	10.2	7.2	7.8	6.5
on 2 of 3 days	4.8	5.5	0.9	10.1	6.4	2.0	4.6	4.3	4.1	× 0.2	3.0
on all 3 of 3 days	1.7	2.4	2.5	3.0	2.3 *	*	2.0	1.2 *	1.2 *	1.5 *	4.1
Quantity consumed in a day											
(12 fluid ounces = 369 g)	V					6					Î
mean	399	266	326	552	351	470	418	392	383	348	313
SEM	6	22	17	38	16	24	16	17	23	24	25
5th percentile	124	* 49	123 *	229 *	129 *	240 *	181	163 *	163 *	158 *	104 *
10th percentile	185	* 68	124	242 *	162 *	243	228	219 *	183 *	185 *	123 *
25th percentile	244	185	241	369	242	369	247	245	243	193	213
50th percentile	371	242	247	372	362	371	370	370	371	371	244
75th percentile	492	288	372	736	369	495	488	482	372	372	369
90th percentile	742	372 *	490	971 *	495 *	744	742	552 *	* 669	495 *	494 *
95th percentile	865	682 *	729 *	1167 *	¥ 98Z	* 896	857	737 *	734 *	655 *	* 607

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.066. Soft Drinks, Diet, With Caffeine: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ \					%					
at least once in 3 days	15.3	4.8	6.1	8.6	18.4	14.6	22.0	19.3	24.3	10.7	10.6
on 1 of 3 days	7.9	3.5	4.6	4.8	9.5	6.1	9.5	10.8	13.4	7.3	5.9
on 2 of 3 days	4.0	* - :	ر دن	3.4	7.0	3.4	5.9	4.1	9.9	2.8	3.5
on all 3 of 3 days	3.4	0.2 *	0.2 *	0.4 *	2.1 *	5.1	9.9	4.4	5.4	* 9.0	* —
Quantity consumed in a day											
(12 fluid ounces = 355 g)	Y					6 					^
mean	484	247 *	336	444 *	403	603	550	502	445	388	371
SEM	14	23 *	20	45 *	53	45	30	36	50	52	2
5th percentile	179	* 83	144 *	140 *	161 *	332 *	197	207 *	180 *	154 *	178 *
10th percentile	238	* 36	178 *	175 *	191 *	344 *	239	225 *	238	* 200	179 *
25th percentile	355	129 *	230 *	260 *	279	357	348	355	294	238 *	211
50th percentile	329	185 *	358 *	357 *	357	426	326	358	357	356	326
75th percentile	479	* 292	359 *	367 *	360	718	715	462	461	427 *	374
90th percentile	839	349 *	429 *	¥ 89Z	717 *	* 586	1076	* E98	719	712 *	652 *
95th percentile	1077	421 *	479 *	1008	821 *	1349 *	1194	1078 *	* 956	717 *	715 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.067. Soft Drinks, Diet, Caffeine-free: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vear	Age (vears) and sex				
		2-5	6-11	12	12-19	20-39	39	40-59	59	60 al	60 and older
Statistic	All individuals	-	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ										Î
at least once in 3 days	9.1	2.9	5.3	4.2	7.5	8.3	11.4	11.0	14.8	9.8	8.7
on 1 of 3 days	5.5	2.5 *	4.6	* 6.0	5.3	4.9	7.1	8.9	8.3	5.3	4.5
on 2 of 3 days	2.1	0.3 *	* 9.0	0.7 *	1.7 *	2.7	2.5	2.2	3.4	1.8 *	2.5
on all 3 of 3 days	1.6	* 4.0	0.1 *	2.6 *	* 4.0	* 9.0	1.9	2.0	3.2	2.7	1.7
Quantity consumed in a day											
(12 fluid ounces = 355 g)	V					 6 	:				Î
mean	400	208 *	270 *	556 *	* 668	469	402	447	390	361	353
SEM	12	34 *	25 *	* 98	45 *	32	14	61	18	34	35
5th percentile	178	:	* 86	166 *	:	185 *	183 *	140 *	178 *	113 *	102 *
10th percentile	179	* 99	123 *	257 *	:	* 602	199 *	175 *	237 *	138 *	177 *
25th percentile	239	118 *	154 *	356 *	239 *	356	283	224	239	197 *	192
50th percentile	356	160 *	216 *	359 *	358 *	358	357	356	356	330 *	254
75th percentile	474	232 *	356 *	715 *	470 *	479	360	458	475	359 *	360
90th percentile	716	342 *	360 *	\$65 *	* 629	* 488	711 *	717 *	* 589	485 *	555 [*]
95th percentile	876	403 *	451 *	1037 *	714 *	1039 *	720 *	1161 *	719 *	* 069	729 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.068. Fruit Drinks: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (Vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	-59	60 al	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 %					Î
at least once in 3 days on 1 of 3 days	24.6 13.7 6.8	41.6	45.2 20.2 17.3	32.6 18.9 7.9	34.2 21.0 7.9	21.4 12.6 5.1	24.6 15.5 4.8	13.4	14.6 9.2 3.7	16.3 9.4 3.9	18.4 11.1 4.5
on all 3 of 3 days	4.1	10.1	7.7	5.8	5.3	3.7	4.2	* 6.0	1 .8	3.0	2.8
Quantity consumed in a day (8 fluid ounces = 248 d)	Å					6					Î
	370	296	350	456	374	511	362	466	327	335	307
SEX	ο Φ	16	12	28	22	29	14	37	22	21	16
5th percentile	125	118	125	183 *	123 *	229 *	126	122 *	121 *	125 *	124 *
10th percentile	180	124	188	187	186	248	187	134 *	169	126 *	125
25th percentile	247	175	247	248	247	253	247	248	236	242	188
50th percentile	253	249	250	374	301	469	250	371	250	250	250
75th percentile	495	375	495	200	495	625	494	206	373	375	375
90th percentile	969	501	501	750	295	096	296	974 *	200	\$ *	203
95th percentile	948	627	750	1056 *	185 *	* 366	751	1114 *	* 629	732 *	* 833

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.069. Beer: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Ŷ					%					Î
at least once in 3 days	11.1	* 0.0	* 0.0	1.1	1.4 *	28.2	9.4	25.4	8.5	10.8	2.8
on 1 of 3 days	5.8	* 0.0	* 0.0	* 8.0	0.4 *	14.4	6.2	11.1	4.3	2.0	2.5
on 2 of 3 days	3.3	* 0.0	* 0.0	0.3	* 0.0	8.2	2.3	9.3	3.2	2.8	0.1 *
on all 3 of 3 days	2.0	* 0.0	* 0.0	* 0.0	1.0 *	9.9	6.0	2.0	1.0 *	3.0	0.2 *
Quantity consumed in a day											
(12 fluid ounces = $360 g$)	,	:				6					Î
mean	799	ł	;	712 *	1140 *	963	680	778	551	267	419 *
SEM	30	:	;	216 *	263 *	09	22	64	45	40	84 *
5th percentile	222	:	;	:	36 *	303	152 *	300 *	*	231 *	;
10th percentile	304	:	:	:	117 *	312	226 *	308	184 *	303 *	ž e
25th percentile	329	;	;	;	374 *	339	324	330	260	324	226 *
50th percentile	478	:	;	ŧ	1097 *	657	447	459	352	357	323 *
75th percentile	941	ľ	1	742 *	1274 *	1062	719	718	691	647	407 *
90th percentile	1710	;	;	1174 *	1380 *	2030	1334 *	1430	875 *	732 *	638 *
95th percentile	2116	;	:	1318 *	1416 *	2823	1570 *	2049 *	1136 *	1056 *	;

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.070. Total Wine: Percentage of persons using food in 3 days and quantities consumed in a day.

						vde (vear	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	၂လ လွ	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	\ \ \					 					Î
at least once in 3 days	10.4	5.2	3.9	3.2	3.4	11.5	12.4	15.7	15.0	12.3	10.7
on 1 of 3 days	7.4	4.9	3.4	3.1	2.4 *	9.3	9.6	8.8	10.0	7.4	8.9
on 2 of 3 days	2.0	0.3 *	* 6.0	*	1.0 *	1.7	6.1	4.5	3.3	2.3	2.2
on all 3 of 3 days	1.0	* 0.0	* 0.0	* 0.0	* 0.0	0.5	6.0	2.3	1.7	5.6	<u>←</u> ⊗.
Quantity consumed in a day											,
(5 fluid ounces = $145 g$)	, ,					6 					Ì
	118	* 4	* 9	18 *	20 *	140	138	135	135	107	100
∑	. ∞	*	*	* o	+ 01	15	15	15	17	19	14
5th percentile	2	*	*	1	* 2	* 2	*	,	2 *	* က	*
10th percentile	2	*	*	, 2	* 2	4	7	4	* က	* 9	* ~
25th percentile	7	*	2	* ო	* က	7	9	80	0	1 3	_
50th percentile	39	* 2	* 9	, 7	* 6	95	108	84	11	45	<u>~</u>
75th percentile	177	* 4	*	16 *	16 *	506	224	215	179	145	157
90th percentile	296	* /	* 6	23 *	+ 8 +	328 *	323	304	308	564	219 *
95th percentile	416	14 *	10 *	42 *	2e *	414 *	373 *	* 664	* 105	414 *	228 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.071. Soups: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	22	20-39		40-59	60 al	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	28.4 21.2 5.8	31.5 26.0 5.1	26.9 22.0 4.4	18.5 16.5 2.1 *	22.2 19.2 2.8	21.9	26.4 20.0 5.1	28.7 21.2 6.4	28.5 20.6 7.1	41.6 28.8 8.5	41.2 27.2 11.0
on all 3 of 3 days	د .	* 4.0	. 0.5	* 0.0	* 0.2	1.2	1 .	*	* 2.0	4.4	3.1
Quantity consumed in a day (1 cup, chunky chicken noodle = 240 g)	V					 6 					Î
						•					
mean	363	217	334 26	470 36	345 15	445	325	427	361	381	346
5th percentile	119	47 *	10	185 *	110 *	* 85 *	120	121 *	142 *	120 *	137
10th percentile	140	62	79	231 *	174 *	186	123	189	234	180	217
25th percentile	240	120	221	241	240	241	240	243	241	241	241
50th percentile	299	240	244	476	346	361	244	366	305	361	291
75th percentile	482	243	482	610	480	540	476	209	480	485	479
90th percentile	602	363	601	¥ 08Z	486 *	731	498	722	584	611	497
95th percentile	731	482 *	726 *	961 *	573 *	962	613	810 *	722 *	730 *	653

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.072. Potato Chips: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12-19		20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					 %					Î
at least once in 3 days	18.7	25.4	25.5	28.1	24.9	23.4	18.8	16.3	13.4	8.0	7.9
on 2 of 3 days	5.5 5.1	6.1	7.3	5.3	5.1	5. 6.	3.5	4.9	6.1	* 8.0	0.7 *
on all 3 of 3 days	1.0	1.0 *	1.6 *	1.9	2.4 *	1.6	0.5 *	1,2	* 9.0	* 6.0	* 8.0
Quantity consumed in a day											
(10 medium = 20 g)	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \					6					Î
mean	43	27	35	22	45	54	38	52	37	58	59
SEM	2	4	က	7	4	4	2	7	4	ည	9
5th percentile	6	4	* 6	19 *	ا ه	14 *	6	* ∞	* တ	* ©	* /
10th percentile	=	7	Ξ	20 *	15 *	50	12	17 *	* 01	* တ	*
25th percentile	20	0	20	27	50	56	50	19	18	17 *	9
50th percentile	28	5	56	58	28	40	28	58	50	19 *	19
75th percentile	49	27	30	28	51	22	43	20	37	* \$8	28
90th percentile	82	82	22	141 *	101	102	09	104 *	* 38	36 *	_* 99
95th percentile	113	109	* 66	;	113 *	169 *	84	176 *	122 *	ž 99	* 85

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.073. Corn Chips: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vear	Age (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	, ,					 					Î
at least once in 3 days	13.7	13.0	18.7	23.8	23.3	16.6	14.9	11.7	10.3	4.6	3.4
on 1 of 3 days	10.7	10.0	11.7	18.3	20.0	12.9	12.3	9.5	8.2	4.2	5.9
on 2 of 3 days	2.5	5.6	5.9	4.2	3.2	2.7	2.4	2.3	1.4	0.3 *	0.4 *
on all 3 of 3 days	0.5	0.4 *	* - -	1.2 *	0.2 *	1.0 *	0.2 *	.03	0.7 *	0.1 *	0.1 *
Quantity consumed in a day											
(1 cup = 26 g)	Å					6					Î
mean	42	24	35	43	46	54	39	20	38	37 *	24 *
SEM	2	က	က	4	9	2	က	6	വ	* /	* က
5th percentile	∞	4	* 9	13 *	* &	12 *	* /	*	* 9	* &	* 9
10th percentile	12	w *	13	15 *	14 *	16	0	12 *	* _	* 6	*
25th percentile	18	တ	17	24	21	56	13	21	13	13 *	12 *
50th percentile	28	18	25	28	28	41	56	28	56	28 *	18 #
75th percentile	52	27	41	51	52	22	52	24	44	36 *	27 *
90th percentile	85	54 *	71	* 18	* 83	104	75	* 58	* 69	. 69	38
95th percentile	112	* 49	* 98	* 38	128 *	159 *	109	181 *	114 *	* 66	48 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.074. Popcorn: Percentage of persons using food in 3 days and quantities consumed in a day.

						Ane (vea	Ane (vears) and sex	×			
		2-5	6-11	12.	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days	11.4	11.1	13.5	14.9	12.7	9.0	12.9	13.8	12.9	7.8	6.5
on 2 of 3 days	1.7	0.5 *	* 6.0	1.8 *	1.4 *	1.9	1.6	2.8	2.8	*	1.4
on all 3 of 3 days	0.3	.4	*	.00	* 0.0	* 0.0	. 4.0	* 9.0	* 0.3	. 0.2	0.5
Quantity consumed in a day						į					,
(1 cup unbuttered = 14 g)	V					 6 					Î
mean	37	18	59	38	33	49	35	51	39	34	59
SEM	2	2	က	4	2	S	2	4	က	ഹ	က
5th percentile	7	*	, /	* 6	4	*	* /	16	* ∞	* /	* _
10th percentile	12	* 9	* 6	13 *	* OF	13 *	=	* &	*	* ©	*
25th percentile	16	∞	14	52	14	27	14	27	50	*	* &
50th percentile	28	14	27	32	52	40	27	41	58	_*	17
75th percentile	43	56	28	42	34	20	42	72	45	4 1 4	\$ 8
90th percentile	83	28 *	54 *	54 *	* 6/	* 98	74	* 16	72 *	* 89	* 9S
95th percentile	06	* 14	75 *	* 58	* 16	* 96	* 06	* 66	* 88 8	* 08	73 *

^{*} Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.075. Total Prepared Mustard: Percentage of persons using food in 3 days and quantities consumed in a day.

						Δαν) συδ	And (vears) and sex				
		2-5	6-11	12	12-19	200	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and	and females	Males	Females	Males	Females	Males	Females	Males	Males Females
N I would be a second by the s	11 400	245		α.	679	1 503	2 0.42	991	1 305	788	1 453
Number in sample	11,400	0 0 0 0	1,17	0	3 10	5,-	2,042	5	20-		2
Porcent of persons lising	ļ					 					Î
	,					2					
at least once in 3 days	25.3	18.9	23.3	31.9	30.8	30.4	24.4	29.9	24.7	21.3	16.5
on 1 of 3 days	19.3	16.1	19.0	21.6	22.3	22.0	18.4	21.8	21.1	16.3	13.1
on 2 of 3 days	2.0	2.4	3.7	8.8	7.2	7.0	5.1	6.5	3.1	4.1	2.8
on all 3 of 3 days	1.0	0.3 *	0.6 *	1.5 *	1.3 *	1.4	6.0	4.6.	* 4.0	* 6.0	* 9.0
Quantity consumed in a day											
(1 teaspoon = 5 g)	,					6					Î
	,				•		1	3	ı	1	¢
mean	∞	ဖ	_	0	∞ ·	0	,	2			۰ ۵
SEM	*	2	-		-	-	#	-	·	-	-
5th percentile	-	*	*	,	*	-	#	*	*	*	*
10th percentile	-	*	-	2	5	7	-	2	-	× 2	
25th percentile	2	-	4	S	4	ည	က	2	2	က	2
50th percentile	2	4	2	∞	D.	വ	2	2	വ	വ	വ
75th percentile	10	ις ·	∞	15	6	9	∞	14	∞	10	ťΩ
90th percentile	15	10	15	16	15	19	15	23	15	15 *	15
95th percentile	28	15 *	16 *	25 *	* 61	31	16	30	16 *	* 9F	* 91

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.076. Total Tomato Catsup: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
	-	2-5	6-11	12	12-19	20	20-39	40-59	-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 %					Î
at least once in 3 days	29.1	41.7	43.0	44.8	39.6	36.6	27.7	24.6	18.6	13.6	10.4
on 1 of 3 days	22.3 6.0	31.7 8.9	31.4 10.1	34.4 8.5	10.0	7.0	722.1 4.9	6.1	3.0 3.0	2.5	. 6. - 1.
on all 3 of 3 days	0.8	1.1	1.5	1.9 *	1.4	* -:-	0.7 *	0.7 *	0.1 *	* 6.0	0.2 *
Quantity consumed in a day						ī					
(1 tablespoon = 17 g)	V					 					
mean	20	16	48	20	20	25	17	22	19	19	13
SEM	-	2	7	-	2	2	-	2	2	5	-
5th percentile	က	* 2	9	4	ۍ *	2	က	*	*	* 9	*
10th percentile	9	က	9	2	S	9	9	4	က	* 9	* က
25th percentile	7	9	7	8	7	∞	7	7	9	7	2
50th percentile	14	6	=	15	13	17	13	14	=	12	7
75th percentile	24	17	17	55	56	34	17	34	17	19	17
90th percentile	34	34	45	34	34	25	34	51	83	34 *	34 *
95th percentile	89	\$8	63	* 62	* 89	68	20	\$ 25	* 89	[*] 25	34 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.077. Total Soy-Based Sauces: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and	and	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					- %-					Î
at least once in 3 days	16.2	21.0	20.1	15.7	18.7	18.8	16.9	14.5	15.0	11.0	9.5
on 1 of 3 days	13.3	16.9	17.1	13.2	14.5	15.3	14.3	11.2	11.9	8.6	8.0
on 2 of 3 days	2.6	3.5	3.0	2.4		3.5				* 0.0	* 6.0
on all 3 of 3 days	0.2	. 9.0	* 0.0	0.0	* 0.0	0.2	* 8.0	. 2.0	* ©.0	* 4.0	0.2 *
Quantity consumed in a day											
(1 teaspoon = 5 g)	Ŷ					- g					Î
	c	-	c	L	*	,	7	c	c	c	c
mean	D -	4	n .	ດ	_	7	2	D .	מס	Σ	י מכ
SEM	-	-	-	-	ۍ *	2	-	-	-	-	, -
5th percentile	#	*	:	*	*	#	* #	*		*	* #
10th percentile	-	*	#	*	*	-	—	*	*	*	*
25th percentile	_	-	-		-	2	-	7	-	7	-
50th percentile	က	-	-	2	2	2	4	2	4	က	က
75th percentile	10	4	က	4	2	18	Ξ	5	12	-	11
90th percentile	25	13 *	တ	13 *	28 *	34	56	* 92	25 *	21 *	* 92
95th percentile	34	18 *	12 *	21 *	72 *	39 *	37 *	34 *	33 *	38 *	32 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.078. Total Cucumber Pickles: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%-					Î
at least once in 3 days	38.1	29.0	39.6	39.1	40.9	46.4	37.9	41.5	37.1	29.9	30.6
on 2 of 3 days	8.1	3.3	6.1	10.8	9.4	10.7	6.4	11.6	8.3	6.8	8.9
on all 3 of 3 days	1.8	<u>*</u>	* 6.0	+ *	ം ന	2.2	. ယ	2.7	5.6	. ယ်	1.7
Quantity consumed in a day (1 medium = 65 g)	V					6 					Î
	Q	o	4	9	10	00	r.	24	17	66	15
SEM	<u> </u>	· —	<u>-</u>	2 01	4	2 0	<u>-</u>	4	2	4	-
5th percentile	-	*	-	*	*	-	-	-	-	*	-
10th percentile	2	-	-	က	2	က	က	2	2	-	-
25th percentile	9	က	9	9	9	9	9	9	ഹ	က	က
50th percentile	Ξ	7	_	13	7	13	10	13	12	ω	9
75th percentile	16	∞	4	15	15	20	15	24	18	2	<u>5</u>
90th percentile	32	19	56	31	27	32	30	47	32	48	<u></u>
95th percentile	64	34 *	36	* 49	42 *	65	45	105	62	* 9/	63

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.079. Total Sour Cream: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 ai	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,					 					Î
at least once in 3 days on 1 of 3 days	12.9	9.1	11.5	11.4	12.8	13.3	16.0	14.8	15.1	6.4	10.8
on 2 of 3 days on all 3 of 3 days	0.1	1.1 1.1 1.1 1.1	2.6	0.0 0.0	2.1 *	1.6 0.3 *	2.7	0.0	1.7	1.9 0.0 * *	1.3 • 1.3
Quantity consumed in a day	V					 					Î
	,	•	i,	3	C	n (C	ć		,	ć
mean	24	5 CJ	ပ် လ		S 23	g	N 23	2 2	22	2 2	0 0
5th percentile	#	*	*	*	8 8	*	*	*	* #	*	*
10th percentile	#	*	* #	*	*	-	*	*	*	*	*
25th percentile	2	*	#	*	-	თ	က	က	വ	*	4
50th percentile	14	-	7	15 *	0	58	14	14	14	12 *	4
75th percentile	29	14	28	30 *	59	44	59	58	59	* 62	58
90th percentile	22	* 62	* 62	108 *	* 28	69	26	* 85	ž 95	30	45 *
95th percentile	92	33 *	48 *	113 *	* 69	* 98	* 75	* 48	114 *	* 15	23

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.080. Total Fluid Cream: Percentage of persons using food in 3 days and quantities consumed in a day.

						Ane (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Î					- % -					Î
at least once in 3 days	65.6	9.02	69.4	67.2	71.3	70.0	67.2	65.4	59.8	57.9	57.2
on 1 of 3 days	34.6	38.4	39.3	30.4	37.8	35.4	34.6	34.7	34.9	27.4	30.8
on 2 of 3 days	21.3	22.1	21.0	27.2	23.5	21.5	23.7	20.0	16.8	21.0	18.9
on all 3 of 3 days	8.6	10.1	9.1	9.6	10.0	13.1	8.9	10.6	8.1	9.5	7.5
Quantity consumed in a day											
(1 tablespoon = 15 g)	\ \					6		5			Î
mean	14	6	13	13	10	17	13	16	12	19	14
SEM		_	2	2	2	_	-	-	_	7	-
5th percentile	-	-	-	-	-	-	-	-	-	-	—
10th percentile	-	-	-	-	-			-	-	-	-
25th percentile	2	2	2	2	2	2	2	2	7	2	2
50th percentile	4	က	က	က	က	က	က	2	4	10	വ
75th percentile	15	15	15	Ξ	12	14	5	50	15	53	16
90th percentile	38	59	33	44	53	48	32	45	30	46	30
95th percentile	59	30	26	28	36	65	09	09	46	61	22

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.081. Powdered Cream Substitute: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males	Males	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
)	S	females								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ĵ					 %					Î
at least once in 3 days	6.2	0.3 *	* #	1.2 *	0.3 *	7.9	8.6	8.0	9.4	7.3	9.1
on 1 of 3 days	2.2	0.3 *	*	1.2 *	0.3 *	3.6	3.1	3.6	5.6	1.6 *	2.1
on 2 of 3 days	1.4	* 0.0	* 0.0	* 0.0	* 0.0	1.5	2.9	1.3 *	2.4	1.1	1.2 *
on all 3 of 3 days	2.6	* 0.0	* 0.0	*	* 0.0	2.8	5.6	3.1	4.3	4.6	5.8
Quantity consumed in a day											
(1 teaspoon = 2 g)	\ \ \					6					Î
mean	9	* თ	* %	2 *	*	ß	2	7	9	* 9	9
SEM	#	*	* 0	*	* 0	-	*	-	-	*	-
5th percentile	-	;	;	;	:	5	5	* 2	*	*	*
10th percentile	2	ł	:	:	;	5	5 *	*	* 2	*	5
25th percentile	2	± 3	:	;	•	2	2	2	2	2	2
50th percentile	4	ŧ	:	:	;	4	4	S)	4	4	က
75th percentile	9	:	:	:	:	9	9	00	9	9	9
90th percentile	12	:	;	;	:	12 *	12 *	12 *	17 *	10 *	12 *
95th percentile	16	ì	;	;	:	13	14 *	17 *	18 *	12 *	* 81

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.082. Total Margarine: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	2(20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females Males	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 					Î
at least once in 3 days	90.9	93.7	94.0	89.5	84.8	89.8	89.1	92.3	89.8	92.7	94.4
on 2 of 3 days	31.8 35.8	29.3 36.8	35.9	28.9	30.8	32.8	32.0	31.3	32.9 35.6	27.1 50.7	32.1 44.3
סו מון סיו סימאל))							
Quantity consumed in a day	,					5	-				Î
(1 teaspoon = 5 g)	V					ח				:	
mean	12	ω.	თ ·	41	o ,	4 ,	- -	<u>t</u>	<u>و</u> ۽	4 4	-
SEM	#	- :	-	ω.			#= 1	- 1	#= 1		‡÷ ▼
5th percentile	•	#	-	- (- (- (- (– (- c	- c
10th percentile	7	-	-	ω.	- (Ν.	Ν -	Ν -	.7 -	N r	N 4
25th percentile	4	7	8	4	က	4 (41	4 (41	ລ ເ	41
50th percentile	7	വ	9	o	ဖ	တ	_ :	ာ (` :	2!	• ;
75th percentile	15	9	1 3	17	12	10	4	50	4	17	14
90th percentile	28	16	22	32	19	35	56	34	55	35	53
95th percentile	35	27	59	24	23	45	33	46	59	30	3

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.083. Margarine, All Types Reported Separately: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 					Î
at least once in 3 days on 1 of 3 days	48.9 25.3	46.6	45.7	44.3 24.1	42.5	43.0	44.8	51.3	52.8	61.3	60.6
on 2 of 3 days on all 3 of 3 days	14.0	14.7	14.8	11.3 8.9	11.4	9.7	13.2 6.9	14.4	14.5	19.1	19.4
Quantity consumed in a day						5					Î
(Treaspoon = 5 g)						ת ס					
mean	14	6	13	18	12	18	13	17	12	<u>.</u>	57 .
SEM	#	-		က	-	-	-	-	#		•
5th percentile	2	0	5	* ~	*	4	2 .	01 -	C√ I	C) 1	0 0
10th percentile	ın ı	~ 10	က 🔻	4 r	m ₹	41	4 n	4 1	Ωu	ΩU	ν и
25th percentile	ဂ ၀	4 r	4 0	O 7	4 0	- <	n c	* *	00	0 0	0
50th percentile	י ת י	ດເ	D 3	4 6	ה ק ק	4 6	ה ק ק	- C	D <	7 0	D Z
75th percentile	4 0	2;	4 0	82 5	4 6	200	<u> </u>	17	- C	/-	- α
90th percentile	82.7	4 6	χ Ν	2 L	* 000000000000000000000000000000000000	57	87 8	2 6	0 00	970	2 60
95th percentile	43	82.7	RZ	20	67	6	99	70	67	† D	ŝ

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.084. Total Butter: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females Males	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days	42.2	47.2	45.1	34.3	33.5	39.6	42.2	45.1	44.3	42.7	44.1
on 1 of 3 days	24.8	28.9	26.2	22.9 9.8	22.0 9.4	23.1	26.3	24.3	25.5 11.6	23.9 10.6	24.1 13.1
on all 3 of 3 days	5.5	5.0	5.5	± 9. 1	2.1 *	4.5	5.1	9.9	7.2	8.3	7.0
Quantity consumed in a day						ŧ					,
(1 teaspoon = 5 g)	\ \ \					 ဘ 					Ì
mean	O	4	7	=	10	12	80	12	80	10	7
SEM	#	#	-	2	2	-	-	-	-	-	- -
5th percentile	#	*	*	*	*	*	#	#	*	*	#= 1
10th percentile	*	*	#	-	-	_	-	-	#	-	*
25th percentile	-	-	-	2	2	က	-	2		- 1	, . (
50th percentile	ഹ	8	4	2	വ	7	4	9	သ	ιΩ	က
75th percentile	10	လ	တ	14	=	14	0	14	9	1 3	9
90th percentile	22	တ	16	58	58	58	16	58	19	58	15
95th percentile	28	4 *	28	* 82	37 *	35	58	45	58	* 62	58

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.085. Total Vegetable Oil: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	200	20-39		40-59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females Males	Males	Females Males	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	Ĵ					 					Î
at least once in 3 days	97.5	97.6	99.5 *	* 36.5	98.8	98.7	97.9	97.3	97.1	94.9	93.9
on 1 of 3 days	8.9	8.1	3.8	5.1	5.6	7.1	9.1	8.0	12.8	12.2	15.3
on 2 of 3 days	26.4	27.6	23.5	19.4	27.0	28.7	26.9	25.6	26.5	30.0	25.3
on all 3 of 3 days	62.3	61.9	72.2	74.7	66.2	62.9	62.0	63.7	6.73	52.8	53.3
Quantity consumed in a day											
(1 teaspoon = 5 g)	V					 6 					^
mean	12	7	6	14	12	16	12	16	12	=	10
SEM	*	_	#	-	-	-	#	-	*	-	*
5th percentile	#	#	#	#	-	-	-	-	#	_	*
10th percentile	-	#	-	-	-	2	-	2	-	-	-
25th percentile	က	-	2	4	က	4	က	2	က	က	2
50th percentile	8	4	7	6	7	Ŧ	∞	12	∞	7	9
75th percentile	16	0	13	20	14	21	16	24	16	15	5
90th percentile	28	15	19	33	28	34	56	37	28	27	22
95th percentile	37	24	52	36	40	48	33	46	34	36	30

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.086. Pourable Salad Dressing: Percentage of persons using food in 3 days and quantities consumed in a day.

						Ane (vea	Ane (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days on all 3 of 3 days	31.9 22.0 8.0 1.9	11.7 9.1 2.1 * 0.6 *	23.9 17.9 5.8 0.3 *	27.3 20.1 7.1 # *	24.1 17.4 6.2 0.5 *	29.8 20.4 8.0 1.4	33.3 22.7 8.7 1.9	43.2 30.2 9.7 3.4	40.7 26.4 11.6 2.7	36.4 25.9 7.5 3.1	35.6 23.0 8.9 3.7
Quantity consumed in a day (1 tablespoon Italian = 15 g)	ļ					 6 					Î
mean SEM 5th percentile 10th percentile 25th percentile 50th percentile 75th percentile 90th percentile	36 1 11 15 31 62 88	5 4 5 5 5 5 4 * * * 5 5 5 4 5 4 5 4 5 4 5 4 5 5 6 5 6 5 6 5	27 4 4 1 4 4 4 4 4 7 4 6 2 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	38 33 34 52 52 45 75 75 75	39 4 4 12 12 15 15 29 59 78 4 4 110	45 11 15 15 17 17	35 2 17 17 15 15 16 83	42 27 27 31 59 76 82 *	35 2 10 15 30 46 62 78	36 3 4 15 15 46 62 91 *	31 13 15 15 15 15 15 62 62

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.087. Total Mayonnaise and Mayonnaise-Type Dressing: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	54.1 32.1 16.6	35.2 23.7 10.2	45.3 29.4 12.6	50.8 27.4 18.6	34.3 18.3	58.5 35.5 15.4	55.2 32.7 17.4	58.9 31.7 19.2	56.9 32.8 18.2	56.0 34.8 16.3	56.8 32.3 18.6
Quantity consumed in a day	t o	<u>5</u>	t o	i i		2	5	2		P.	
(1 tablespoon mayonnaise = 14 g)	\) D					
mean	16	51 0	13	19	5 -	20	₹	19	16	17	4 #
5th percentile	: M	*	က	* \	က *	Ŋ	က	5	2	က	က
10th percentile	5	2	2	5	2	S	വ	2	2	S	S
25th percentile	∞	4	2	6	2	0	7	6	80	0	S
50th percentile	14	∞	10	14	10	14	13	14	14	14	12
75th percentile	19	14	15	28	15	28	16	24	19	22	16
90th percentile	31	28	27	40	27	38	31	37	30	31	28
95th percentile	41	* 38	59	\$ 55	* 62	22	41	22	32	40	37

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.088. Gravy: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days	12.0	10.7	9.1	11.3	10.1	12.1	11.8	14.7	0.00 0.00 0.00	14.1	13.3
on 2 of 3 days on all 3 of 3 days	1.3 0.1	0.1	* * *	9.0	1.5	. 1.1	* * 8: # 0	0.0	* * * * * * * * * * * * * * * * * * * *	2.9 *	0.1
Quantity consumed in a day											
(1/4 cup = 59 g)	\ V					6 					Î
mean	79	51	28	102	92	110	73	82	99	83	92
SEM	က	<u></u>	7	12	6	=	വ	9	7	∞	ည
5th percentile	15	ۍ *	15 *	13 *	* /	15 *	15 *	15 *	15 *	+ *	*
10th percentile	15	* 9	15 *	30 *	15 *	23	22	30	15 *	<u>₹</u>	14
25th percentile	30	15	30	47	30	30	30	30	30	30	30
50th percentile	28	30	25	86	26	78	26	28	24	26	22
75th percentile	117	28	26	114	111	162	=======================================	117	26	115	06
90th percentile	133	113 *	114 *	120 *	116 *	225	118	168	117 *	190 *	118
95th percentile	234	116 *	117 *	215 *	118 *	232 *	138 *	210 *	[*] 691	ž18 *	128 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.089. Syrup: Percentage of persons using food in 3 days and quantities consumed in a day.

						Ane (vear	Ane (vears) and sex				
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 ar	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days	11.4	19.9	19.3	19.2	13.3	10.4	8.6	8.7	7.3	10.5	7.2
on 1 of 3 days	10.0	16.9	16.3	16.6	11.5	8.6	7.7	7.3	6.9	9.1	6.3
on 2 of 3 days	=	2.7	2.5	2.1 *	1.6 *	0.3 *	0.7 *	1.2 *	0.5 *	1.0 *	0.7 *
on all 3 of 3 days	0.3	0.3 *	0.5 *	. 9.0	0.2 *	0.3 *	0.2 *	0.1 *	* 0.0	0.5 *	0.2 *
Quantity consumed in a day											
(1 tablespoon = 20 g)	\ \ V					6					Î
mean	89	45	51	107	73	87	22	91	22	78	22
SEM	വ	2	4	18	6	10	4	17	4	∞	5
5th percentile	12	* 4	* /	18	14 *	17 *	\$	15 *	14 *	16 *	*
10th percentile	20	* 9	13	32 *	14 *	19 *	∞	20 *	* 61	* 02	20 *
25th percentile	39	20	50	33	36	36	50	36	36	36	24
50th percentile	29	36	36	72	09	73	36	72	41	29	41
75th percentile	62	26	71	120	79	104	71	118	89	86	79
90th percentile	130	* 18	80	220 *	136 *	152 *	116	160 *	* 6/	151 *	104 *
95th percentile	157	103 *	104 *	257 *	148 *	232 *	138 *	:	* 26	162 *	131 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.090. Total Sugar: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					%					Î
at least once in 3 days on 1 of 3 days	9.66	\$ 99.9 * 0.4 * 4.0	100.0 *	100.0	* 0.001	\$ 1.6 1.6	99.8 1.3	1.5 *	99.5 1.4 *	* 8.0	* * 6.0 0.9
on 2 of 3 days on all 3 of 3 days	6.3 92.4	3.8 95.7	2.6 97.1	2.4 * 97.3 *	5.8 93.2	90.9	9.0 89.6	91.0	90.0	4.7 94.4	92.8
Quantity consumed in a day (1 teaspoon granulated = 4 g)						6					Î
mean	36	30	44	26	39	41	34	36	28	35	26
SEM	-	2	2	4	က	2	-	2	_	-	_
5th percentile	-	2	က	က	2		-		-	7	-
10th percentile	က	4	9	9	က	က	က	က	2	4	0
25th percentile	တ	12	17	16	Ξ	0	7	ω	9	10	7
50th percentile	25	23	36	39	56	27	23	52	18	23	19
75th percentile	20	41	62	77	26	29	49	51	38	44	37
90th percentile	85	62	82	125	92	92	8	83	65	69	28
95th percentile	108	82	108	167	121	123	105	112	06	82	72

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.091. Total Honey: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (yea	Age (years) and sex	L			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%			•		Î
at least once in 3 days	14.5	24.6	18.4	17.2	12.9	11.3	13.3	11.6	13.5	16.8	13.1
on 2 of 3 days	3.5	5.3	5.3	6.2	3.1	2.1	2.5	2.5	3.1	4.8	3.9
on all 3 of 3 days	2.1	5.9	2.1	* 5.0	1.0 *	2.5	- -	2.1	1.9	4.8	2.5
Quantity consumed in a day						5					Î
(Tablespool = Z1 g)	,					D)					•
mean	80	က	υ *	10	* 9	10	æ	6	တ	12	10
SEM	-	#	*	* ന	*	2	-	2	_	က	2
5th percentile	*	*	*	*	*	*	*	*	* *	* *	* *
10th percentile	*	*	#	*	*	*	#	*	*	*	*
25th percentile	*	#	*	#	*	_	*	#	-	#	#
50th percentile	-	*	-	-	-	က	-	2	2	2	0
75th percentile	7	က	2	7	4	14	∞	∞	Ξ	13	9
90th percentile	21	* /	7	41 *	25 *	27 *	21	* 02	21 *	42 *	21 *
95th percentile	42	13 *	14 *	53 *	3. *	42 *	* 14	38	42 *	* 25	* 42

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.092. Candy Containing Chocolate: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (year	Age (years) and sex				
		2-5	6-11	12	12-19	20	20-39		40-59	60 aı	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days on 1 of 3 days on 2 of 3 days	12.8 9.3 2.9 6.0	12.7	16.7	17.8 12.2 3.7	13.0 9.9 * 7.2 * *	12.2	15.7 10.7 4.4	9.7	11.1 9.0 1.6 * 4.0	9.2 6.5 4.4 *	10.0 6.5 3.3
Quantity consumed in a day		9	3	Ì	r S		9	3	t S	5	,
(1 ounce = 28 g)	\ V					6 					Î
mean	48	36	41	61	52	28	46	20	53	44	37
SEM	01	φ i	4 (ro í	O	4 (41	ည	က႑	4 ;	თ (
5th percentile	\ F	۰ ۲ ۲	· ·	, CL	, ∗ . ∗	ა <u>1</u>	, - Ç	* ^	- 4	* *	. * Σ
25th percentile	22	- 4	21	04	- 5	33 -	9 9	- 8	30	* 26	र द
50th percentile	42	59	36	52	4	47	45	42	42	39 *	34
75th percentile	22	46	53	77	22	75	22	22	22	_* 99	47
90th percentile	92	* 17	* 82	114 *	* 36	120	95	* 58	91	74 *	£8 *
95th percentile	113	* 36	105 *	118 *	124 *	136 *	113 *	117 *	* 411	* 88 80	* && &

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.093. Candy Not Containing Chocolate: Percentage of persons using food in 3 days and quantities consumed in a day.

						Age (vea	Age (vears) and sex	×			
		2-5	6-11	12	12-19	20	20-39	40-59	59	60 a	60 and older
Statistic	All individuals	Males	Males								
	age 2 and over		and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	,		ŝ			%					
at least once in 3 days	8.3	19.8	17.3	10.3	9.2	5.5	8.1	4.0	6.5	3.8	5.6
on 1 of 3 days	6.4	12.8	11.5	9.1	6.7	5.5	6.4	3.6	5.5	5.6	3,9
on 2 of 3 days	1.6	6.7	4.8	1.1	2.4 *	0.3	5.	0.3 *	* 5.0	0.5 *	#
on all 3 of 3 days	0.3	* 4.0	* 6.0	0.1 *	.0.1	*	0.2 *	* 1.0	0.5 *	* 8.0	. 9.0
Quantity consumed in a day											
(1 ounce = 28 g)	V					 6 					
mean	34	36	35	48 *	37 *	36	30	36 *	27	32 *	24
SEM	2	10	4	*	* 9	S	က	* ∞	4	υ *	က
5th percentile	4	* က	2 *	*	4	4	ۍ *	رى *	* က	* 9	4 *
10th percentile	9	* _	4	*	* 7	* 9	က *	*	ν *	* ©	₽
25th percentile	1	12	12	* 6	15 *	10	9	10 *	∞	12	*
50th percentile	24	22	25	46 *	* 92	30	17	23 *	23	25 *	18
75th percentile	45	32	54	* 73	45 *	52	42	55 *	30	36 *	35 *
90th percentile	70	* 19	78	* 66	62 *	* 02	* 09	* 48	22 *	* 05	42 *
95th percentile	87	_* 68	* 78	103 *	113 *	* 76	* 88	* 38	71 *	i	57 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.094. Jelly, Jams. Preserves, and Marmalade: Percentage of persons using food in 3 days and quantities consumed in a day.

						ממע/ סהל	And (years) and sex	\ >			
		2-5	6-11	12	12-19	20	20-39		40-59	60 a	60 and older
Statistic	All individuals age 2 and over	S	Males and females	Males	Females	Male	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	V					 %					Î
at least once in 3 days	20.5	34.0	29.8	16.1	14.5	16.7	16.3	17.4	15.9	27.0	25.6
on 2 of 3 days	4. 8.	10.4	7.7	9.0 0.0	2.8	4.1	2.7	3.6	2.6	7.2	7.1
on all 3 of 3 days	2.2	£.3 *	3.5	1.4 *	* 4.0	1.2 *	1.0	2.2	2.0	5.9	4.3
Quantity consumed in a day						č					
(1 tablespoon Jam = 20 g)	\ \ \					5 					
mean	21	17	22	27	21	29	19	23	18	21	18
SEM	-	-	2	2	2	2	-	2	-	-	_
5th percentile	9	* თ	* 9	* 9	* က	* 9	* 9	* 9	* က	* თ	* თ
10th percentile	9	9	9	*	* 9	9	9	* 9	9	9	9
25th percentile	6	9	12	19	6	13	7	13	ග	12	9
50th percentile	19	18	19	19	19	19	19	19	<u>က</u>	19	4
75th percentile	28	19	35	38	27	38	24	38	50	50	50
90th percentile	39	38	38	* 04	35 *	26	37	39	38	38	37
95th percentile	45	38	* 04	\$ 25	* 68	75 *	39	* 45	* 04	* 40	* 04

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.095. Total Artificial Sweetener: Percentage of persons using food in 3 days and quantities consumed in a day.

						A					
						Age (yea	Age (years) and sex				
		2-5	6-11	12	2-19	50	20-39	40	40-59	60 a	60 and older
Statistic	All individuals age 2 and over	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Males Females
Number in sample	11,488		1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	ļ					%					Î
at least once in 3 days	26.8	8.0	13.7	13.5	26.8	21.9	32.5	29.5	41.9	31.8	32.3
on 1 of 3 days	0.01	1.7	2.0.0	4.3	7.8	5. 4 .	7.8	7.0	- 6. 6.	10.2	8.5
on all 3 of 3 days	10.2	2.0 *	1.1 *	2.2 *	6.2	9.5	13.0	13.0	18.9	12.8	12.9
Quantity consumed in a day											
(1 teaspoon = 3 g)	\ V					6					Î
mean	 :	#:	, . :	- :	- =	C/ =	C) =	2 ≉	- ‡	- *	- #
SEM Eth percentile	# #	* #	* *	* *	*	*	* *	* *	* *	*	: #:
10th percentile	: #	*	*	*	*	#	*	#	# :	#:	*:
25th percentile	#	*	#	* *	# .	 1	- -	- 1	# 1	#: +	#: т
50th percentile		* *		* *			- 2	- 2	- 2		
90th percentile	က	*	*	8	2	က	က	4	က	က၊	(·) •
95th percentile	4	*	\$ 2	*		*	က	ری *	4		4

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation. Note: See table notes. Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

TABLE NOTES

Explanation of Symbols Used in Tables

Asterisks are used in the tables to identify estimates that may tend to be less statistically reliable than those that are not flagged. However, all the data in the tables should be able to be used to assess the order of magnitude of a given foods' intake. The rules used for flagging estimates are as follows:

- (1) An estimated mean is flagged when it is based on a cell size--the number of persons using the food--of less than 69 (that is, a cell size of less than 30 times the average design effect of 2.3) or when its coefficient of variation (CV) is equal to or greater than 30 percent.
- Estimated medians are flagged when the cell size--the number of persons using the food--is less than 69; 25th and 75th percentiles when the cell size is less than 74; estimated 10th and 90th percentiles when the cell size is less than 184; and estimated 5th and 95th percentiles when the cell size is less than 368.
- Estimated percentages of the population which are between 3 and 97 percent (that is, 3 percent $\leq p \leq 97$ percent) are never flagged in this report because the sample size for the total population and for each sexage group is sufficient. Estimated percentages at the tails of the distribution are flagged when the minimum

of np and n(1-p) is less than 8 times the broadly calculated design effect. That is, a value is flagged when it is smaller than the larger of 18.4/p and 18.4/1-p.

Dashes denote either that the value could not be calculated because too few persons consumed the food or the percentile could not be interpolated because too many reports were of exactly the same magnitude. In the latter case, minimum and/or maximum values are reported in appendix D. Zeroes in tables represent true zeroes; values which are greater than zero but which round to 0 or 0.0 are noted with a pound sign (#).

SEM refers to the standard error of the mean. See Methods section and Appendices A and B for additional notes.

Description of Foods in Table Set 1: Quantities Consumed Per Eating Occasion

1.001 White Bread

Includes all plain and toasted white breads including French, Italian, sourdough, raisin, cheese, and cinnamon, and bread that was not identified as to type. Excluded are rolls, bagels, English muffins, flat breads, hard bread sticks, breads crumbs and croutons. Bread used in sandwiches was included, but bread eaten as part of other types of mixtures such as stewed tomatoes and meatloaf were not. A slice of white bread weighs 26 g, and a slice of white toast weighs 24 g.

1.002 Whole Grain and "Wheat" Bread

Includes breads made with any whole grain flours such as plain and toasted whole and cracked wheat, rye,

pumpernickel and bran yeast breads, except rolls, bagels, English muffins, and flat breads. Whole grain and so-called "wheat" breads eaten as part of sandwiches are included, but bread eaten as part of other types of mixtures such as stewed tomatoes and meatloaf were not. A slice of whole wheat bread weighs 26 g, and a slice of whole wheat toast weighs 24

1.003 Rolls

Includes all hard, soft, French, Italian, Vienna rolls whether made primarily from white, whole wheat, rye, or other flour. Hamburger and frankfurter rolls eaten as part of sandwiches are included here as well. One medium dinner roll weighs 28 g; one medium hamburger roll weighs 43 g.

.004 Biscuits

Includes all biscuits reported separately or as part of a sandwich. One medium biscuit made from scratch or biscuit mix weighs 30 g; one medium biscuit made from refrigerator dough weighs 19 g.

.005 Tortillas

Includes all tortillas reported separately or as part of a burrito, enchilada, taco, or other food. Excludes tortilla chips. One 7-inch round tortilla weighs 40 g made from flour and 25 g made from corn.

1.006 Quickbreads and Muffins

Includes cornbread, fruit breads, pumpkin breads, zucchini breads, non-yeast coffee cakes, and all kinds of muffins. Excludes other cornmeal products such as cornbread stuffing, cornbread coating on frankfurters (corn dogs), hush puppies, and spoonbread. One wedge

of cornbread (1/12 of an 8-inch round) weighs 53 g; one medium bran muffin weighs 50 g.

1.007 Doughnuts and Sweet Rolls

Includes all varieties of doughnuts, sweet rolls and yeast-raised coffee cakes, except Danish pastries. One medium cake doughnut (3-1/4 inches in diameter) weighs 42 g; one medium glazed doughnut (3-1/4 inches in diameter) weighs 60 g; one medium sweet roll weighs 55 g.

1.008 Crackers

Includes all kinds of crackers reported separately, except sandwich-type crackers and sweet crackers. Four saltine crackers weigh 12 g.

1.009 Cookies

Includes all varieties of cookies, except brownies. Also includes sweet crackers such as graham crackers and animal crackers. One medium cookie weighs 10 g.

1.010 Cake

Includes all kinds of cakes and cupcakes, except coffeecake and cheesecake. One-twelfth of a 2-layer 8-or 9-inch frosted cake weighs 109 g, and one frosted cupcake (2-1/2 inches) weighs 35 g.

1.011 Pie

Includes all kinds of pies, but not turnovers, fritters, dumplings, strudels, or crisps. Excludes pies reported as part of frozen meals. One-eighth of a 2-crust, 9-inch fruit pie weighs 150 g; 1/8 of a 9-inch cream pie weighs

1.012 Pancakes and Waffles

Includes pancakes and waffles reported separately or as part of a frozen meal, but not blintzes, crepes, or potato

pancakes. One medium (5-inch diameter) pancake or 1 medium (4-inch round) waffle weighs 40 g.

1.013 Cooked Cereal

Includes oatmeal, grits, cream of wheat, cream of rice, cornmeal mush, and other cooked breakfast cereals. Includes weight of milk or sugar if reported collectively. The weights of 1/2 cup of cooked cereal are as follows: oatmeal, 117 g; grits, 121 g; cream of wheat. 125 g.

1.014 Oatmeal

Includes outmeal eaten as a hot cereal; excludes oatmeal consumed as ingredient of other food such as cookies.

1.015 Ready-to-Eat Cereal

Includes all kinds of ready-to-eat cereal reported separately, whether or not pre-sweetened. Also includes dry baby cereals, which are often rehydrated before serving. Weight of additional sugar, if any, and milk is not included. One cup of toasted oat rings weighs 28 g; I cup of corn flakes weighs 25 g; and 1 cup of raisin bran weighs 56 g.

.016 Corn Flakes

1.017 Toasted Oat Rings

1.018 Rice

Includes cooked white and brown rice reported separately or as an ingredient in fried rice, Spanish rice, pilaf, and other mixed foods which are mostly rice; weight of other ingredients not included. Excludes cream of rice, wild rice, and rice in puddings and soups. One-half cup of cooked white rice weighs 103 g.

1.019 Pasta

Includes all spaghetti, macaroni, noodles, and other pasta, whether reported separately or as part of mixed dishes, such as spaghetti with tomato sauce. Includes only the weight of the pasta and not the other ingredients. Excludes noodles in pasta salads, puddings, and soup. One cup of cooked spaghetti weighs 140 g.

1.020 Macaroni and Cheese

Includes plain macaroni and cheese and that with beef, tomatoes, and/or other ingredients added. One cup of cooked plain macaroni and cheese weighs 243 g.

1.021 Spaghetti with Tomato Sauce

Includes spaghetti with tomato sauce and meat and/or cheese. One cup of cooked spaghetti with 1/2 cup of sauce weighs 262 g.

1.022 Pizza

Includes all kinds of pizza, French bread pizza, pizza turnovers and calzone. One slice (1/8) of a 12-inch thin crust pizza with meat weighs 71 g.

1.023 Fresh Cucumbers

Includes plain cucumbers and cucumbers with sour cream or vinegar and oil dressing. Represents the weight of the cucumbers only, and not the dressing. Does not include cucumbers reported as part of other mixed salad. One-half cup of sliced cucumbers weighs 60 g.

1.024 Total Lettuce

Includes all plain lettuce, Boston lettuce, and Romaine lettuce reported separately or as part of a mixed salad or

sandwich or other mixed food. One cup of lettuce weighs 55 g, one medium leaf weighs 8 g.

1.025 Mixed Lettuce-Based Salad

Includes only salad made of lettuce mixed with other vegetables. One cup of lettuce salad with tomatoes and carrots weighs 73 g.

1.026 Cooked Broccoli

Includes cooked broccoli reported separately and not as part of a casserole or other mixture. One-half cup of cooked broccoli weighs 92 g.

1.027 Cooked Carrots

Includes cooked carrots, reported separately and not as part of a casserole or other mixture. One-half cup of sliced cooked carrots weighs 73 g.

1.028 Raw Carrots

Includes only raw carrots reported separately. Does not include the weight of meat in sauce. One-half cup of fresh chopped carrots weighs 64 g and one medium carrot weighs 61 g.

1.029 Raw Tomatoes

Includes all raw tomatoes reported separately. One-half cup of sliced or chopped raw tomatoes weighs 90 g; one medium tomato weighs 123 g.

1.030 Total Tomato Sauce

Includes all tomato sauce, whether reported separately or as part of a mixed food. Does not include the weight of meat in sauce. One-half cup of sauce weighs 122 g.

1.031 Cooked String Beans

Includes cooked string beans reported separately and not as part of a mixture. One-half cup of cooked string beans weighs 68 g.

1.032 Coleslaw

Includes all reports of coleslaw. One-half cup of coleslaw weighs 92 g.

1.033 Cooked Peas

Includes cooked green peas reported separately. One-half cup of cooked green peas weighs 80 g.

1.034 Cooked Corn

Includes cooked corn reported separately or as part of corn and peppers or creamed corn. One-half cup of corn weighs 82 g; the edible portion of one medium ear of fresh cooked corn weighs 77 g.

1.035 Raw Onions

Includes raw mature onions reported separately. One medium slice of a fresh onion weighs 14 g, and one-half cup, chopped, weighs 80 g.

1.036 French-Fried Potatoes

Includes all French fried potatoes, whether made from frozen or fresh potatoes, except those reported as part of a frozen meal. Ten medium French fries weighs 50 g.

1.037 Home-Fried and Hash-Browned Potatoes

Includes all home-fried and hash-browned potatoes and potato-puffs reported separately. One-half cup of home fries weighs 97 g and 1/2 cup of hash-browned potatoes weighs 73 g.

1.038 Baked Potatoes

Includes all baked potatoes; weight of added ingredients not included. One medium baked potato with peel weighs 122 g.

1.039 Boiled Potatoes

Includes all boiled potatoes reported separately. One-half cup of boiled potatoes weighs 78 g.

1.040 Mashed Potatoes

Includes all mashed potatoes reported separately. One-half cup of mashed potatoes made with milk and fat weighs 105 g.

1.041 Cooked Dried Beans and Peas

Includes all cooked dried beans reported separately, such as kidney beans and lentils, with and without added fat. One-half cup of cooked kidney beans without fat weighs 86 g; 1/2 cup of cooked white beans with fat weight 90 g.

1.042 Baked Beans

Includes all baked beans, with and without pork added, reported separately. One-half cup of baked beans weighs 127 g.

1.043 Fresh Oranges

Includes fresh oranges reported separately. Excludes tangerines, mandarin oranges, canned oranges, and oranges which were reported as part of a salad. One medium fresh orange weighs 131 g.

1.044 Orange Juice

Includes all fresh, canned, and frozen orange juice reported separately, except unreconstituted. Six fluid ounces of orange juice weighs 187 g.

..045 Raw Apples

Includes raw apples reported separately. Excludes apples which were part of a salad. One medium raw apple weighs 138 g.

1.046 Applesauce and Cooked Apples

Includes applesauce and cooked apples reported separately. Excludes, for example, cooked apples eaten as part of a pie. One-half cup of applesauce weighs 128

5. 1.047 Apple Juice

Includes all apple juice and cider reported separately and not as part of a juice blend. Six fluid ounces of apple juice weighs 186 g.

1.048 Fresh Bananas

Includes only fresh bananas reported separately. One medium banana weighs 114 g.

1.049 Fluid Milk

Includes all fluid, reconstituted dry, and reconstituted evaporated, cow's milk reported separately. Also includes milk not specified as to fat level. Excludes chocolate milk and other milk-flavored beverages.

1.050 Whole Milk

Includes all fluid, and reconstituted dry, whole (3-1/2 - 4 percent fat) cow's milk reported separately. One cup of whole milk weighs 244 g.

1.051 Lowfat Milk

Includes all fluid and reconstituted dry, 1-2% fat cow's milk reported separately. One cup of 1% or 2% fat milk weighs 245 g.

1.052 Skim Milk

Includes all fluid, and reconstituted dry, skim (less than ..5 percent fat) cow's milk reported separately. One cup of skim milk weighs 245 g.

1.053 Cheese, Other Than Cream or Cottage

Includes all cheeses, other than cream or cottage regardless of fat content, reported separately or as part of a sandwich. Excludes cheese consumed as part of other mixture. One and a half ounces of cheese weighs

1.054 Ice Cream and Ice Milk

Includes all flavors of hard and soft ice cream and ice milk reported separately. Excludes sherbet, frozen yogurt, and all novelties and cones. One-half cup of hard ice cream weighs 67 g and 1/2 cup of soft ice cream weighs 87 g.

1.055 Beef Steaks

Includes all beef steak reported separately. Excludes beef steaks reported as part of a sandwich. One ounce of cooked beef weighs 28 g.

1.056 Beef Roasts

Includes all roast beef reported separately. Excludes beef roasts reported as part of a sandwich. One ounce of cooked beef weighs 28 g.

1.057 Ground Beef

Includes all ground beef reported separately or as part of a sandwich or other main dish type mixture (weight of other ingredients not included). One cooked 3-ounce patty (1/4 pound raw) weighs 85 g.

1.058 Han

Includes all cured ham and Candian bacon, except luncheon meats, reported separately or as part of a sandwich or other main dish type mixture (weight of other ingredients not included). One ounce of cooked ham weighs 28 g.

1.059 Pork Chops, Steaks, Roasts

Includes all uncured pork chops, steaks, and roasts, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). Excludes ground pork and pork contained in sausages. One ounce of cooked pork roast weighs 28 g and 1 medium cooked pork chop (lean edible protion) weighs 67 g.

1.060 Bacon

Includes all bacon (except "Canadian bacon") whether made from pork or other meat, reported separately or as part of a sandwich (weight of other ingredients not included) or frozen meal (eg, as a side item or in a sandwich, not as part of a mixed dish). Excludes bacon in other types of mixed food. One thin strip of cooked bacon weighs 5 g.

1.061 Pork Breakfast Sausage

Includes all pork breakfast sausage, whether reported separately or as part of a frozen meal or sandwich (weight of other ingredients not included). One medium cooked sausage link weighs 13 g.

1.062 Frankfurters and Luncheon Meats

Includes all frankfurters and luncheon meats, whether reported separately or as part of a sandwich (weight of other ingredients not included). One medium cooked frankfurter weighs 45 g and one ounce of luncheon meat weighs 28 g.

1.063 Canned Tuna

Includes all canned tuna, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One-half of a 6.5ounce can, waterpack, drained, weighs 84 g.

1.064 Other Finfish

Includes all finfish, except canned, dried and raw, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One ounce of cooked fish weighs 28 g.

1.065 Total Chicken and Turkey

Includes all chicken and turkey, except frankfurters and luncheon meats, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One ounce of cooked chicken or turkey weighs 28 g.

.066 Chicken

Includes all chicken, except frankfurters and luncheon meats, whether reported separately or as part of a sandwich (weight of other ingredients not included). One ounce of cooked chicken weighs 28 g. and the edible portion of one medium cooked drumstick weighs 49 g.

1.067 Turkey

Includes all turkey, except frankfurters and luncheon meats, whether reported separately or as part of a sandwich (weight of other ingredients not included). One ounce of cooked turkey weighs 28 g.

1.068 Boiled, Poached, and Baked Eggs

Includes all boiled and poached eggs, whether reported separately or as part of a sandwich or other mixed food in which the egg would be visible (that is, excludes eggs in breads, salad dressings, eggnog, custards, and puddings). Weight of other ingredients not included. One large boiled egg weighs 50 g.

1.069 Fried Eggs

Includes all fried eggs, whether reported separately or as part of a sandwich (weight of other ingredients not included). One large fried egg weighs 46 g.

1.070 Scrambled Eggs

Includes all eggs from scrambled eggs and omelets (weight of other ingredients not included). One large scrambled egg weighs 46 g.

1.071 Peanut Butter

Includes peanut butter reported separately or on a sandwich. One tablespoon of peanut butter weighs 16

1.072 Coffee

Includes liquid coffees, whether regular or decaffeinated. Excludes coffee made with liqueurs, chicory and other cereal-based hot beverages, and presweetened instant coffees. Includes only the weight of the coffee (not any sweetener, cream, or milk). One 8-fluid-ounce cup of coffee weighs 240 g.

1.073 Coffee, With Caffeine

Includes all regular coffee and coffee not specified as to decaffeinated or regular. Excludes coffee made with liqueurs, and presweetened instant coffees. Includes only the weight of the coffee (not any sweetener, cream, or milk).

.074 Coffee, Decaffeinated

Includes all decaffeinated coffee; excludes chicory and other cereal-based hot beverages. Excludes coffee made with liqueurs, and presweetened instant coffees. Includes only the weight of the coffee (not any sweetener, cream, or milk).

075 Tes

Includes all teas, whether made from green or black leaves or from herbs. Includes only the weight of the tea (not any sweetener, lemon juice, cream, or milk). One 8-fluid-ounce cup of tea weighs 240 g.

1.076 Soft Drinks

Includes all carbonated soft drinks, whether sweetened or not and whether caffeine-free or not. One 12-fluid-ounce can weighs 355-369 g.

1.077 Soft Drinks, Not Diet, With Caffeine

Includes all caffeine-containing, regularly sweetened carbonated soft drinks. In addition to colas, this includes Dr. Pepper and Mountain Dew. One 12-fluidounce can weighs 369 g.

.078 Soft Drinks, Not Diet, Caffeine-Free

Includes all caffeine-free, regularly sweetened carbonated soft drinks. One 12-fluid-ounce can weighs

1.079 Soft Drinks, Diet, With Caffeine

Includes all caffeine-containing, carbonated diet soft drinks. One 12-fluid-ounce can weighs 355 g.

1.080 Soft Drinks, Diet, Caffeine-Free

Includes all caffeine-free, carbonated diet soft drinks. One 12-fluid-ounce can weighs 355 g.

1.081 Fruit Drinks

Includes all non-carbonated fruit-flavored drinks. Excludes 100 percent fruit juice. Eight fluid ounces weigh 248 g.

1.082 Beer

Includes all alcohol-containing beer and ale reported separately. Excludes beer used in food preparation. One 12-fluid-ounce can of beer weighs 360 g.

083 Wine

Includes all wine, whether reported separately or as part of a wine beverage. Excludes wine used in food preparation. One 5-fluid-ounce glass of wine weighs 145 g.

1.084 Soups

Includes all soups reported separately; excludes fruit soups, soups reported as undiluted, and those consumed as an ingredient in another food, such as a casserole. One cup of beef broth or chunky chicken noodle soup weighs 240 g; one cup of cream of chicken soup weighs 248 g.

085 Potato Chips

Excludes potato sticks and chips used in casseroles. Ten medium potato chips, regular cut, weigh 20 g.

1.086 Corn Chips

Includes all cornmeal-based salty snacks. Includes corn tortilla chips, but excludes taco shells. One cup of corn chips weighs 26 g.

1.087 Popcorn

Includes all popcorn, except caramel coated. Weight of oil used in cooking and added butter included. One cup of popped, unbuttered popcorn weighs 14 g.

1.088 Prepared Mustard

Includes all prepared mustard, whether reported separately or as part of a sandwich, but not as part of other mixtures. One teaspoon of mustard weighs 5 g.

1.089 Tomato Catsup

Includes all tomato catsup, whether reported separately or as part of a sandwich, but not as part of other mixtures. One tablespoon of tomato catsup weighs 17

1.090 Total Soy-Based Sauces

Includes all soy and worcestershire sauces reported separately or as an ingredient of another food. One teaspoon of soy sauce weighs 5 g.

1.091 Cucumber Pickles

Includes all pickles, whether reported separately or as part of a sandwich. One medium dill pickle weighs 65 g and four thin slices weigh 24 g.

1.092 Fluid Cream

Includes all fluid cream reported separately. Does not include whipped cream. One tablespoon of cream weighs 15 g.

1.093 Powdered Cream Substitute

Includes all powdered cream substitute reported separately. Does not include powdered dessert topping. One packet of powdered cream substitute weighs 3 g; one teaspoon weighs 2 g.

1.094 Margarine, All Types

Includes all margarines and margarine/butter blends reported separately. Excludes margarine consumed as an ingredient of another food. One teaspoon of margarine weighs 5 g.

1.095 Margarine, Stick

Includes all stick margarines, and margarines not specified as to type, reported separately. Excludes margarine consumed as ingredient of another food. One teaspoon of margarine weighs 5 g.

1.096 Margarine, Soft

Includes all soft margarines reported separately. Excludes soft margarine consumed as an ingredient of another food. One teaspoon of soft margarine weighs 5

1.097 Margarine Spreads

Includes diet margarines and margarines that are only 40 percent fat by weight. Excludes margarine spreads consumed as an ingredient of another food and margarine/butter blends. One teaspoon of margarine spread weighs 5 g.

1.098 Butter

Includes only butter reported separately. Excludes butter consumed as an ingredient of another food, whipped butter and butter in margarine/butter blends. One teaspoon weighs 5 g.

1.099 Pourable Salad Dressing

Includes all pourable salad dressings reported separately or as part of a mixture such as a salad. One tablespoon of Italian dressing weighs 15 g.

.100 Mayonnaise

Includes only regular mayonnaise reported separately or as part of a sandwich. One tablespoon of mayonnaise weighs 14 g.

.101 Mayonnaise-Type Dressing

Includes mayonnaise-type salad dressing reported separately or as part of a sandwich. Excludes reduced fat-varieties. One tablespoon of mayonnaise-type dressing weighs 15 g.

.102 Grav

Includes gravy reported separately, on meat, or on a roast beef or turkey sandwich with gravy. Excludes gravies consumed as part of casseroles, milk gravy, and other sauces. One-fourth cup of gravy weighs 59 g.

103 Svrm

Includes maple, corn, cane, and fruit syrups, as well as buttered and corn and maple syrup blends reported separately. Excludes ice cream toppings and reduced-calorie syrups. One tablespoon of maple syrup weighs 20 g.

1.104 Sugar

Includes white, brown sugar, confectioner's, and raw sugar reported separately or in coffee or tea. One teaspoon of granulated white sugar weighs 4 g.

1.105 Candy Containing Chocolate

Includes plain milk chocolate, chocolate candy bars, and all chocolate-flavored or chocolate-covered candy reported separately. One ounce of candy weighs 28 g.

1.106 Candy Not Containing Chocolate

Includes all candy other than chocolate, such as hard candy, gumdrops, caramel, and licorice. One ounce of candy weighs 28 g.

1.107 Jelly, Jams, Preserves, and Marmalade

Includes all jelly, jams, preserves, and marmalade. One tablespoon of jelly weighs 19 g, and one tablespoon of jam weighs 20 g.

Description of Foods in Table Set 2: Quantities Consumed in A Day

2.001 Total Yeast Bread

Includes all foods included below in Total White Bread and Total Whole Grain and "Wheat" Bread. Does not include yeasted sweet rolls, doughnuts, or pizza crust. A slice of white or whole wheat bread weighs 26 g, and a slice of toast weighs 24 g.

2.002 Total White Bread

Includes all white yeast breads, rolls, English muffins, bagels, and flat bread, whether reported separately or as an ingredient in another food. A slice of white wheat bread weighs 26 g, and a slice of white toast weighs 24

2.003 Total Whole Grain and "Wheat" Bread

Includes all whole wheat, cracked wheat, rye, so called "wheat," pumpernickel, and other yeast breads containing some whole grain flours, whether reported separately or as an ingredient in another food. A slice of whole wheat bread weighs 26 g, and a slice of whole wheat toast weighs 24 g.

2.004 Biscuits

See description for table 1.004.

2.005 Tortillas

See description for table 1.005.

2.006 Quickbreads and Muffins

See description for table 1.006.

2.007 Doughnuts and Sweet Rolls

See description for table 1.007.

2.008 Crackers

See description for table 1.008.

2.009 Cookies

See description for table 1.009.

2.010 Cake

See description for table 1.010.

2.011 Pie

See description for table 1.011.

2.012 Pancakes and Waffles

See description for table 1.012.

2.013 Cooked Cereal

See description for table 1.013.

2.014 Oatmeal

See description for table 1.014.

2.015 Ready-to-Eat Cereal

See description for table 1.015.

2.016 Total Rice

Includes cooked white and brown rices, whether reported separately or as part of a food mixture such as a casserole or soup. Does not include wild rice or rice contained in cereals, candies and baked goods. One-half cup of cooked white rice weighs 103 g.

17 Total Pasta

Includes spaghetti, macaroni, and other pasta whether reported separately or as part of a food mixture (such as spaghetti with meat sauce or macaroni and cheese).

One-half cup of cooked pasta weighs 140 g.

018 Pizza

See description for table 1.022.

2.019 Total Fresh Cucumbers

Includes fresh cucumbers, whether reported separately or as part of a food mixture such as a salad. Excludes pickles. One-half cup of cucumbers weighs 60 g.

020 Total Lettuce

Includes lettuce, whether reported separately or as part of a food mixture such as a salad or sandwich. One cup of lettuce weighs 55 g.

2.021 Total Celery

Includes raw and cooked celery, whether reported separately or as part of a food mixture such as salad or soup. One-half cup of raw diced celery weighs 60 g.

.022 Total Broccoli

Includes raw and cooked broccoli, whether reported separately or as part of a food mixture such as a salad or casserole. One-half cup of cooked broccoli weighs 92

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2.023 Total Carrots Includes raw and cooked carrots

Includes raw and cooked carrots, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of raw carrots weighs 64 g, and one-half cup of cooked carrots weighs 73 g.

.024 Total Tomatoes

Includes raw and cooked tomatoes and juices reported separately; as part of a food mixture such as a soup, salad or casserole; and as part of vegetable juices, tomato catsup, sauce, and salsa. One-half cup of raw tomatoes weighs 90 g.

2.025 Total Tomato Sauce

Includes tomato sauce from all sources. Does not include the weight of meat in sauce. One-half cup of sauce weighs 122 g.

2.026 Total String Beans

Includes all string beans, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of cooked string beans weighs 68 g.

2.027 Total Cabbage

Includes raw and cooked cabbage and sauerkraut, whether reported separately or as part of a food mixture such as coleslaw or soup. One-half cup of cooked cabbage weighs 75 g.

2.028 Total Peas

Includes all green peas, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of cooked green peas weighs 80 g.

2.029 Total Corn

Includes all corn, whether reported separately or as part of a food mixture. One-half cup of cooked whole kernel corn weighs 82 g.

2.030 Total Onions

Includes young and mature, raw and cooked onions, whether reported separately or as part of a food mixture such as a sandwich, salad, or soup. One-half cup of raw onions weighs 80 g, and one-half cup of cooked onions weighs 105 g.

2.031 Total Peppers

Includes raw and cooked hot and sweet peppers, whether reported separately or as part of a food mixture

such as a salad or soup. One-half cup of chopped raw peppers weighs 75 g.

2.032 Total White Potatoes

Includes cooked white potatoes, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of boiled potatoes weighs 78 g.

2.033 Total Dried Beans and Peas

Includes cooked dried beans and peas, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of cooked kidney beans without fat weighs 86 g; 1/2 cup cooked white beans with fat weighs 90 g.

2.034 Total Oranges

Includes all oranges and orange juice, whether reported separately or as part of a food mixture such as a salad or marmalade. One medium fresh orange weighs 131 g.

2.035 Total Orange Juice

Includes all fresh, canned and frozen orange juice, reported separately or as part of a food mixture. Six fluid ounces of orange juice weighs 187 g.

2.036 Total Grapefruit

Includes all grapefruit and grapefruit juice, whether reported separtely or as part of a food mixture such as a salad. One-half of a medium fresh grapefruit weighs 128 g, and 6 fluid ounces of unsweetened grapefruit juice weighs 185 g.

2.037 Total Lemons

Includes all lemons and all fresh, bottled, and frozen lemon juice reported separately or as part of a food mixture. One fluid ounce of lemon juice weighs 31 g.

2.038 Total Lemon Juice

Includes all fresh, bottled and frozen lemon juice, reported separately or as part of a food mixture. One fluid ounce of lemon juice weighs 31 g.

2.039 Total Apples

Includes all apples, raw, cooked, and dried, and apple juices whether reported separately or as part of a food mixture such as a salad or pie. One medium raw apple weighs 138 g, and 1/2 cup of applesauce weighs 128 g.

2.040 Total Apple Juice

Includes all apple juice and cider reported separately or as part of a juice blend or other food mixture. Six fluid ounces of apple juice weighs 186 g.

2.041 Total Peaches

Includes all peaches, raw, cooked, dried, and in nectar, whether reported separately or as part of a food mixture such as a pie or preserves. One medium fresh peach weighs 98 g.

2.042 Total Bananas

Includes all bananas, raw and cooked, whether reported separately or as part of a food mixture such as a bread, pie, or fruit salad. One medium fresh banana weighs 114 g.

2.043 Total Strawberries

Includes all strawberries, whether reported separately or as part of a food mixture such as a salad, pie or preserves. One-half cup of sliced fresh strawberries weighs 83 g.

2.044 Total Grapes

Includes all grapes, raisins, and grape juice whether reported separately or as part of a food mixture such as

a salad or preserves. One-half cup of grapes weighs 80

g. 2.045 Total Milk

Includes all cow's milk reported separately or as an ingredient in another food, including all milk in ice creams, pudding, yogurt, creams, and processed foods except cheeses and margarine. Also includes reconstituted weight of dried and evaporated milk.

2.046 Total Cheese Other than Cream or Cottage

Includes all cheeses, other than cream or cottage, which are reported separately or as part of a sandwich or other mixed food. Excludes cream cheese or cottage cheese. One and a half ounces of cheese weighs 43 g.

2.047 Total Cottage Cheese

Includes all cottage cheese, whether reported separately or as an ingredient in a mixed food. One-half cup of cottage cheese weighs 105 g.

2.048 Ice Cream and Ice Milk

See description for table 1.054.

2.049 Total Beef

Includes all beef, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). Excludes veal, organ meats, frankfurters and luncheon meats. One ounce of cooked beef weighs 28 g.

.050 Total Pork

Includes all pork, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). Excludes organ meats, frankfurters and luncheon meats, and sausages made

from a mixture of pork and some other meat. One ounce of cooked pork weighs 28 g.

2.051 Total Bacon

Includes all bacon (except "Canadian bacon"), whether reported separately or as part of a sandwich or other mixed food. One thin strip of cooked bacon weighs 5 g.

2.052 Pork Breakfast Sausage

See description for table 1.061.

2.053 Total Frankfurters and Luncheon Meats

Includes all frankfurters and luncheon meats, whether reported separately or as part of a sandwich or other food mixture (weight of other ingredients not included). One medium frankfurter weighs 45 g, and one ounce of luncheon meat weighs 28 g.

.054 Total Finfish

Includes all finfish (fresh, frozen, canned, dried, and raw) whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One ounce of cooked fish weighs 28 g.

2.055 Canned Tuna

See description for table 1.063.

2.056 Total Chicken and Turkey

See description for table 1.065.

2.057 Total Eggs

Includes all eggs, whether reported separately or as part of bread, mayonnaise, or other multi-ingredient food or mixture. One large boiled egg weighs 50 g.

Total Peanut Butter 2.058

includes all peanut butter, whether reported separately or as part of a sandwich, cookie, or other mixed food. One tablespoon of peanut butter weighs 16 g.

Coffee 2.059

See description for table 1.072.

Coffee, With Caffeine 2.060

See description for table 1.073.

Coffee, Decaffeinated 2.061

See description for table 1.074.

Tea 2.062

See description for table 1.075.

Soft Drinks 2.063

See description for table 1.076.

Soft Drinks, Not Diet, With Caffeine 2.064

See description for table 1.077.

Soft Drinks, Not Diet, Caffeine-Free 2.065

Soft Drinks, Diet, With Caffeine See description for table 1.078. 2.066

See description for table 1.079.

Soft Drinks, Diet, Caffeine-Free 2.067

See description for table 1.080.

Fruit Drinks 2.068

See description for table 1.081.

Beer 2.069

See description for table 1.082.

2.070 Total Wine

Includes all wine, whether reported separately or as part of a wine beverage. Also includes wine used in food preparation (the alcohol content of wines is reduced

when heated). One 5 fluid ounce glass of wine weighs 145 g.

Soups 2.071

See description for table 1.084.

2.072 Potato Chips

See description for table 1.085.

Corn Chips 2.073

See description for table 1.086.

2.074 Popcorn

See description for table 1.087.

Total Prepared Mustard 2.075

includes prepared mustard from all sources. One teaspoon of mustard weighs 5 g.

Total Tomato Catsup 2.076

Includes tomato catsup from all sources. One tablespoon of tomato catsup weighs 17 g.

Total Soy-Based Sauces 2.077

See description for table 1.090.

Total Cucumber Pickles 2.078

dressing, or other food. One medium pickle weighs 65 Includes all cucumber pickles and relish whether reported separately or as part of sandwich, salad g. and four thin slices weigh 24 g.

Total Sour Cream 2.079

another food. One tablespoon of sour cream weighs 14 whether reported separately or as an ingredient in Includes all sour cream regardless of fat content

Total Fluid Cream

as an ingredient in another food; also includes whipped Includes all fluid cream whether reported separately or cream. One tablespoon of cream weighs 15 g.

Powdered Cream Substitute 2.081

See description for table 1.093.

Total Margarine

Includes all margarine, whether reported separately or as an ingredient in another food. One teaspoon of margarine weighs 5 g.

Margarine, All Types, Reported Separately 2.083

See description for table 1.094,

Fotal Butter 2.084

Includes all butter, whether reported separately or as an ingredient in another food. Excludes anhydrous butter oil, butter replacements, and low calorie vegetable oilbutter spreads. One teaspoon weighs 5 g.

Fotal Vegetable Oil

or as an ingredient in another food. Excludes oils used includes all vegetable oils, whether reported separately in the production of margarines. One teaspoon of vegetable oil weighs 5 g.

Pourable Salad Dressing 2.086

See description for table 1.099.

Includes all mayonnaise, mayonnaise-type dressing, and mitation mayonnaise whether reported separately or as Fotal Mayonnaise and Mayonnaise-Type Dressing part of a mixed food. One tablespoon of mayonnaise weighs 14 g. 2.087

2.088 Gravy

See description for table 1.102.

2.089 Syrup

See description for table 1.103.

Total Sugar 2.090

Includes all white, brown, confectioner's and raw sugar, another food. One teaspoon of white sugar weighs 4 whether reported separately or as an ingredient in

2.091 Total Honey

Includes all honey whether reported separately or as an ingredient in another food. One tablespoon of honey weighs 21 g.

Candy Containing Chocolate 2.092

See description for table 1.105.

Candy Not Containing Chocolate 2.093

See description for table 1.106.

Jelly, Jams, Preserves, and Marmalade 2.094

See description for table 1.107.

Fotal Artificial Sweetener 2.095

soda. One teaspoon of powdered sweetener weighs 3 separately or contained in another food such as diet ncludes all artificial sweetener, whether reported

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APPENDIX A. CSFII 1989-91 SAMPLE DESIGN AND WEIGHTING

Sample Design

The 1989-91 CSFII included two independent samples of housing units. In the "basic" or all-income sample, individuals in all households in the conterminous 48 States and Washington, DC, were eligible to be interviewed. In the low-income sample, eligibility was limited to individuals in households having gross income for the previous month at or below 130 percent of the Federal poverty thresholds. The two samples (basic and low income) were combined during the weighting process.

Both the basic and low-income samples were derived from the contractor's master sample, which was in existence before the award of the contract for the survey. This master sample is a stratified clustered sample of 240 census-defined areas designed to serve as the first stage for multistage national probability samples of households. The sampling frame was organized using estimates of the U.S. population in 1980. Adjustments were made at the time of the survey to reflect the current population. The stratification plan took into account geographic location, degree of urbanization, and socioeconomic considerations. Each successive sampling stage selected increasingly smaller, more specific locations.

The 48 States and Washington, DC, were grouped into the 9 census geographic divisions. Then all land areas within the divisions were divided into three urbanization classifications:

central city, suburban, and nonmetropolitan. Thus all cities and counties in the conterminous United States were classified into one of 27 superstrata. There was no geographic area in the 48 States that was not included in one of the superstrata.

The 27 superstrata were further divided into smaller geographic pieces. The stratification process resulted in a total of 60 strata--17 central city, 28 suburban, and 15 nonmetropolitan--which corresponded to the geographic distribution, urbanization, and density of the population within the conterminous United States as reported by the Bureau of the Census. The average size of these strata was approximately 4 million persons.

wo PSU's were selected from each stratum with replacement; that is, the selection of a PSU did not preclude its selection as replicates of the master sample were used for the CSFII. The economic, and demographic characteristics and geographical Counties, cities, and parts of cities within each stratum were grouped together into smaller, relatively homogeneous units replicates, leaving 113 unique PSU selections for the CSFII. the second PSU. Seven of the PSU's were selected for both independent PSU selections were made from each of the 60 ndependent replications. Each replication consisted of the population. The CSFII sample required 120 PSU's, so two straightforward variance estimation. Since, by design, two called primary sampling units (PSU's) based on political, The selection of PSU's in independent replicates allows selection of one PSU from each of the 60 strata with probability proportional to the PSU's projected 1985 proximity. The master sample was selected in four

strata, 60 nominal degrees of freedom (one from each stratum PSU pair) should have been available for variance estimation. However, only 119 PSU's were represented by respondents, reducing the nominal degrees of freedom to 59. (For further discussion of this topic see Kott (1994)).

Each selected PSU was divided geographically along census boundaries into smaller clusters known as area segments, containing a minimum of 75 housing units. These segments usually consisted of one or more city blocks in urban areas and part of a census enumeration district elsewhere. Each year, a total of 260 basic area segments and 500 low-income area segments were drawn into the sample. Selections were made using a systematic selection with a random start. Separate draws were made for each of the two samples (basic and low income) in each year. The possibility for overlap in area segments between the samples existed, but in practice, no area segments were selected for both samples.

To increase the probability of locating low-income households within each PSU, disproportionate sampling was applied to the low-income area segments. Each of the 500 segments was assigned to 1 of 3 poverty strata according to the proportions of the population in the segment having an income at or below 125 percent of the poverty thresholds. This poverty cutoff was the closest published figure to the 130-percent target sought for the CSFII. A higher sampling rate was used to select area segments in strata containing larger poverty populations.

The number of household interviews targeted for completion each year in the basic survey was 1,500, with approximately

and the taken in each of the 4 quarters of the year. The number of low-income household interviews targeted for completion in each year was 750, of which approximately 188 were to be completed each quarter. Because the targeted number of completed household interviews would be extremely low on a quarterly basis if all the segments were activated each quarter, half of the areas were fielded in each quarter. All the area segments were randomly assigned, on a systematic basis, to one of two subsets. One subset of area segments was assigned to quarters 1 and 3, and the other subset to quarters 2

The basic and low-income area segments were prelisted to identify the existing housing units within the area boundaries at the time of each survey. The prelisted number of housing units in the area, together with census information, served as the basis for determining the number of housing units to be selected into the sample from that area. To complete the targeted 2,250 household interviews each year, a larger number of sample housing units had to be identified for contact to account for vacant housing units, eligibility requirements in the low-income survey, and nonresponse.

Once the total sample size was chosen for a quarter for the basic survey, the sample was allocated to the area segments in such a way that, within rounding error, all households in the area segments assigned to that quarter had the same total probability of selection. For the low-income survey, the sample for each quarter was allocated to segments in such a way that the designed differential area segment sampling rates were preserved.

For each segment, the sample housing units assigned to a given quarter were selected systematically with a random start. If additional household units were identified in the field at the time of the interviewer's visit, the housing units were brought into the sample using the half-open interval method. That is, any unlisted housing units occurring after a sample housing unit, but before the next listed unit, were added to the sample and identified for screening and, potentially, interview.

Eligible households were to be scheduled for contact in a manner designed to provide representativeness of intake data by day of the week. But fewer interviews were conducted on Sunday, so percentages of acceptable dietary forms collected were lower for Saturday (day-1 recall), Sunday (day-2 record), and Monday (day-3 record). The day of interview was included as a control variable in weighting the sample as described below.

The number of households participating in the CSFII 1989-91 was 6,718, and the number of individuals providing 3 days of usable dietary intake information was 11,912. This number excludes 64 breast-fed infants and children living in the participating households. As with any survey, not all households or individuals drawn into the sample participated. The overall analytic day-1 response rate in the CSFII 1989-91 for the combined sample was 58 percent; the 3-day rate was 45 percent.

Weighting

The CSFII weighting was done in two phases, the first by National Analysts and the second by statisticians at Iowa State University under a cooperative agreement with USDA. In the first phase, a fundamental sampling weight (that is, the inverse of the probability of selection) was computed for each responding household. This fundamental sampling weight was then adjusted to account for nonresponse at the area segment level. These first-phase computations were made separately for households in each of the two original samples (basic and lowincome).

The second-phase computations used the weights produced in the first phase as the starting point of a reweighting process that combined the two original samples (basic and low income) into a single sample. Further adjustments for survey nonresponse were made by using regression techniques to calibrate the sample to match population characteristics known to be correlated with eating behavior (USDHHS and USDA 1989, Bryant et al. 1989, Davis 1982, Morgan 1986) and to equalize intakes over the 12 quarters of the 3-year period and the 7 days of the week. The result of the second-phase computations are final weights that allow the use of the combined (basic and low-income) sample.

Sixteen characteristics were used in the weight construction. Fourteen of these were demographic characteristics: geographic division; degree of urbanization; household income as a percentage of the Federal poverty thresholds; Food Stamp Program participation; home ownership; race, ethnicity, and

age of individual; employment status for the previous week (for children, employment status of the female head); household with a child age 6 or less; household with a child age 7 to 17; exactly one adult in household; exactly two adults in household; female-head age 40 or younger with no children age 17 or younger. In addition, the quarter (3-month period) of interview and the day of the week for which food intake was reported by the respondent were used as the 15th and 16th characteristics. The population totals for the characteristics, obtained from the March supplements to the 1989, 1990, and 1991 Current Population Survey, were used as controls in determining the weights.

The 16 characteristics were converted to variables that could be used in a regression analysis. Weights were constructed separately for each of three groups defined by sex and age: men age 20 and over, women age 20 and over, and persons less than 20 years old. In all, there were 54 control variables for men, 54 for women, and 53 for persons less than 20 years old. (The characteristic "female head less than 40 years old with no children age 17 or younger" was not used in constructing weights for persons under age 20.) A weight was constructed for each individual using a program discussed by Huang and Fuller (1978). Additional information on the procedures used to weight the data is available in the data documentation 1996) and in a paper by Fuller et al. (1993).

APPENDIX B: STATISTICAL NOTES

- Sample size is the number of individuals in the sample for the particular sex-age category; sample weights were not applied. <u>.</u>
- Percentage of persons using each food is a weighted estimate of the percentage of persons in the population who used the food at least once in three days. α
- more than one mention of a food was made for an eating occasion (such as milk as a beverage and milk on cereal), the amounts Eating occasions are delineated based on the time the eating occasion began rather than the name of the eating occasion. If were summed and the total was the amount consumed for that eating occasion. $\tilde{\omega}$
- 4. Mean quantity consumed per eating occasion =

- Percentiles of quantities consumed per eating occasion were based on an array of mean quantities consumed per eating occasion for each user of the food. 5
- 6. Mean quantities consumed in a day =

$$\sum (Value \ on \ a \ single \ day \ for \ ith \ individual)$$
 Number of individuals using food

where value on a single day = total quantity consumed on that day if consumed on only one day, or total quantity consumed on a randomly selected consumption day if consumed on more than one day

Percentiles of quantities consumed in a day were based on an array of quantities consumed on a single day for each user of the

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APPENDIX C. MEAN QUANTITIES CONSUMED PER PERSON PER DAY

consumers and non-consumers, over all days. These means reflect both the amount and frequency of consumption and represent the The tables in this appendix provide estimates of mean quantities of foods consumed per person per day for all individuals, that is, population's usual daily intake of the tabulated foods during the 3-year period, 1989-91. Zeroes in table represent true zeroes; values which are greater than zero but which round to 0 or 0.0 are noted with a pound sign (#).

Mean quantities consumed per person per day =

\(\sum_{\text{Values for all three days for ith individual}\)/3}\)
Number of individuals

Appendix Table C. Mean quantities consumed per person per day

						Age (vea	Age (years) and sex	_			
Food (corresponding table)	Ψ	2-2	6-11		12-19	50	20-39		40-59	60 and	and older
	individuals	Males	Males								
	age 2 and older		and	Males	Females	Males	Females	Males	Females	Males	Females
		females	females								
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Grain-based products	2 2 3 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	5 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1	; ; ; ; ; ; ; ; ; ;	5	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	^;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;
White Bread (1.001)	22	50	24	28	21	28	19	25	17	56	19
Whole Grain and "Wheat" Bread (1,002)	12	7	о	80	7	14	10	16	12	21	18
Bolls (1 003)	15	6	15	27	18	23	13	18	1	10	7
Biscuits (1.004: 2.004)	က	_	က	က	က	4	က	Ŋ	က	9	က
Tortillas (1 005: 2 005)	2	က	4	9	2	6	4	2	က	2	_
Olickbreads and Muffins (1 006: 2 006)	9	4	4	5	5	4	9	9	9	80	ω
Doughnuts and Sweet Bolls (1,002, 2,002)	2	က	4	7	Ŋ	9	4	9	4	Ŋ	က
Crackers (1 008: 2 008)	2	2	2	_	-	2	2	က	7	က	က
Cookies (1,009: 2,009)	7	6	10	∞	9	7	9	9	Ŋ	7	9
Cake (1,010; 2,010)	7	4	æ	-	9	7	7	∞	7	6	9
Pie (1.011: 2.011)	7	2	S	7	4	9	Ŋ	10	9	12	10
Pancakes and Waffles (1.012: 2.012)	5	9	9	=	4	7	က	S	2	9	က
Cooked Cereal (1.013; 2.013)	20	52	24	Ξ	-	14	တ	50	15	46	37
Oatmeal (1,014; 2,014)	12	16	13	7	2	ω	വ	<u>1</u> 3	ω	30	25
Ready-to-Eat Cereal (1,015; 2,015)	14	17	21	23	16	14	=	12	10	18	13
Corn Flakes (1.016)	2	က	S	က	က	2	-	2	-	က	7
Toasted Oat Rings (1.017)	_	4	7	က	7	_	-	-	-	-	-
Rice (1.018)	25	9	50	23	25	38	56	59	22	23	16
Pasta (1.019)	27	56	25	31	27	38	59	58	19	19	15
Macaroni and Cheese (1.020)	13	17	12	19	17	18	13	10	∞	ω	ω
Spaghetti with Tomato Sauce (1,021)	13	17	20	50	20	14	10	15	თ	7	7
Pizza (1.022: 2.018)	19	9	23	37	22	36	17	18	တ	9	က
Total Yeast Bread (2.001)	29	41	54	9/	54	9/	51	69	49	65	20
Total White Bread (2.002)	45	33	45	68	46	61	40	51	35	42	31
Total Whole Grain and "Wheat" Bread (2,003)	14	80	6	ω	ω	15	12	18	4	23	19
Total Rice (2.016)		18	50	23	25	38	56	59	22	23	17
Total Pasta (2.017)	31	59	30	33	31	44	33	33	23	23	18

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

						Age (veg	Age (vears) and sex				
Food (corresponding table)	All	2-5 Males	6-11 Males	+	12-19	20	20-39		40-59	60 and older	older
B	age 2 and older		and	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Vegetables and vegetable juices											
Fresh Cucumbers (1.023)	2	# (- (- (හ _ි	2 !	0	2	က	က	က
Iotal Lettuce (1.024) Mixed Lettuce-Based Salad (1.025)	9 6		ω 4	Z 0	- 4	71	ر 10	19	71	15	13
Cooked Broccoli (1.026)	S	4	4	က	4	5	Ŋ	9	7	9	7
Cooked Carrots (1.027)	က		2	က	2	က	က	2	4	7	9
Raw Carrots (1.028)	7	-	2	2	7	2	2	2	4	-	2
Raw Tomatoes (1.029)	10	0,0	ر د د	7	ω (9	o (<u>ნ</u> !	14	16	5
Total Tomato Sauce (1.030; 2.025)	E 1	ဘ ၊	- '	ტ (<u></u>	50	က (17	O (2	വ (
Cooked String Beans (1.031) Colesiaw (1.032)	∕ ∞	ი –	Φ-	Φ -	φ-	~ c	ο c	∞ 4	ω u	11 7	0 r
Cooked Peas (1.033)) 4	- თ	- თ	- ო	- თ	ı ro	1 W	9	9 4	^	വ
Cooked Corn (1.034)	10	တ	12	<u>t</u>	∞	12	10	=	6	t S	00
Raw Onions. (1.035)	-	#	#	_	-	_		2	2	2	-
French-Fried Potatoes (1.036)	6	တ	=	17	15	14	ω	တ	S	4	2
Home-Fried and Hash-Browned Potatoes (1.037)		4	o	ე	7	<u></u>	വ	10	9	7	ന
Baked Potatoes (1.038)	10	က	വ	6	Φ	=	ω	15	13	15	13
Boiled Potatoes (1.039)	Q	5	က	9	Ŋ	IJ	4	ω	7	13	80
Mashed Potatoes (1.040)	16	တ	14	27	14	21	12	19	13	19	14
Cooked Dried Beans and Peas (1.041)	9	က	4	2	4	ത	4	∞	4	+	7
Baked Beans (1.042)	9	က	4	<u></u>	2	9	5	13	Ŋ	7	4
Total Fresh Cucumbers (2.019)	7	#	—	_	ო	2	က	က	ಣ	က	က
Total Lettuce (2.020)	14	ო	7	12	-	16	15	9	16	14	13
Total Celery (2.021)	4	2	2	2	က	4	4	5	4	5	4
Total Broccoli (2.022)	9	S	4	က	4	9	9	7	80	7	თ
Total Carrots (2.023)	10	വ	7	∞	9	10	တ	12	12	14	14
Total Tomatoes (2.024)	46	25	38	51	42	62	43	22	42	45	37

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

						Age (vears) and	rs) and sex				
Food (corresponding table)	All	2-5 Malos	6-11 Malos		12-19		20-39		40-59	60 and older	older
	age 2 and olde	r and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Vegetables and vegetable juices continued						ח					\
Total String Beans (2.026) Total Cabbage (2.027) Total Peas (2.028	8 5 9 2	9 7 7 0	7 2 5 £	0404	V 4 G 0	8475	V 4 Q T	0085	8 7 9 01	<u> </u>	± 8 8 0
Total Conf. (2.039) Total Onions (2.030) Total White Potatoes (2.032) Total White Bans and Peas (2.033)	10 3 53 14	20 - 20	7 T T T T T T T T T T T T T T T T T T T	10 2 2 16 16	0 - 10	14 4 67 20	12 24 2	13 3 67 21	10 3 11 14 48 11 11	12 3 64 21	8 45 13
Fruits and fruit juices											
Fresh Oranges (1.043)	က	ωí	Θί	4 1	ស	ကျ	2	ر در	2	ဖွ	7
Orange Juice (1.044) Raw Apples (1.045)	4 t 9 t	4 ტ ი	49 20	65 10	53 11	52 12	13	36 19	3/ 15	ე ე	55 14
Applesauce and Cooked Apples (1.046) Apple Juice (1.047)	1 5	9	10	ت 10	2 =	7 3	ന ത	დ 4	ന ന	9 0	9 /
Fresh Bananas (1.048) Total Oranges (2.034)	12 77	= 5	0 0 0 0 0	10	8 7	8 6	6 K	12	13	23	21
Total Orange Juice (2.035)	53	57	54	72	59	09	52	39	40	29	55
Total Grapefruit (2.036)	o +	 =	() (ω τ	တ (ω ₇	ဖ (= 1	o +	5e	14
Total Lemon Juice (2.037)	- +-	* *	N C		N CI		N 61				
Total Apples (2.039)	32	62	55	27	24	24	28	30	25	33	30
Total Apple Juice (2.040)	12	40	24	Ξ,	- (_	₩.	ເດເ	(၇) ၊	Ξ,	ω (
Total Peaches (2.041)	ა Ç	က <u>င</u>	ω ¢	4 +	ကင	N C	က <u>ငှ</u>	ပ ငံ	υ <u>†</u>	ט מ	, α ,
Total Barrarias (2.042) Total Strawberries (2.043)	უ თ	<u>7</u> 0	2 ~	- 2	D (V	n - -	<u>⊃</u> ო	<u>ი</u> თ	4	y 0 4	S 4
Total Grapes (2.044)	0	16	12	7	7	8	6	7	©	10	6
		7	0								

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

						Age (ve	Age (vears) and sex				
Food (corresponding table)	All	2-5	6-11		12-19	2(20-39		40-59	60 and older	older
	age 2 and older		and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Milk and milk products											
Fluid Milk (1.049) Whole Milk (1.050)	217 82 102	353 171	363 169 167	368	243	218	154 47	159 56 74	140 36	196	165 48
Skim Milk (1.052) Cheese, Other Than Cottage or Cream (1.053)		17 8	91 6	22 13	34 18 12	28 16	76 29 11	29 13	00 42 00 00	91 7	0 % %
Ice Cream and Ice Milk (1.054; 2.048) Total Milk (2.045)	12 310	10 432	14 466	18	13	316	10	13	8 221	17	11
Total Cheese, Not Cottage or Cream (2.046) Total Cottage Cheese (2.047)	3 8	4-	17	24	75	28	8 E	3 20	13	10	00
Meat, fish poultry, eggs, and peanut butter											
Beef Steaks (1.055)	10	က	5	12	7	15	6	16	10	-	α
Beef Roasts (1.056)	5	-	2	2	က	7	4		S CO		വ
Ground Beef (1.057)	24	4 0	25	37	25	37	21	28	8 0	19	12
Pork Chops, Steaks, Roasts (1.059)	+	u m	വ	ာ ထ	4 0	0 0	4 (0	10	က ဟ	9 /	4 rc
Bacon (1.060)	2		-	2	-	2	-	2	2	ന	,
Pork Breakfast Sausage (1.061; 2.052)	2	-	2	က	2	2	-	2	-	က	-
Frankfurters and Luncheon Meats (1.062)	15	13	16	20	13	20	Ξ	22	12	16	10
Canned Tuna (1.063; 2.055)	4 (თ -	က	က၊	က၊	S)	2	2	D.	4	က
Other Finitish (1.064)	æ ;	4	9	_	S	∞	7	-	∞	=	Ξ
Total Chicken and Turkey (1.065; 2.056)	31	<u>e</u> ;	24	30	26	40	30	33	30	33	59
Chicken (1.056)	50	<u>ნ</u> ი	စ္	20 r	∞ α	27	6 -	26 o	50	20	9 0
Turkey (1.067)	4 (N (n) (r)	<u>م</u>	n (ς.	4	0	4	S.	· Q
Boiled, Poached, and Baked Eggs (1.068)	ကျ	0 0	~ ~	თ •	CJ (4 (m ·	ı Q	က	ഗ	4 (
Fried Eggs (1.069)	٠ م	27 (ကျ	4 (ကျ	∞ I	4	_	4	<u>ග</u>	က၊
Scrambled Eggs (1.070)	9	9	9	9	2	7	2	7	2	9	က
	-	-									

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

						Ane (vears)	ars) and sex				
Food (corresponding table)	All	2-5	6-11		2-19	202	20-39		40-59	60 and	dolder
	individuals age 2 and older	آه ` ⊆ا	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Meat, fish poultry, eggs, and peanut butter continued	ntinued										
Peanut Butter (1.071) Total Beef (2.049) Total Bork (2.050) Total Bacon (2.051) Total Frankfurters and Luncheon Meats (2.053) Total Finfish (2.054) Total Eggs (2.057) Total Peanut Butter (2.058)	2 4 8 8 8 2 9 1 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	4 9 8 - 5 9 5 4	4 × 4 + + + + + + + + + + + + + + + + +	63 5 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	2 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	2 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	- 4 5 - 5 5 7 0	25 61 25 3 3 17 17	- 04 4 0 2 7 7 7 -	2 4 4 9 5 1 9 5 9 5 5 6 5 6 5 6 5 6 5 6 6 6 6 6 6 6	- 5 5 5 5 5 -
Other beverages											
Coffee (1.072; 2.059) Coffee, With Caffeine (1.073; 2.060) Coffee, Decaffeinated (1.074; 2.061) Tea (1.075; 2.062) Soft Drinks (1.076; 2.063) Soft Drinks, Not Diet, With Caffeine (1.077; 2.064) Soft Drinks, Not Diet, Caffeine-Free (1.078; 2.065) Soft Drinks, Diet, With Caffeine (1.079; 2.066) Soft Drinks, Diet, Caffeine-Free (1.080; 2.067) Fruit Drinks (1.081; 2.068) Beer (1.082; 2.069) Wine (1.083)	253 215 411 114 244 244 139 38 53 51 6	### 0 9 8 8 0 9 # # ## 0 9 8 0 9 # #	2 2 # £ £ £ £ £ £ £ £ £ £ £ £ £ £ £ £ £	388 261 389 261 389 448 843 843 843 843 843 843 843 843 843	23 21 21 21 22 24 25 25 25 25 25 25 25 25 25 25 25 25 25	265 248 22 134 263 263 48 48 59 7	22	505 429 78 158 266 145 30 63 28 28 125 14	423 362 67 154 214 89 25 25 25 11	456 354 109 121 106 44 20 20 20 8 8	343 257 257 39 30 30 4 4 6
Sonos											
Soups (1.084; 2.071) 45	45	27	36	32	59	44	38	53	44	9/	29

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

						Age (yea	Age (years) and sex				
Food (corresponding table)	All	2-5 Majos	6-11 Males		12-19	20	20-39		40-59	60 and	60 and older
	age 2 and older		and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Chips and popcorn											
Potato Chips (1.085; 2.072) Corn Chips (1.086; 2.073) Popcorn (1.087; 2.074	400	m	4 m +-	920	מממ	040	m 01 01	4 01 W	000	- -	-#-
Condiments, gravies and fats											
Prepared Mustard (1.088) Tomato Catsup (1.089) Total Soy-Based Sauces (1.090; 2.077) Cucumber Pickles (1.091) Fluid Cream (1.092) Powdered Cream Substitute (1.093; 2.081) Margarine, All Types (1.094; 2.082) Margarine, Soft (1.096) Margarine, Soft (1.096) Margarine Spreads (1.097) Butter (1.098) Pourable Salad Dressing (1.099; 2.086) Mayonnaise (1.100) Mayonnaise - Type Dressing (1.101) Gravy (1.102; 2.088) Total Prepared Mustard (2.075) Total Tomato Catsup (2.076) Total Sour Cream (2.079) Total Sour Cream (2.079)	- U - U - # 4 U U II U - 4 - U II - II	# M # - # # U # # U # M - # M	- O # O # # O # - O O - O O - 4	- 4 # W # # N N N 4 N - 4 - 4 N - N	- O - O # # O 4 O - O - O O - 4	- m - m 01 # 4 01 01 01 m - 10 - 4 4 01 V	- U - U - # ® U 5 U - 8 - 8 U - 5	- O - 4 O # D O O - O O O - D - O 4 - O	0 - # 4 0 N - 0 o - n	# N M # O M N - N O G M - M	# # # O O # O O O O - # O # - O - O
Total Margarine (2.082)	80	- 0	9	10	9	0	7	10	7		∞

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

						Ane (ves	And (years) and sex				
Food (corresponding table)	All	2-5 Maloc	6-11		12-19	20	20-39		40-59	60 and older	older
	age 2 and olde	_ ~ ~	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Condiments, gravies and fats continued	,			P 2 1 1 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	b 6 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9) 3 3 3 5 5 5 6 7 7) 3 3 1 1 1 1 2 1 2 1 2 4 1 1 1 1 1 1 1 1 1 1	3 3 5 5 5 6 8	^
Total Butter (2.084) Total Vegetable Oil (2.085) Total Mayonnaise/Mayonnaise-Type Dressing (2.087)	2 10 2.087) 5	7 2 2	N & W	2 5 5	10	040	01 4	8 4 9	10	തെഗ	2 8 4
Sugars, candies and jellies											
Syrup (1.103; 2.089) Sugar (1.104) Sugar (1.104) Candy Containing Chocolate (1.105; 2.092) Candy Not Containing Chocolate (1.106; 2.093) Jelly, Jams, Preserves, and Marmalade (1.107; 2.094) Total Sugar (2.090) Total Honey (2.091) Total Artificial Sweetener (2.095)	3 6 3 1 1 2.094) 2 1 1	# # m w w w w w	440004##	0997777#	45691-88##	E 8 8 8 7 7 7 4 4 0 4 4 7 4 7 4 7 8 8 8 7 8 8 8 8 8 8 8 8 8	## 3 3 6 2	# 1 2 5 7 7 # # 1 3 5 7 7 8 8 8	79877		32 3 3 4 5 5 4 5 4 5 4 5 4 5 4 5 6 6 6 6 6 6 6

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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APPENDIX D. M INIMUM AND MAXIMUM VALUES OF FOODS REPORTED BY SUBGROUPS FOR WHICH PERCENTILES COULD NOT BE INTERPOLATED

The tables in this appendix provide minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude. Values are provided only for those foods and subgroups for which percentiles could not be interpolated, corresponding to tables in both table sets 1 and 2.

Zeroes in table represent true zeroes; values which are greater than zero but which round to 0 or 0.0 are noted with a pound sign (#).

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude

						Age (year	Age (years) and sex				
Food (corresponding table)		2-5	6-11	12	12-19	20-39	39	4(40-59	60 and older	older
		Males	Males	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample		845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Quantities consumed per eating occasion	asion	\ \		0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	, , , , , , , , , , , , , , , , , , ,					1	^
Biscuits (1.004)	minimum										14
Tortillas (1.005)	minimum			246						12	
Pie (1.011)	minimum	32	360								
Pancakes and Waffles (1.012)	minimum			21		• •					• • •
Oatmeal (1.014)	minimum								29		: : : : : :
Toasted Oat Rings (1.017)	minimum							. 112 .			: :
Spaghetti with Tomato Sauce (1.021)	minimum									124	28
Fresh Cucumbers (1.023)	minimum				201						: :
Mixed Lettuce-Based Salad (1.025)	minimum			• • •							· · · · · · · · · · · · · · · · · · ·

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

						Age (vea	Age (vears) and sex				1
Food (corresponding table)		2-5	6-11	12	12-19	20	20-39	4	40-59	60 and older	older
	Σ	Males	Males								
	s fen	and females	and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	ω	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
	÷	3 3 3 3 3 5 6 6	6 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0))))) 3 9	3 3 5 7 8 8 8 8 8					1	^
Cooked Broccoli (1.026)	minimum	10	10		312	• •					• •
Cooked Carrots (1.027)	minimum	3	228	6 456						0 · · · · · · · · · · · · · · · · · · ·	n .
Raw Tomatoes (1,029)	minimum	3						0 · · · · · · · · · · · · · · · · · · ·			
Colesiaw (1.032)	minimum	12	4					. 276 .			
Raw Onions.(1.035)	minimum	40									
Home-Fried and Hash-Browned Potatoes (1.037)	minimum		388		388	• •					• •
Mashed Potatoes (1.040)	minimum		. 13				• • •				
Baked Beans (1.042)	minimum				506					0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	e
Fresh Oranges (1.043)	minimum	33		9	262					48 262	
Source: USDA Continuing Survey of Food Intakes by Individual	by Individuals	, 1989-9	ls, 1989-91, 3 days.								

Appendix D. Minimum and maximum verses of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

						Age (year	Age (years) and sex				
Food (corresponding table)	12	2-5 Males	6-11 Males	1	12-19	20-39	39	9	40-59	60 and older	older
	Į.		and	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample			1,172	618	672	1,503	2,042	991	1,305	887	1,453
	,	7 1 2 3 8 3 9 2 1	0 0 0 0 0 0 0 0 0	1 0 1 3 3 3 9						3 2 1 0 0 0 0 0	^
Raw Apples (1.045)	minimum			276						• •	
Applesauce and Cooked Apples (1.046)	minimum					765	510				
Apple Juice (1.047)	minimum									62	
Beef Roasts (1.056)	minimum	5 5			9						
Ham (1.058)	minimum				2						
Pork Breakfast Sausage (1.061)	minimum			13							
Turkey (1.067)	minimum			286						• •	
Boiled, Poached, and Baked Eggs (1.068)	minimum			322							
Scrambled Eggs (1.070)	minimum			18	259						

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

						A A					
Food (corresponding table)		2-5	6-11	12	12-19	Age (years) 20-39	Age (years) and sex 20-39	40	40-59	60 and older	older
		Males	Males and	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample		845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
		>	; ; ; ; ; ;			0 0 0 0 1 0 1 2 2 2 3	5	9 5 6 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	3 3 3 3 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	A
Coffee (1.072)	minimum	5									
Coffee, With Caffeine (1.073)	minimum maximum	5			600						: :
Coffee, Decaffeinated (1.074)	minimum maximum	480	. 240	. 160	240			• • •			
Tea (1.075)	minimum maximum			44 2868				• • •			: :
Soft Drinks, Diet, With Caffeine (1.079)	minimum maximum	96									
Soft Drinks, Diet, Caffeine-Free (1.080)	minimum maximum	60	60	. 120	120		0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Beer (1.082)	minimum maximum			. 360		b • • • • • • • • • • • • • • • • • • •		• • •	. 180		120
Wine (1.083)	minimum	29		. 23	3		894			464	
Total Soy-Based Sauces (1.090)	minimum	• • •	30					• • •			• •

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

						Ane (vears)	yes pue (s.				
Food (corresponding table)		2-5 Males	6-11 Males	12	12-19	20-39		4	40-59	60 and older	older
		and	and	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample		845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
		\ \	2 2 2 3 3 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	5 5 5 7 8 8 8 8	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			1 1 3 3 5 5 6 1	3 3 5 6 6 8 8	^
Fluid Cream (1.092)	minimum maximum	15	15	3	60			67		3	
Powdered Cream Substitute (1.093)	minimum maximum	2 4	: : m m	2 4	2 2			0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			: :
Margarine, Soft (1.096)	minimum	28						0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
Margarine Spreads (1.097)	minimum	58	29				• •	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			• •
Mayonnaise-Type Dressing (1.101)	minimum maximum	29				· · · · · · · · · · · · · · · · · · ·		n n n n n n n n n n n n n n n n n n n			44
Candy Containing Chocolate (1.105)	minimum maximum	104						2 454 .			
Candy Not Containing Chocolate (1.106)	minimum maximum					• • •	• • •			112	
Jelly, Jams, Preserves, and Marmalade (1.107)	minimum maximum					• • •					· · · · · · · · · · · · · · · · · · ·
Quantities consumed in a day											
Biscuits (2.004)	minimum maximum	95									

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

						Ane (vea	Ane (vears) and sex				
Food (corresponding table)		2-5 Maloc	6-11 Major		12-19	20	20-39		40-59	60 and older	older
	4	and emales	and	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample		845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Tortillas (2.005)	minimum						6			12	<u> </u>
Pie (2.011)	minimum	. 32	25	0 · · · · · · · · · · · · · · · · · · ·							
Pancakes and Waffles (2.012)	minimum			330							
Oatmeal (2.014)	minimum								29		
Total Fresh Cucumbers (2.019)	minimum				280						: :
Total Strawberries (2.043)	minimum				418			380			: :
Total Cottage Cheese (2.047)	minimum				763						
Pork Breakfast Sausage (2.052)	minimum	• • •	13			0 .					· · · · · · · · · · · · · · · · · · ·
Coffee (2.059)	minimum	5									

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

					Age (vears) and	rs) and sex				
Food (corresponding table)	Z-5 Males	'		12-19	20	20-39		40-59	60 and older	older
	and	and and les females	Males	Females	Males	Females	Males	Females	Males	Female
Number in sample	845	1	618	672	1,503	2,042	991	1,305	887	1,453
Coffee, With Caffeine (2.060)	5 minimum 5 maximum 720			120						^
Coffee, Decaffeinated (2.061)	minimum 480 maximum 480	480	120 480	240	240					
Tea (2.062)	minimum		44 2868 .							
Soft Drinks, Diet, Caffeine-Free (2.067)	minimum 60 maximum 720			120			: : : : : : : :			
Beer (2.069)	minimum		360 .				· · · · · · · · · · · · · · · · · · ·	180		120
Total Wine (2.070)	minimum		232							
Potato Chips (2.072)	minimum		227							
Total Soy-Based Sauces (2.077)	minimum	30								
Total Sour Cream (2.079)	minimum			113						
Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days	akes by Individuals. 1	989-91, 3 day	ď							

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

						Age (vea	Age (years) and sex				
Food (corresponding table)		2-5	6-11	1	12-19	20	20-39	4	40-59	60 and older	older
		Males	Males								
		and	and	Males	Females		Males Females	Males	Males Females	Males	Males Females
		females females	females								
Number in sample		845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
		\ \	3 3 4 6 8 9 9 9 9	5 5 7 8 9 8		# # # # # # # # # # # # # # # # # # #	Ď	6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	^
Powdered Cream Substitute (2.081)	minimum		: 		2 0		•	0 6 8 8	* * * * * * * * * * * * * * * * * * *	0	9
	וומעווומווו	: -	:	: r :			•		•		
Syrup (2.089)	minimum maximum							. 315 .	6 • • • • • • • • • • • • • • • • • • •	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	
Candy Containing Chocolate (2.092)	minimum maximum							. 454			
Candy Not Containing Chocolate (2.093)	minimum maximum									5	

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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